
National Best Practice Unit
Tackling Indigenous Smoking

NATIONAL TIS WORKERS WORKSHOP REPORT



Garramilla (Darwin) - Larrakia Country
Darwin Convention Centre
7 to 8 March 2023

May 2023

Introduction

As part of its work to support TIS teams located in the Regional Tobacco Control Grant (RTCG) organisations, the National Best Practice Unit Tackling Indigenous Smoking (NBPU TIS) organises a schedule of workshops at both the jurisdictional and national level. The workshops aim to:

- review Grant Recipient priorities and the support that the NBPU needs to provide;
- share evidence, best practice, & strategies for adaptation at local / regional levels;
- resolve implementation challenges;
- enhance support, collaboration, network building and communication;
- provide training and tools to assist in program delivery;
- support performance reporting and evaluation methods and skills;
- disseminate information and tools on performance reporting, data collection and evaluation; and
- support Aboriginal and Torres Strait Islander leadership in tobacco control.

As part of its commitment to supporting TIS teams, the NBPU TIS will host one national workshop for TIS workers during 2022-23 to 2025-26 funding period of the TIS program.

Background to the National TIS Workers Workshop

The NBPU TIS held the National TIS Workers Workshop on Garramilla land (Darwin), part of Larrakia Country, over two days (Tuesday 7 March and Wednesday 8 March 2023) at the Darwin Convention Centre.

The workshop was designed to share updated information from key elements of the TIS Program; allow TIS Workers to network and learn from each other; explore innovative methods of expanding partnerships; and to enhance TIS teams' approach to population health promotion activities and leadership in communities. Specifically, the goals of the workshop were to:

- provide the tools to assist effective delivery of best practice activities;
- explore innovative local service delivery approaches;
- reflect and celebrate our history of the TIS Program; and
- expand service delivery reach and create and maintain successful partnerships.

Program

See [Attachment A](#) for an outline of the program as distributed to participants ahead of the workshop. Note that some minor adjustments to timing of some of the program elements were made during the workshop.

Summaries of the Workshop sessions follow – please see participant presentations on the Jurisdictional Workshop presentations page of the TIS Website¹ for details.

Attendance

A total of 203 people attended the workshop – see following table and [Attachment B](#) for a full list of attendees.

¹ See <https://tacklingsmoking.org.au/resources/national-tis-workers-workshop-2023/>

Category	No. of attendees	Organisations represented
National TIS Coordinator	1	-
TIS teams		
New South Wales / ACT	37	10
Northern Territory	29	6
Queensland	16	7
South Australia	14	4
Victoria / Tasmania	24	7
Western Australia	32	13
Australian Government	22	-
Other	16	-
NBPU TIS	12	-
TOTAL	203	

Summary of Workshop Sessions

DAY ONE: Tuesday 7 March 2023

1. Welcome to conference and housekeeping (Eileen Van Iersel and Maxine Turner – NBPU TIS)

Eileen and Max welcomed everyone to the conference and thanked participants for making the journey to Larrakia Country.

2. Welcome to Country (Lynette Fejo - Larrakia Traditional Owner)

Lynette Fejo and other members of the Larrakia people welcomed participants to Larrakia Country, and performed traditional songs and dances in greeting.



Lynette Fejo and members of the Larrakia people welcome participants to the workshop

3. The year that was (Eileen Van Iersel and Maxine Turner – NBPU TIS)

The NBPU TIS made a video presentation outlining the workshops, teams, site visits and other events of 2022.

4. Keynote address (Prof Tom Calma AO – National Coordinator TIS)

The National Coordinator TIS welcomed the participants to the workshop. He outlined the 'TIS Journey, beginning in 2010 with the Healthy Lifestyle Program and the Tobacco Action Workers, when the program was administered from the mainstream Population Health area of the Australian Government Department of Health.

From 2013, there was a greater focus on smoking as a key component of a healthy lifestyle, and 2015 the TIS was formed in within the Indigenous Health Division. This included the formation of the NBPU TIS, and in 2017 a greater focus on population health, rather than individual smoking cessation activities. Professor Tom described the success of the last National TIS Workers Workshop in Alice Springs in 2019, before the onset of the COVID pandemic and the disruption it caused.



Professor Tom Calma delivers the opening address

Professor Tom then looked ahead to the new funding period from 1 July 2023, with a continued focus on population health, evaluation and continuous improvement approaches, and a move to regional service delivery. He congratulated all the teams present for their contribution to the great success of the TIS program over its history and urged them to continue their efforts to improve the health of their communities.

5. Department of Health and Aged Care Update (Ben Mudaliar – Assistant Secretary, Family, Chronic Disease and Preventative Health Branch First Nations Health Division)



Ben Mudaliar addresses the workshop

Ben introduced himself and the TIS team in the Department, and outlined the policy context within which the TIS program is operating today. He congratulated those present on the achievements of the TIS program, which is internationally recognised as established best practice. Looking forward, he emphasized the importance of maintaining a focus on priority groups (remote communities; youth; and pregnant women, their families and partners) as well as those not currently serviced by TIS. He outlined the continuing population health focus of the program, and the important role of partnerships to ensure expanded coverage across the 40 IREGs.

Last he thanked the TIS teams for their work, and assured them that the good work they do is seen and appreciated at all levels of the Government.

WORKSHOP PARTICIPANTS



6. ANU Evaluation Update (Dr Raglan Maddox – Australian National University)



Raglan Maddox making his presentation

Raglan introduced the TIS Evaluation team led through the National Centre for Epidemiology and Population Health at the Australian National University. He outlined a historical approach to understanding the impact of tobacco on First Nations peoples and the continuing role of the tobacco industry in promoting smoking and vaping.

Raglan then described the features of effective tobacco control programs as being culturally responsive; respecting an Indigenous concept of wellbeing; and consisting of comprehensive, multi-level programs that address the drivers of

smoking. Last he described the 'TIS Program Intensity Tool', which tracks the foundational work TIS teams have undertaken across Australia. With 90% of TIS teams actively participating, they have reported increased implementation, reach and effectiveness from 2010-2020. This has contributed to declining smoking rates for Aboriginal and Torres Strait Islander people since 2004, resulting in 50,000 fewer smokers and many lives saved.

7. CIRCA Evaluation Update (Lena Etuk – Director, CIRCA)

Lena outlined for the workshop participants the role of CIRCA in evaluating the implementation of the TIS program. She outlined CIRCA's mixed method (quantitative plus qualitative) approach to evaluation for the 2023-2026 funding period, with two waves of data collection. Last, Lena provided a progress update on the evaluation to date, with 2022 Performance Reports being finalised by teams; the M&E Framework completed; the data collection tools in development and an ethics application to be prepared and submitted in August 2023.



Lena Etuk of CIRCA

8. Q and A session (Prof Tom Calma AO, Ben Mudaliar, Dr Raglan Maddox, Lena Etuk)

Workshop participants had a chance to ask questions of the previous presenters. Questions and discussions included topics such as:

- sustainability of funding, in light of relentless tobacco industry activity;
- proportionality of funding for new period and the challenges to delivering services across IREGS;
- wind down periods for those Grant recipients who will not be delivering services from 1 July 2023;
- updated performance report templates and online reporting.

11. Building Strong Sustainable Consortiums (Dr Sean Taylor – Menzies School of Health Research)

Dr Sean presented to the workshop on building strong sustainable consortiums, using his experiences as a leader in the Northern Territory Health Department's response to the COVID-19 pandemic.



