



**WUGEN WAL-YAN KEMH  
& SIR CHARLES  
GAIRDNER HOSPITAL  
EDUCATION  
PRESENTATION**

**DERBARL  
YERRIGAN**  
HEALTH SERVICE







## ACKNOWLEDGEMENT OF COUNTRY

We would like to acknowledge the Larrakia Nation, the traditional custodians of the Land on which we present today.

We acknowledge the Elders - past, present and emerging and we would also like to acknowledge all the Aboriginal people here today and the countries from which you are from.





## WHO WE ARE

We are the Wugen Wal-Yan (Healthy Lungs) team,  
we cover IREG 505, Perth metro.



# WHAT WE DO AT KING EDWARD MEMORIAL HOSPITAL (KEMH)

The Wungen Wal-Yan team proudly delivers fortnightly educational sessions specifically designed for Aboriginal and Torres Strait Islander mothers staying at King Edward Memorial Hospital (KEMH) or visiting as outpatients. Whether their stay is long-term, short-term, or overnight, these sessions offer a welcoming, supportive space for women to yarn about smoking, vaping, and the health of their bubs.

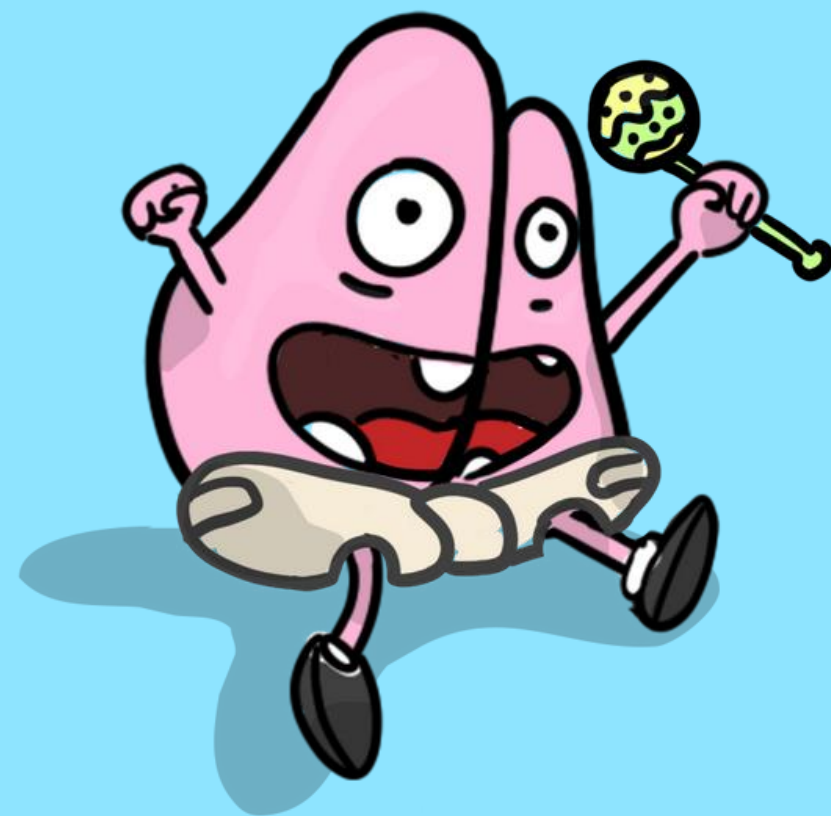
Our program, titled “Let’s Say BUH-BYE to Smoking and Vaping for Bubs,” has become a key feature of our maternal health strategy. These culturally safe sessions create the opportunity to share knowledge, build connections, and encourage positive health choices during pregnancy and early parenting.

To help reach more mums, we work closely with the Aboriginal Health Promotion Teams at KEMH and the Women and Newborns Drug and Alcohol Service (WNBS). These teams help direct their clients to our sessions before or after their scheduled appointments, ensuring that women have easy access to our resources and support without added pressure or inconvenience.

Although each session is brief, we make the most of this time to provide meaningful education, resources, and an opportunity for open conversation. We also ensure that every participant leaves with one of our culturally tailored educational booklets, which covers eight short chapters focused on smoking, vaping, and pregnancy-related health.

As an added incentive, mothers who complete all eight chapters of the booklet are entered into the draw to win one of our Mother Starter Kits. These beautifully curated kits include essential items such as a pram, car seat, nappies, wipes, baby clothing, blankets, and more — supporting new mums with practical items as they start their parenting journey.

This initiative has been a huge success, not only in promoting smoke-free pregnancies but also in building stronger, culturally safe connections between Aboriginal women and their healthcare journey.



## KEMH STATISTICS

- Our MOU with King Edward Memorial Hospital started on Oct 20th 2023.
- We started our educational sessions on 24th November 2023.
- Since then, we have held 34 sessions at the hospital.
- We have interacted with over 596 Indigenous mothers.
- we have completed 345 internal referrals to the woman and newborn services quit program.
- We have provided over 3400 brochures.
- We have provided 800 Smoke free home/car stickers.
- We have helped 213 Family's create a smoke and vape free home.
- We have done 230 Quitline referrals.
- We have given away 25 Mother starter packs.





## WHAT WE DO AT SIR CHARLES GARDINER HOSPITAL (SCGH)

The Wugen Wal-Yan team proudly delivers fortnightly educational sessions tailored for Aboriginal and Torres Strait Islander patients, visitors, and staff at Sir Charles Gairdner Hospital (SCGH). These culturally safe sessions aim to empower mob with knowledge around the harms of smoking and vaping, while promoting healthier lifestyle choices in a supportive and respectful environment.

Our flagship program, "Let's Say BUH-BYE to Smoking and Vaping", has become a standout success within the hospital. These sessions provide a culturally relevant space for open yarns about tobacco use, the impacts of vaping, and strategies for quitting.

Feedback from participants and staff alike has been overwhelmingly positive, highlighting the importance of having Aboriginal-led health education in the hospital setting.

Recognising the value of this work, we've been invited multiple times to deliver targeted education sessions to doctors, nurses, and specialists at SCGH. These sessions help build cultural understanding and provide clinicians with insights into how they can better support Aboriginal patients on their quit journey.

We also work closely with the Aboriginal Liaison Team at SCGH, who play a vital role in connecting us with patients who are ward-bound or unable to attend the sessions in person. Through these one-on-one interactions, we're able to deliver tailored education, provide resources, and answer any questions patients or their families might have.

As word of our success has spread, other hospitals across our IREG have reached out to collaborate and bring the Wugen Wal-Yan approach to their own Aboriginal patients and communities. We are proud to see this ripple effect and remain committed to expanding our reach so more mob can benefit from culturally safe and empowering anti-smoking education.

## SCGH STATISTICS

- Our MOU with SCGH started on August 3rd 2024, once they found out our success with KEMH.
- We started our educational sessions on 25th April 2024 as a trial for SCGH.
- Since then, we have held 30 sessions at the hospital.
- We have interacted with over 180 Indigenous individuals.
- We have provided over 2100 brochures.
- We have provided 400 Smoke free home/car stickers.
- We have helped 101 Families create a smoke and vape free home.
- We have done 98 Quitline referrals.





## KEMH & SCGH PHOTOS







See you all  
next time!



DERBARL  
YERRIGAN  
HEALTH SERVICE



Wugen Wal-Yan  
(Healthy Lungs)