

MIWATJ HEALTH ABORIGINAL CORPORATION



YAKA ŃARALI PROGRAM

Acknowledgement of Country

We would like to begin by acknowledging Whadjuk Nyoongar people, Traditional Custodians of the land on which we meet today. We pay our respects to their Elders past, present, and emerging. We also extend that respect to Aboriginal and Torres Strait Islander peoples here with us today.

Who we are



MIWATJ PUBLIC HEALTH TEAM MALA MANAPAN'MIRR - WORKING TOGETHER

DARWIN



GALIWIN'KU



GOVE



GAPUWIYAK



RAMINGININ



MILINIMBI



Meet the team attending



Gavin Wunungmurra- TIS Community Worker(Galiwinku)



Kelvin Djarrkminyngu- TIS Community Worker(Galiwinku)



Zoe Lalambirra- TIS Community Worker(Milingimbi)



Demi Forward- PH Coordinator Galiwinku

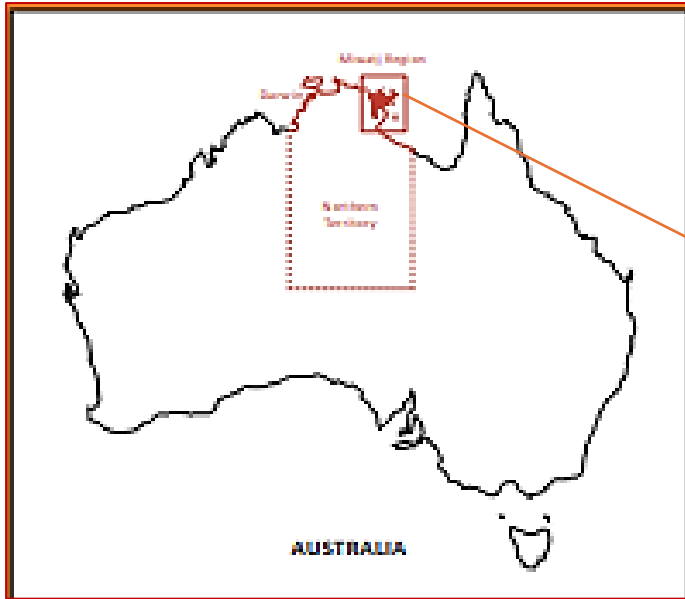


Hillary Rono- TIS Project Officer (All communities)

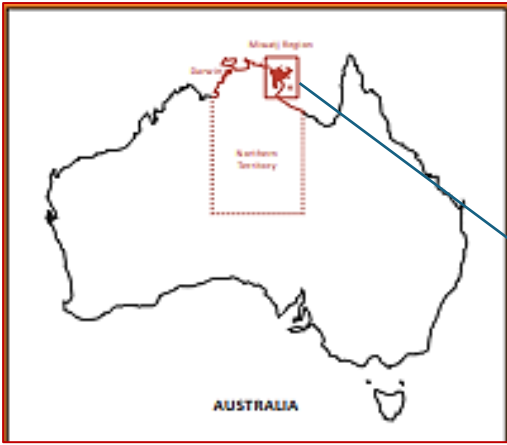


Watjarr Garmu- Youth Worker Laynhapuy Health

Miwatj Health TIS Coverage (IREG 706)



Miwatj Health TIS Coverage & Teams



Galiwin'ku & Gove Peninsula Community-Based TIS workers

Milingimbi, Gapuwiyak & Ramingining Community-Based TIS Workers

Other MHAC supporting staff

1. Public Health Manager
2. TIS Project Officer
2. PH Projects Coordinator
4. PH Admin

TIS delivery through agreement with WHSAC

TIS delivery through subcontracting agreement with KWHB

TIS Delivery to Marthakal & Laynhapuy homelands through agreements with MHRAC & LHAC

Engaging Youth in Yaka Njarali Education: A Holistic Approach

Today's presentation focuses on our approach to engaging youth in tobacco education within our region through:

- 1. School-Based Education**
- 2. Yarning Circles/Bush Trip/Stalls**
- 3. Sport and Recreation Activities**

Engaging Youth in Yaka Njarali Education: Overview



Target Audience: The activity was designed for youths aged 12-24 years. Younger participants could participate with adult supervision.



Delivery Locations: The activity was delivered in most of the communities in our IREG



Focus on Engagement: The aim was to engage youth in tobacco education.



Inclusion of Disengaged Youth: The activity specifically targeted disengaged youth and those who were inactive in school programs.

Our Call to Action

1

Take a stand against peer pressure and say 'NO' to ŋarali

2

Choose a healthier alternative! Find activities that bring joy and keep you ŋarali-free.

3

Empower others! Join as a peer educator. Share tobacco facts and inspire informed choices.

Giving Dhäwu in stalls



Yarning circles with disengaged youth



Dhäwu in Schools

Giving dhäwu in Numbulwar School



Dhäwu in Dhupuma Baker School-Gunyaṅara



Giving dhäwu at sport and rec in Galiwin'ku & Milinjimbi



Dhäwu at Bush trip



Color run in Galiwin'ku



Monitoring and Evaluation

- Informal chats with participants
- Yarning Circles
- Data Counts (attendance to the sessions)
- Surveys



Outcome (1 June 2023 – 31 Dec 2023)

1900 people reached

521 youth engaged across IREG 706

Estimated 70% of the participants increased their knowledge about harms of tobacco and vape use

Promotional materials for social media

YAKA
NGARALI 

**DON'T LET NGARALI TAKE
YOUR BREATH AWAY**



YAKA
NGARALI 

**YOU NEED STRONG
LUNGS FOR MANIKAY**





Resources used

- Tobacco education models (Tar Jar, lungs, occluded arteries, lou-wheexe smoker's lungs comparison Model)
- Smokes and Ladders Game
- Give aways- TIS branded hats, water bottles, car air fresheners, and smoke-free home stickers.

QUESTIONS?





Thank you!

Manymak!