Dr Sean Taylor

12. Wrap up of day's events (Prof Tom Calma AO – National Coordinator TIS)

Professor Tom summarised the key points from the day's sessions.

DAY TWO: Wednesday 8 March 2023

1. Address on International Women's Day (Prof Tom Calma AO – National Coordinator TIS)

Eileen van Iersel invited Professor Tom Calma to address the workshop on what International Women's Day (IWD) should mean for men. He noted that IWD was to celebrate the achievements of women and advance equality; and that the majority of TIS workers were women. He called upon men to educate themselves and other men about gender equality and to celebrate gender diversity.

2. Video Statement from the Minister (The Hon Mark Butler MP, Minister for Health and Aged Care)

Participants were played a video address to the Workshop from Mark Butler, the Australian Government Minister for Health and Aged Care. In the video, Minister Butler thanked TIS workers and their organisations for their work in reducing smoking rates and looked forward to the continuing programs out to 2026 delivering national coverage of population health programs with a particular focus on priority groups.

3. Same, only different: using population health promotion activities to address youth vaping (Nation to Nation Café, facilitated by Dr Penney Upton – NBPU TIS)

The World Café® format supports collaborative conversations to explore an issue by discussing it in small table groups over multiple rounds of 20-30 minutes. Rebranded as a 'Nation to Nation Café' to signify the Aboriginal and Torres Islander Peoples represented in the room, the format focused on discussing activities that TIS teams are undertaking to change youth attitudes and behaviour about vaping.

Twenty café tables were hosted by NBPU TIS staff and workshop presenters. In honour of the workshop taking place on International Women's Day, the tables were named after influential Aboriginal and Torres Strait Islander women.

Participants engaged in two rounds of conversation at different tables. A total of 198 staff from 38 of the 39 organisations funded by the Tackling Indigenous Smoking Program participated in the 'Nation-to-Nation Café'. Shared discussions emphasised the extent of vaping as a 'wicked' public health problem that needs to be addressed across Aboriginal and Torres Strait Islander communities.

A report on the outcomes of the Nation to Nation Café discussions is at [Attachment C](#).

4. Concurrent Sessions

Seven concurrent sessions were held in parallel, with groups of male and female participants circulating to each session in turn for presentations and small group discussions as follows.

A. *Aboriginal and Torres Strait Islander health: from person to population (Dr Raglan Maddox and Shavaun Wells – Australian National University)*

Participants were given some different images related to tobacco control to prompt discussions around two key questions:

- What are some key messages/imagery that resonate for your target group (communities)?
- How do you want information from us (ANU)?

B. *Tobacco, Vaping and e-cigarettes (Cameron Manning – Cancer Council and Kerindy Clarke – Quitline)*

Presentation on and discussion of the Generation Vape campaign developed by Cancer Council NSW, and the project currently being developed to address vaping among Aboriginal and Torres Strait Islander young people.

C. *Building Strong Sustainable Consortiums (Dr Sean Taylor – Menzies School of Health Research)*

Discussion of the different barriers and enablers TIS teams encounter in their work when trying to build effective partnerships.

D. *Leading and Mentoring (Timmy Duggan – Hoops 4 Health)*

Activities and discussion around trauma and culturally informed coaching and techniques for creating resilience (including moderate stress as the best teacher; loudly celebrating the good, quietly coaching the deficit; a young person centred approach; movement as the bedrock of change; opportunities to play sport that is not just elite).

E. *Women's Yarning Circle – Empowering Smoke-free pregnancies (A/Prof Michelle Kennedy and Joley Foster – University of Newcastle)*

The aim of this breakout session was to give the female TIS workers a safe-space to discuss the opportunities for promoting quitting and smoke-free messages to pregnant Aboriginal and Torres Strait Islander women using a population health promotion approach.

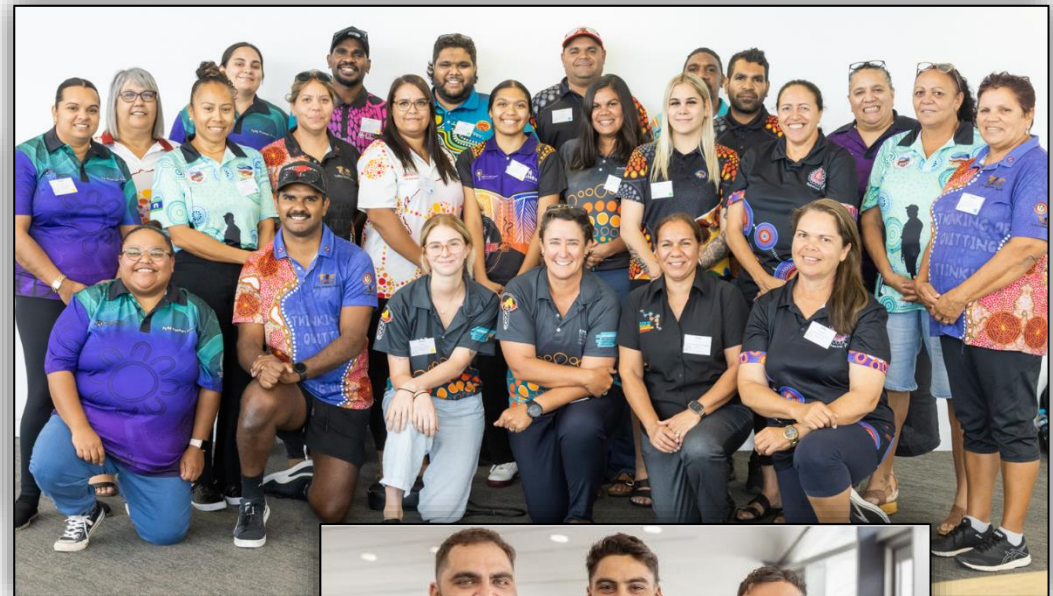
F. *Men's Yarning Circle (Facilitated by Glenn Clarke – NBPU TIS)*

An opportunity for men to discuss how they speak to young men about how to support their partners who are pregnant, and to reflect on how culture and community are at the heart of their TIS practice.

G. *'Ask Me Anything' about using social media for TIS (Claudine Thornton Creative and Kantesha Takai – Lola Digital)*

Presentation and problem-solving discussion (supported by the use of Mentimeter) on the use of social media as a key communication channel for TIS activities.

WORKSHOP PARTICIPANTS



13. Shared Success Stories (Tackling Indigenous Smoking Teams)

TIS teams shared their success stories in a plenary session. Teams participating included the following. Note that copies of the Teams' presentations can be found on the TIS website².

Institute for Urban Indigenous Health

The IUIH team presented on their nationally recognised Deadly Choices campaign, which they created as part of the Closing the Gap Initiative in 2010.

Deadly Choices came from the community and continues to be a community-influenced brand, aiming to empower Aboriginal and Torres Strait Islander people to make healthy choices for themselves and their families, to stop smoking or reduce the uptake of smoking and to eat good food and exercise daily. Deadly Choices currently has 14 consortium members outside of south-east Queensland, and over 120 staff employed in the state, as well as 20 licensee partners across Australia.

Awabakal Ltd

The Awabakal team presented on using sport for the delivery of their smoke-free messages through their 'Get in the Game' campaign. The campaign is based around using familiar faces to share the benefits of quitting, using local sports stars as ambassadors to spread the message. Videos of the players urging community members to 'get n the game' were shared through social media and were well-received with 3,500 unique views and 169 likes / comments / shares.

