



Danila Dilba Health Service

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This story was submitted to the National Best Practice Unit Tackling Indigenous Smoking (NBPUI TIS) by Nina Ferroah-Wong, Tobacco Action Officer at Danila Dilba Health Service. Many thanks to the Danila Dilba TIS team for sharing their story.

What area do you service?

Danila Dilba Health Service is based in Darwin, Northern Territory. We cover the Yillireung, Larrakia nation area, covering Darwin to Dundee.

Tell us about your successful activity

We work closely with the regional areas, and their dedicated local clinics, during this time of the year, to make sure students get the most out of our tackling tobacco educational sessions. We worked with Belyuen School and the local Northern Territory health clinic to organise a session with the kids on tackling tobacco. Belyuen is a small community on the Cox Peninsula south west of Darwin.

Who was the activity designed to reach?

This activity targeted everyone, but our main focus was the students at Belyuen School. We tailored the session to fit the age group, providing age-appropriate questions and a fun activity to end on a high note.



How did you measure the success of the activity?

We asked questions on tobacco smoking:

- Is smoking bad?
- Is it good to have around babies?
- In what positive ways can you say “Please don’t smoke near me”?

By asking these age-appropriate questions, we were surprised to hear positive outcomes with Belyuen youth discussing with us that they “make sure their Elders smoke outside” and that they want “a healthy house”. After our session we watched three short [Smokey Joe](#) stories and discussed how important it is to have a smoke-free home.

Summary and conclusion

In conclusion, the Belyuen School students were uplifted and excited to learn more about the dangers of smoking tobacco and vaping. We now have a good connection with the school and are looking forward to working with them twice a month.