Victorian Aboriginal Health Service

The VAHS team presented on the 'Boorais and smoke don't mix!' campaign. The campaign uses local language to localise the campaign and clear and direct branding to maximise impact. Implemented through five interlinked activity areas (community engagement; marketing and promotions; events and partnerships; training and capacity building; and a pregnancy campaign). The team developed a wide range of merchandise and advertising, and promoted the message at community events, including state-wide football and netball carnivals. A community survey that found that 75% of respondents had seen or were familiar with the Campaign, with 23% identifying that they were thinking about quitting.

Apunipima Cape York Health Council

The Apunipima TIS team described the development of their approach to developing locally based video campaigns in the communities of Napranum, Lockhart River, Mapoon and Kowanyama. Inspired by the national 'Don't make smokes your story' campaign, the team consulted extensively with the local communities to develop and launch their locally designed videos and resources, despite the many challenges of operating in very remote areas.

Wellington Aboriginal Corporation Health Service

Wellington's TIS team's Quit B Fit campaign covers a large area of New South Wales incorporating the Central West, Far West and New England regions. The TIS team played a video about their focus on health promotion, awareness and prevention

² See <https://tacklingsmoking.org.au/resources/national-tis-workers-workshop-2023/>

program to provide Indigenous people with tools and resources to live healthier lives without smoking cigarettes. The video also described how they are developing multimedia approaches to tackling smoking through the development of podcasts, TikTok, Instagram, Facebook, YouTube, TV advertising and an app, with a particular focus on young people ('What's ya name who's ya mob?').

Wheatbelt Aboriginal Health Service

The Wheatbelt Aboriginal Health Service TIS team introduced themselves, their region and the communities they serve, and then presented on their Ngamari free campaign. Working with WA Country Health Service and local governments, they spread the message of smoke-free spaces free through signage in in vehicles, hospitals, recreation spaces etc, and through the development of an app outlining the benefits of being smoke free.

Kimberley Aboriginal Medical Services

The KAMS team gave a video update on the team and their activities including the development of a school education package focused on vaping delivered in many communities; radio segments; an activity book; and social media. In a survey they carried out, they found that around half of school students vaped, and the team identified the need to develop partnerships with local youth services to deliver the message. Bush trips were a particularly strong strategy. Education sessions in the community also focused on adults

La Perouse Local Aboriginal Land Council

'Na Joomelah' is a program developed and run by the La Perouse Local Aboriginal Land Council, and it translates to 'no smoking' in the local language. The TIS team described how they co-designed the Na Joomelah brand with local young people, with a focus on youth and pregnant women, using social media and holding events to provide information and education, promoting the benefits of living a smoke and vape-free lifestyle.

Torres Health Indigenous Corporation

The Torres Health TIS workers presented on their 'Nor Mor Smok' program, including their online resources, their use of Facebook, the merchandise they have created and their '30 day Nor Mor Smok' campaign. Included a special guest appearance by the Torres Health TIS mascot, Malu.

14. Wrap up and awards ceremony (Prof Tom Calma AO – National Coordinator TIS)

Professor Tom presented certificates of achievement for all TIS Workers present who have been with the TIS program for five or more years.

He thanked the participants for their attendance, and praised the sophistication of their work and their personal commitment to the health of their communities. He also thanked the other attendees from Government and the NBPU for their work, and wished everyone a safe journey home, before closing the workshop.

TIS TEAM SUCCESS STORIES



Institute of Urban Indigenous Health



Awabakal Ltd



La Perouse Local Aboriginal Land Council



Apunipima Cape York Health Council



Kimberley Aboriginal Medical Service Video



Wellington Aboriginal Corporation Health Service



Victorian Aboriginal Health Service



Wheatbelt Aboriginal Health Service



Torres Health (with Malu)

Participant Evaluation

As with every workshop run by the NBPU TIS, the Workshop included participant evaluation, with both quantitative and qualitative feedback. Responses were gathered using the online interactive polling application *Mentimeter*.

Morning Sessions

The majority of evaluation respondents (a total of 82) found the morning sessions very or somewhat useful (see *Figure 1*). The least useful session appeared to be the Q&A session. Feedback from some participants suggested this might have been because of the limited number of questions raised and the fact that most questions were directed to the Department. As one participant noted a solution to this would have been to:

Have some starter/filler questions for the Q&A panel to maybe start the conversation and fill silent gaps.

This is something NBPU have used successfully in the past at jurisdictional workshops and should be considered as an important tool for all future workshops.

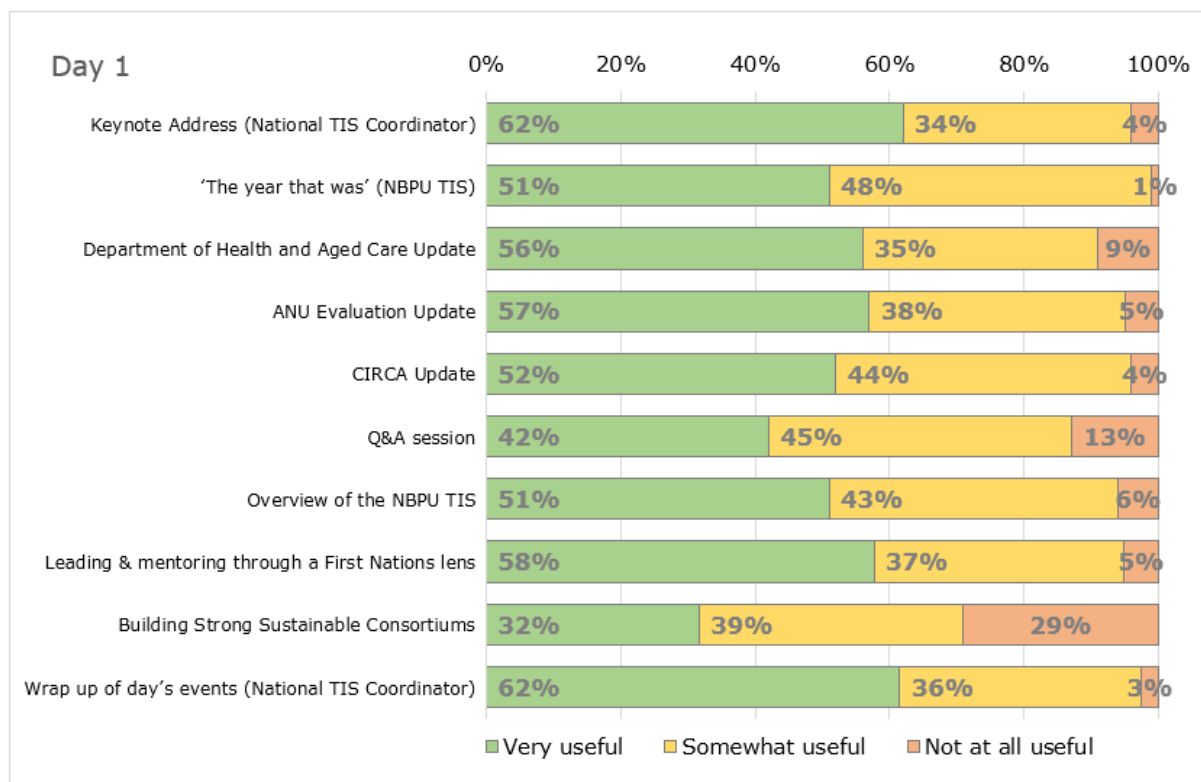


Figure 1: Evaluation by participants of Day 1 sessions

The majority of qualitative feedback on the morning sessions was positive:

All the information was great to hear and it gave an update on where everything is at

Great information and time length of each session. Not too long on the same topic and the Q&A was great

All were very useful for new staff

I enjoyed the sessions about the evaluation and getting an update on what that looks like.

Great insight, information and well lead [sic] sessions

TIS history, very informative and thanks you.

However a minority of participants (five responses or 6% of total respondents) were unhappy with the morning's sessions and had not found them useful:

Nothing was particularly useful. Suggest that relative lack of knowledge about [the] NBPU reflects that the website is still relatively difficult to navigate and the info on there is not as useful as it could be ... I felt we were being blamed for lack of knowledge.

Focus was too much on "management/coordinator". None of this was useful as a general TIS worker. For future, split up coordinators and TIS workers.

What an amazing opportunity bringing so many extraordinary people across Australia together on a shared journey and goal. ... [But] What a waste of my limited time, money and energy and opportunity. ... possibly The worst event I've ever attended in decades in health

Today was a lost opportunity to upskill any remaining TIS team members that are still gainfully employed after the new TIS model commences in July.

I found this mornings session quite disappointing, more of an opportunity for those in government departments and organisations to introduce themselves and [pat] themselves on the back.

Others provided constructive advice on how the morning sessions could have been improved:

Some interactive sessions to keep us focused

More information on possible TIS training/Professional Development for teams

Afternoon Sessions

There were 79 responses evaluating the afternoon sessions of Day 1. The majority of respondents found these sessions very or somewhat useful (see *Figure 1* above). Feedback suggested participants valued learning more about how other programs outside of TIS are working:

I was interested in how other programs are engaging with community and how that can be adapted to our program area.

Always great to see how other programs are working.

Very informative sessions all day, which was great

Got a lot of knowledge from these sessions

Mentoring presentation was excellent, very glad its having an impact in our youth when they would really need it.

Timmy Duggan was excellent

The most important feedback from respondents was to ensure that presentations made clear link to TIS:

The ... presentation needed to make the transferable lessons for TIS clearer.

I didn't find [presentation] useful in any way and I feel [it] missed the mark about what the presentations aim was.

It's not that I didn't like [the] presentation I just didn't get how it was TIS related ...

The two longest sessions of the day had nothing to do with tackling indigenous smoking. An opportunity of gathering all TIS workers and upskilling them was lost today

The length of the afternoon sessions was noted by another respondent who suggested that the structure of the day would have been improved without such long sessions after lunch:

Same amount of speakers as morning session after lunch as this will help people to continue listening and learning after such a big lunch

Day 2

Morning sessions

There were 66 responses evaluating the morning sessions of Day 2. The majority of evaluation respondents found the morning sessions very or somewhat useful (see Figure 2).

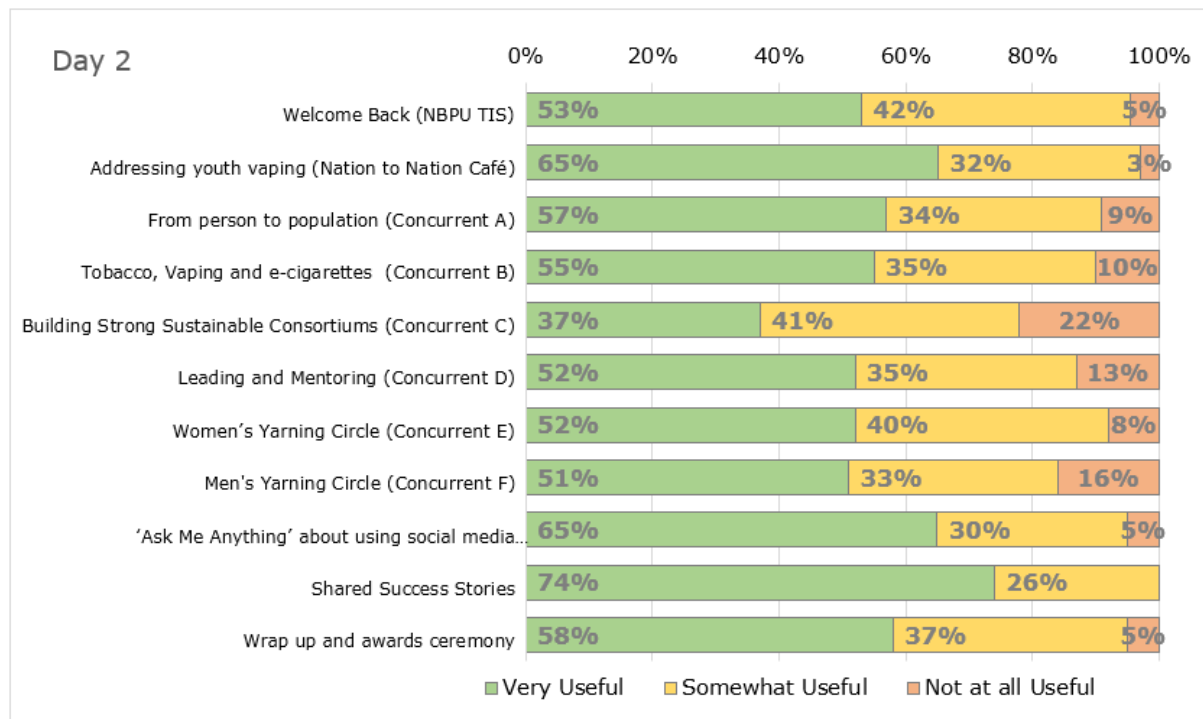


Figure 2: Evaluation by participants of Day 2 sessions

Nation to Nation Café

Feedback on the Nation-to-Nation café and was overwhelmingly positive, with the majority appreciating the interactive nature of the session and the opportunity to learn what other teams are doing in the space:

Loved the cafe style

I loved hearing about what [others are] doing in the space and that we are doing and planning similar things

Loved the nation to nation cafe style, was great being able to discuss with other orgs and teams about what they were doing and have lots of ideas

I thought the Nation to Nation Cafe was really good, it should be used more often

It was unfortunate that this session had to be curtailed because of earlier unscheduled presentations and some feedback reflected this:

Really would of loved for these sessions to be longer in order to hear from other TIS teams

However, a minority of respondents (three, or 5%) were critical of the approach taken:

While it was good to hear what other teams are doing about vaping, the discussions were so unstructured that not everyone had any input. ... Café was a nice concept but an old fashioned presentation from an expert would have been better.

We received no information we can take back to our every day activities

By the time we finished talking at the first round we didn't have much to talk about at the second round

Concurrent (Breakout) Sessions

The majority of respondents found the breakout sessions very or somewhat useful (see Figure 2 above). Overall people would have liked more time devoted to smaller discussion groups like those provided in the breakout sessions³:

More concurrent sessions solely around TIS to assist us in our delivery.

Needed MUCH MUCH longer in these sessions. Would have MUCH preferred to do these sessions over yesterdays. Stretch them out to an hour long - learnt way more during these than I did yesterday. A lot more out of the sessions.

Other comments suggested additional ways for developing the breakout groups:

There was no pens or paper on the table.

Would rather breakout groups with other TIS teams discussing ways to spread the message

³ It should be noted that the first breakout session was much shorter than originally planned, due to an important but unplanned video message from the Australian Government Minister for Health.

The session rated as very useful by the most people was the Social Media 'Ask me anything. Some respondents felt this session should have been longer:

Needed more time in the social media session, we only just got into the sessions and before we knew it we had to move into next session.

I loved the social media session found it extremely useful but was way too short would've been good to workshop a little more

Some of the women would also have liked more time yarnning about working with pregnant women:

I would have liked to have had more time with Michelle and Jolley

More time in the men's group would also have been appreciated:

Needed more time in the Men's session, we only just got into the sessions and before we knew it we had to move into next session.

There was also some suggestion that including breakout sessions with people who had already presented during the conference was not a good use of time:

The mentoring and partnerships were more of the same from yesterday and didn't add anything. Nothing much stood out useful from the other sessions either.

Afternoon Sessions

There were 67 responses evaluating the afternoon sessions of Day 2. The most highly rated session of the conference was the 'Shared success stories' with everyone finding these very or somewhat useful (see *Figures 1 and 2*) and wanting more of these:

It was good to see and hear everything work and achievements all of us are doing amazing work and it's important to keep working to achieve our goals

More tis success stories

However even though these were a highly valued part of the conference, feedback indicated a need to consider when and how to share team stories. This included integrating success story sessions across the two days rather than in a two-hour block:

Loved the success stories but is long. Important that these stories are shared but may be better placed throughout the 2 days to break it up

The success stories were almost too long, yes it was nice to hear the stories but if it's possible to have in individual sessions like the other sessions

It was also suggested that having this as the last session at the end of the final day was not the most beneficial timing:

I love hearing about what the other teams are doing but went over time would be good to have more time for this part and also not at the end of the day...

Also I loved all the Shared Stories but it was too much all in one go at the end of day two!!

Overall, the interactive nature of day 2 was appreciated by respondents:

Today was much better. Interactive, applicable and great to hear from on the ground workers

Although once again the length of the afternoon session was highlighted as undesirable:

Afternoon session was too long, everyone was fidgety, standing up and ready to finish.

Market place

Most respondents visited the market place over the two days of the conference (Day 1 89%, Day 2, 88%) and had a good experience (see *Figure 3*). Only positive qualitative feedback was provided on this part of the conference:

The market stalls and interactive sessions were most usefully [sic]. Sharing between team and learning from each other

Stalls - are great

One participant also commented on the photo booth being a '....nice extra touch'

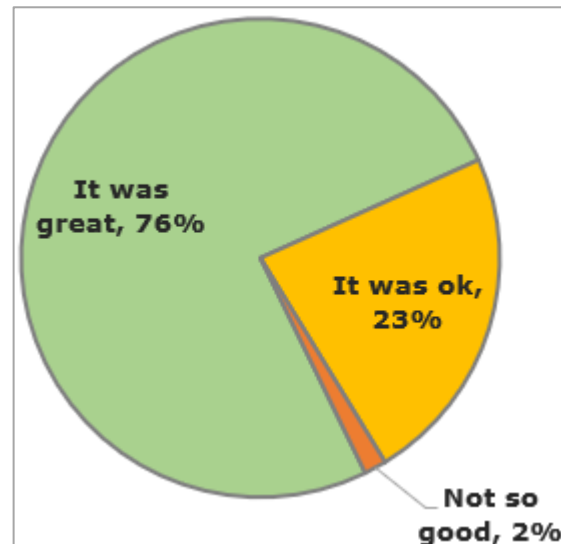


Figure 3: Participants experience of the marketplace

Darwin Convention Centre

Feedback on the venue was generally positive across the two days, with the majority rating the venue as very good on both Day 1 (75%) and Day 2 (81%). Only one person rated the venue 'not good at all'. Positive feedback paid reference to the location, as well as the functionality of the space:

Beautiful location. Stayed close by and very convenient.

It worked very well especially to have every team across the nation to fit into one big room.

Two people commented on it being very cold in the venue, whilst another suggested that the rooms were 'too cramped and exceeded capacity'.⁴

Catering

Respondents not very impressed with the catering, with only just over a third rating the catering as very good (37%) on both days. Around half of the respondents thought the catering was 'ok' (48% Day 1 and 51% Day 2), with the rest rating the catering as 'Not good at all' (15% Day 1 and 12% Day 2).

Most of the feedback about the catering focused on the lack of healthy options (especially during breaks) and the need for more fresh fruit:

⁴ While this may not be so for the majority of rooms and sessions, there was one group for the breakout session where there were a lot more women than men, and breakout rooms three and four were very full.

There wasn't any healthy option during tea breaks

More fruit at morning tea and lunch

Healthier options would have been good for morning and afternoon tea. I don't think any fruit was provided over the conference?

Needed fruit or healthier options at morning and afternoon tea, even just having fruit bowls around throughout the day.

There was also a call for more hot drinks to be made available during the day:

no coffee or drinks for lunch.

Would have liked the tea/coffee station to be permanent. Not just in breaks.

However, there were also some positive comments about the food:

the bottles of water were brilliant

Staff were friendly and the food was great 😊

Food was great both days

There were concerns expressed about the long lines for food on Day 1:

Needs to be set out better, we had to wait too long for food, it was time to go back into the conference just as we got to the food

However the venue team did respond to this and change the set-up for Day 2 and this was viewed favourably by participants.

Summary

Overall comments on the conference as a whole were positive, and included suggestions for improvements:

Get Some of the people that have been in TIS for years to speak about the years in TIS. Have the Dinner on the second night.

I think day two was too long And I think the dinner would have been great after day two activities as everyone got to know each other a lot better

Need an on county trip

As well as high praise and thanks for NBPU's work bringing everyone together:

Overall the National Workshop was a huge success and I benefited greatly. Thank you for your hard work, dedication and commitment in bringing this together.

*It was a great 2 day workshop, great to meet new people catch up with old friends
Congratulations to the NBPU team for putting together a wonderful and informative 2day workshop, much appreciated*

Key Lessons for the NBPU TIS from the evaluation

The NBPU TIS supports a CQI-approach to tackling smoking where teams evaluate their practice and make improvements to deliver better results in the future. In the same spirit,

the NBPU TIS always seeks to reflect on and learn from its own practice. The evaluation of the National TIS Workshop by its participants was overwhelmingly positive. However, we identify the following key issues to be taken into account when running further workshops.

1. Devote more time to smaller discussion groups like those provided in the concurrent sessions and/or Nation to Nation Café
2. TIS Team Success stories are consistently a highlight for workshop participants. Consider integrating them throughout the program rather than having them in one session, to maximise the ability of participants to engage with their message and provide continuous inspiration
3. Ensure external speakers know the purpose of their session and are prepared to deliver presentations adapted to / relevant to TIS
4. While some flexibility is positive and necessary, this must be balanced against the benefits of 'sticking to the plan' (noting that on Day 2, the unscheduled IWD address and Minister's message meant cutting back on interactive sessions)
5. Ensure that the information available on the TIS Website (e.g. on vaping prevalence) is highlighted whenever possible and participants shown how to and encouraged to access it.
6. Ensure healthy food options are catered for, especially fruit.

ATTACHMENT A: Workshop Program

NATIONAL TIS WORKERS WORKSHOP PROGRAM

DAY ONE - Tuesday 7 March 2023

Time	Room	Session Name	Presenter
7:00 - 7:45	Outside Lawns	Optional Activity - Tai Chi	
8:15 – 8:45	Foyer	Registration	
8:45 – 9:00	Waterfront Room	Welcome and housekeeping	Eileen Van Iersel and Maxine Turner – NBPU TIS
9:00 – 9:30	Waterfront Room	Welcome to Country	Lynette Fejo -Larrakia Traditional Owner
9:30 – 10:05	Waterfront Room	Keynote Address	Prof Tom Calma AO – National Coordinator TIS
10:05- 10:15	Waterfront Room	'The year that was' video presentation	Eileen Van Iersel and Maxine Turner – NBPU TIS
10:15 – 10:45	Morning Tea (Marketplace and photo booth opportunity)		
10:45 – 11:00	Waterfront Room	Department of Health and Aged Care Update	Ben Mudaliar – Assistant Secretary, Dept of Health and Aged Care
11:00 – 11:15	Waterfront Room	ANU Evaluation Update	Dr Raglan Maddox – Australian National University
11:15 - 11:30	Waterfront Room	CIRCA Evaluation Update	Lena Etuk – Director, CIRCA
11:30 – 12:05	Waterfront Room	Q and A session	Ben Mudaliar (DoH&AC), Dr Raglan Maddox (ANU), Lena Etuk (CIRCA) and Prof Tom Calma AO (National Coordinator TIS)
12:05 – 12:20	Waterfront Room	Overview of the NBPU TIS – Interactive session	Eileen Van Iersel and Dr Penney Upton – NBPU TIS
12:20 -13:20	Lunch (Marketplace and photo booth opportunity)		

13:20 – 14:20	Waterfront Room	Leading and mentoring through a First Nations lens	Timmy Duggan – General Manager, Hoops 4 Health
14:20 – 15:20	Waterfront Room	Building Strong Sustainable Consortiums	Dr Sean Taylor – Menzies School of Research
15:20 – 15:50	Afternoon tea (Marketplace and photo booth opportunity)		
15:50 – 16:20	To be confirmed	Group Photo	Scott McLennan – Communications Manager, NBPU TIS
16.20 – 16:40	Waterfront Room	Wrap up of day’s events	Prof Tom Calma AO – National Coordinator TIS
19:00 – 21:00	Waterfront Room	Dinner and talent night	

NATIONAL TIS WORKERS WORKSHOP PROGRAM

DAY TWO - Wednesday 8 March 2023

Time	Room	Session Name	Speaker	
7:00 -7:45	Outside Lawns	Optional Activity - Tai Chi		
8:30 -9:00	Foyer	Registration		
9:00 – 9:15	Waterfront Room	Welcome Back	Eileen Van Iersel and Maxine Turner – NBPU TIS	
9:15 – 10:30	Waterfront Room	Same, only different: using population health promotion activities to address youth vaping (Nation to Nation Café)	Dr Penney Upton – NBPU TIS	
10:30 – 10:50	Morning Tea (Marketplace and photo booth opportunity)			
CONCURRENT SESSIONS				
	Waterfront Room	Meeting Room 1 and 2	Meeting Room 3	Meeting Room 4
10:50 – 11:50	Aboriginal and Torres Strait Islander health: from person to population Dr Raglan Maddox and Shavaun Wells– Australian National University	Building Strong Sustainable Consortiums Dr Sean Taylor – Menzies School of Health Research	Women’s Yarning Circle – Empowering Smoke-free pregnancies A/Prof Michelle Kennedy and Joley Foster – University of Newcastle	‘Ask Me Anything’ about using social media for TIS -Men’s session Claudine Thornton Creative and Kantesha Takai- Lola Digital
	Tobacco, Vaping and e-cigarettes Cameron Manning – Cancer Council and Kerindy Clarke - Quitline	Leading and Mentoring Timmy Duggan – Hoops 4 Health	Men’s Yarning Circle Facilitated by Glenn Clarke – NBPU TIS	‘Ask Me Anything’ about using social media for TIS – Women’s session Claudine Thornton Creative and Kantesha Takai -Lola Digital
11:50 – 12:35	Lunch (Marketplace and photo booth opportunity)			

12:35 – 13:35	Aboriginal and Torres Strait Islander health: from person to population Dr Raglan Maddox and Shavaun Wells – Australian National University	Building Strong Sustainable Consortiums Dr Sean Taylor – Menzies School of Health Research	Women’s Yarning Circle – Empowering Smoke-free pregnancies A/Prof Michelle Kennedy and Joley Foster – University of Newcastle	‘Ask Me Anything’ about using social media for TIS – Men’s session Claudine Thornton Creative and Katesha Takai - Lola Digital
	Tobacco, Vaping and e-cigarettes Cameron Manning – Cancer Council and Kerindy Clarke – Quitline	Leading and Mentoring Timmy Duggan – Hoops 4 Health	Men’s Yarning Circle Facilitated by Glenn Clarke – NBPU TIS	‘Ask Me Anything’ about using social media for TIS – Women’s session Claudine Thornton Creative and Katesha Takai - Lola Digital
13:35 – 14:35	Aboriginal and Torres Strait Islander health: from person to population Dr Raglan Maddox and Shavaun Wells – Australian National University	Building Strong Sustainable Consortiums Dr Sean Taylor – Menzies School of Health Research	Women’s Yarning Circle – Empowering Smoke-free pregnancies A/Prof Michelle Kennedy and Joley Foster – University of Newcastle	‘Ask Me Anything’ about using social media for TIS – Men’s session Claudine Thornton Creative and Katesha Takai - Lola Digital
	Tobacco, Vaping and e-cigarettes Cameron Manning – Cancer Council and Kerindy Clarke – Quitline	Leading and Mentoring Timmy Duggan – Hoops 4 Health	Men’s Yarning Circle Facilitated by Glenn Clarke – NBPU TIS	‘Ask Me Anything’ about using social media for TIS – Women’s session Claudine Thornton Creative and Katesha Takai - Lola Digital
14:35 -14:45	Afternoon tea (Marketplace and photo booth opportunity)			
14:45 – 16:45	Waterfront Room	Shared Success Stories	Tackling Indigenous Smoking Teams	
16:45 – 17:15	Waterfront Room	Wrap up and awards ceremony	Prof Tom Calma AO – National Coordinator TIS	

ATTACHMENT B: Attendance

NAME	ORGANISATION	S/T
Tom Calma AO	National TIS Coordinator	National TIS Coordinator
Emma Levine	Awabakal Ltd	NSW/ACT
Jannali-Ann McGrady	Awabakal Ltd	NSW/ACT
Kialia Etuati	Bullinah Aboriginal Health Service - Solid Mob	NSW/ACT
Joey Gordon	Bullinah Aboriginal Health Service - Solid Mob	NSW/ACT
Tarra Gordon	Bullinah Aboriginal Health Service - Solid Mob	NSW/ACT
Leanne Miles	Bullinah Aboriginal Health Service - Solid Mob	NSW/ACT
Naomi Ingram	Galambila Aboriginal Health Service	NSW/ACT
Taylor Kelly-Scholes	Galambila Aboriginal Health Service	NSW/ACT
Katherine McInroy	Galambila Aboriginal Health Service	NSW/ACT
Connie Smith	Galambila Aboriginal Health Service	NSW/ACT
Kate Greenwood	Grand Pacific Health	NSW/ACT
Iona Marsh	Grand Pacific Health	NSW/ACT
Michael Riley	Grand Pacific Health	NSW/ACT
Glen Buerckner	Griffith Aboriginal Medical Service	NSW/ACT
John Charles	Griffith Aboriginal Medical Service	NSW/ACT
Stephen Johnson	Griffith Aboriginal Medical Service	NSW/ACT
Rebecca King	Griffith Aboriginal Medical Service	NSW/ACT
Jessica Meredith	Griffith Aboriginal Medical Service	NSW/ACT
Michaela Pauling	Griffith Aboriginal Medical Service	NSW/ACT
Danny Allende	La Perouse Local Aboriginal Land Council	NSW/ACT
Jasmine Allende	La Perouse Local Aboriginal Land Council	NSW/ACT
Kobi Ingrey	La Perouse Local Aboriginal Land Council	NSW/ACT
Carrine Liddell	La Perouse Local Aboriginal Land Council	NSW/ACT
Tylah Mundine	La Perouse Local Aboriginal Land Council	NSW/ACT
Bradley Russell	La Perouse Local Aboriginal Land Council	NSW/ACT
Chelsea Winder	La Perouse Local Aboriginal Land Council	NSW/ACT
Sharon Hooker	Maari Ma Health Aboriginal Corporation	NSW/ACT
Tiffany Lynch	Maari Ma Health Aboriginal Corporation	NSW/ACT
Alanah McLeod	South Coast Medical Service Aboriginal Corporation	NSW/ACT
Janice Brown	South Coast Medical Service Aboriginal Corporation	NSW/ACT
Wade Longbottom	South Coast Medical Service Aboriginal Corporation	NSW/ACT
Mick Dunn	Wellington Aboriginal Cooperation Health Service	NSW/ACT
Ricky Ah-See	Wellington Aboriginal Cooperation Health Service	NSW/ACT
Kane Dunn	Wellington Aboriginal Cooperation Health Service	NSW/ACT
Darren Green	Wellington Aboriginal Cooperation Health Service	NSW/ACT
Tyrese Newman	Wellington Aboriginal Cooperation Health Service	NSW/ACT
Caitlin Blissenden	Winnunga Nimmityjah	NSW/ACT
Modhar Al Miqdadi	Anyinginyi Health Aboriginal Corporation	NT
Garry James	Anyinginyi Health Aboriginal Corporation	NT
Martin Braun	Central Australian Aboriginal Congress	NT
Kirsty Hampton	Central Australian Aboriginal Congress	NT
Kasey Kopp	Central Australian Aboriginal Congress	NT
Mark Lockyer	Central Australian Aboriginal Congress	NT

NAME	ORGANISATION	S/T
Ghazal Torkfar	Central Australian Aboriginal Congress	NT
Nina Ahwong	Danila Dilba Health Service	NT
Joseph Knuth	Danila Dilba Health Service	NT
Caleb Niki	Danila Dilba Health Service	NT
Emma Baunach	Katherine West Health Board	NT
Rebecca Cooney	Katherine West Heath Board	NT
Francesca Breidahl	Miwatj Health Aboriginal Corporation	NT
Daniel Bromot	Miwatj Health Aboriginal Corporation	NT
April Dhamarrandji	Miwatj Health Aboriginal Corporation	NT
Judette Dhurru	Miwatj Health Aboriginal Corporation	NT
Demi Forward	Miwatj Health Aboriginal Corporation	NT
Julie Gapalathanaj	Miwatj Health Aboriginal Corporation	NT
Karen Gondarra	Miwatj Health Aboriginal Corporation	NT
Michael Guyula	Miwatj Health Aboriginal Corporation	NT
Thomas Guyula	Miwatj Health Aboriginal Corporation	NT
Madelyn Hay	Miwatj Health Aboriginal Corporation	NT
Leila Hudson-Dunn	Miwatj Health Aboriginal corporation	NT
Tayla Miegel	Miwatj Health Aboriginal Corporation	NT
Burrkitj Ngurruwuthun	Miwatj Health Aboriginal Corporation	NT
Jordan Wanybarrnga	Miwatj Health Aboriginal Corporation	NT
Trudy Wunungmurra	Miwatj Health Aboriginal Corporation	NT
Cyndi Cole	Nganampa Health Council	NT
Lee Lawrie	Nganampa Health Council	NT
Jana Booy	Apunipima Cape York Health Council	QLD
Kurtis Gibson	Apunipima Cape York Health Council	QLD
Fiona Millard	Apunipima Cape York Health Council	QLD
Liamon Mudd	Apunipima Cape York Health Council	QLD
Bonnie Smith-Robins	Apunipima Cape York Health Council	QLD
Kahlem Rapson - Charger	Bynoe CACS	QLD
Reece Griffin	Carbal Medical Services	QLD
Guyahny Rynne	Deadly Choices	QLD
Luke Dumas	Institute for Urban Indigenous Health	QLD
Stephen Upkett	Institute for Urban Indigenous Health	QLD
Johanna Beezley	North Coast Aboriginal Corporation for Community Health	QLD
Kylie Boyd	North Coast Aboriginal Corporation for Community Health	QLD
Alana Haymes	North Coast Aboriginal Corporation for Community Health	QLD
Nicole McDermott	North Coast Aboriginal Corporation for Community Health	QLD
Krystal Sidaway	North Coast Aboriginal Corporation for Community Health	QLD
Joanna Dorante	Torres Health Indigenous Corporation	QLD
Taylor Laube	Aboriginal Health Council of South Australia	SA
Tim Lawrence	Aboriginal Health Council of South Australia	SA
Deb Stead	Aboriginal Health Council of South Australia	SA
Harold Stewart	Aboriginal Health Council of South Australia	SA
Jordan West	Aboriginal Health Council of South Australia	SA
Trevor Wingard	Aboriginal Health Council of South Australia	SA

NAME	ORGANISATION	S/T
Paige Clutterbuck	Nunkuwarrin Yunti	SA
Patricia Cotton	Nunkuwarrin Yunti	SA
Raymond Landers	Nunkuwarrin Yunti	SA
Mick Mancell	Nunkuwarrin Yunti	SA
Zena Wingfield	Nunyara Aboriginal Health Service	SA
Kelly Anderson	Pangula Mannamurna Aboriginal Corporation	SA
Danielle Ashford	Pangula Mannamurna Aboriginal Corporation	SA
Chelsea Williamson	Pangula Mannamurna Aboriginal Corporation	SA
Pushpa Austin	Dandenong & District Aborigines Co-Operative	VIC/TAS
Emily Leon	Dandenong & District Aborigines Co-Operative	VIC/TAS
Prithimesh Sinha	Dandenong & District Aborigines Co-Operative	VIC/TAS
Jason Tamplin	Dandenong & District Aborigines Co-Operative	VIC/TAS
Tony Rotumah	Dhauwurd-Wurrung Elderly and Community Health Service	VIC/TAS
Brianna Malcolm	Dhauwurd-Wurrung Elderly and Community Health Service	VIC/TAS
Jamara Maza	Dhauwurd-Wurrung Elderly and Community Health Service	VIC/TAS
Amelia Bartlett	Flinders Island Aboriginal Association Inc	VIC/TAS
Ty Ebdon	Flinders Island Aboriginal Association Inc	VIC/TAS
Khristee Lade	Flinders Island Aboriginal Association Inc	VIC/TAS
Damien Abbey	Lakes Entrance Aboriginal Health Association	VIC/TAS
Karen Maggs	Lakes Entrance Aboriginal Health Association	VIC/TAS
Terrick Mullett-Morris	Lakes Entrance Aboriginal Health Association	VIC/TAS
Sarah Stewart	Lakes Entrance Aboriginal Health Association	VIC/TAS
Tessa Clarke	Mallee District Aboriginal Service	VIC/TAS
Jill Edens	Mallee District Aboriginal Service	VIC/TAS
Pam McCormack	Mallee District Aboriginal Service	VIC/TAS
Tanya Smith	Mallee District Aboriginal Service	VIC/TAS
Belinda Donaldson	Victorian Aboriginal Community Controlled Health Organisation	VIC/TAS
Lionel Austin	Victorian Aboriginal Health Service	VIC/TAS
Sarah Bayliss	Victorian Aboriginal Health Service	VIC/TAS
Tindarra Hood	Victorian Aboriginal Health Service	VIC/TAS
Cerrin Karpany	Victorian Aboriginal Health Service	VIC/TAS
Ethan Penrith	Victorian Aboriginal Health Service	VIC/TAS
Kim Gates	Aboriginal Health Council of Western Australia	WA
Rachel Radcliffe	Aboriginal Health Council of Western Australia	WA
Jack Champion	Bega Garberringu Health Service	WA
Hannah Skonis	Bega Garberringu Health Service	WA
Victor Smith	Bega Garberringu Health Service	WA
Melati Bin Aziz-Roe	Broome Regional Aboriginal Medical Service	WA
Latoyah Lawford	Broome Regional Aboriginal Medical Service	WA
Jade Skinner	Derby Aboriginal Health Service	WA
Kelly Capewell	Geraldton Regional Aboriginal Medical Service	WA
Denise Garlett	Geraldton Regional Aboriginal Medical Service	WA
Carmel Narrier	Geraldton Regional Aboriginal Medical Service	WA
Beau Simpson	Geraldton Regional Aboriginal Medical Service	WA
Brent Walker	Geraldton Regional Aboriginal Medical Service	WA

NAME	ORGANISATION	S/T
Mandy McSherry	Kimberley Aboriginal Medical Services	WA
Alyssa Monte	Kimberley Aboriginal Medical Services	WA
Jess Fitzgerald	Mawarnkarra Health Service	WA
Madeleine Shepherd	Mawarnkarra Health Service	WA
Jenny Turner	Ngaanyatjarra Health Service	WA
Raphael Sampi	Ord Valley Aboriginal Health Service	WA
Jennifer Rogers	Ord Valley Aboriginal Health Services	WA
Tina Ewen	Puntuturnu Aboriginal Medical Service	WA
Kristy Jetta	Wheatbelt Aboriginal Health Service	WA
Kelsey Osborne	Wheatbelt Aboriginal Health Service	WA
Kelly Prior	Wheatbelt Aboriginal Health Service	WA
Connie Yarran	Wheatbelt Aboriginal Health Service	WA
Denise Comeagain	Wirraka Maya Health Service Aboriginal Corporation	WA
Bernard Ho	Wirraka Maya Health Service Aboriginal Corporation	WA
Natalie Newie	Wirraka Maya Health Service Aboriginal Corporation	WA
Clayton Pearson	Wirraka Maya Health Service Aboriginal Corporation	WA
Trudi Strahan	Wirraka Maya Health Service Aboriginal Corporation	WA
Jayde Fuller	Yura Yungi Aboriginal Medical Service (Halls Creek)	WA
Jamaine Johnson	Yura Yungi Aboriginal Medical Service (Halls Creek)	WA
Di Bakon	Department of Health and Aged Care	Australian Government
Michelle Del Guzzo	Department of Health and Aged Care	Australian Government
Vanessa Garwood	Department of Health and Aged Care	Australian Government
Clayton Irwin	Department of Health and Aged Care	Australian Government
Katherine McHugh	Department of Health and Aged Care	Australian Government
Ben Mudaliar	Department of Health and Aged Care	Australian Government
Jayde Evison-Rose	Department of Health and Aged Care - NT	Australian Government
Jen Barrett	Department of Social Services	Australian Government
Liz Christie	Department of Social Services	Australian Government
Kerri Conway	Department of Social Services	Australian Government
Sheryl Cranston	Department of Social Services	Australian Government
Nathalie De Jonge	Department of Social Services	Australian Government
Justine Francke	Department of Social Services	Australian Government
Normy Germeroth	Department of Social Services	Australian Government
Sarah Hellings	Department of Social Services	Australian Government

NAME	ORGANISATION	S/T
Alex Jakob	Department of Social Services	Australian Government
Louise O'Shaughnessy	Department of Social Services	Australian Government
Caitlyn Purnell	Department of Social Services	Australian Government
Hayley Simpson	Department of Social Services	Australian Government
Natalie Stephens	Department of Social Services	Australian Government
Ann Tobin	Department of Social Services	Australian Government
Gailene Wesser	Department of Social Services	Australian Government
Kerindy Clarke	AMPLAR Health	Other
David Thomas	AMSANT	Other
Christina Heris	Australian National University	Other
Raglan Maddox	Australian National University	Other
Dean Pousini-Hilton	Australian National University- NCEPH	Other
Shavaun Wells	Australian National University- NCEPH	Other
Cameron Manning	Cancer Council NSW	Other
Maya Morton Ninomiya	Centre for Aboriginal and Torres Strait Islander Wellbeing Research	Other
Lena Etuk	CIRCA - Cultural & Indigenous Research Centre Australia	Other
Claudine Thornton	Claudine Thornton Creative	Other
Timmy Duggan	Hoops for Health	Other
Kantesha Takai	Lola Digital	Other
Sean Taylor	Menzies School of Health and Research	Other
Joley Foster	University of Newcastle	Other
Michelle Kennedy	University of Newcastle	Other
Chantal Vigona-Ross	Essendon Football Club	Other
Deborah Booker	National Best Practice Unit - Ninti One Limited	NBPU TIS
Glenn Clarke	National Best Practice Unit - Ninti One Limited	NBPU TIS
Kelly Franklin	National Best Practice Unit - Ninti One Limited	NBPU TIS
Keryn Maloney	National Best Practice Unit - Ninti One Limited	NBPU TIS
Scott McLennan	National Best Practice Unit - Ninti One Limited	NBPU TIS
Ashleigh Parnell	National Best Practice Unit - Australian Indigenous HealthInfoNet	NBPU TIS
Tricia Pearce	National Best Practice Unit - Ninti One Limited	NBPU TIS
Rod Reeve	National Best Practice Unit - Ninti One Limited	NBPU TIS
Edward Tilton	National Best Practice Unit - Edward Tilton Consulting	NBPU TIS
Maxine Turner	National Best Practice Unit - Ninti One Limited	NBPU TIS
Eileen Van Iersel	National Best Practice Unit - Ninti One Limited	NBPU TIS
Kureisha Wilson	National Best Practice Unit - Ninti One Limited	NBPU TIS



National Best Practice Unit Tackling Indigenous Smoking

National TIS Workers Workshop 2023

Nation-to-Nation Café: Vaping Same but Different

8th March 2023

Darwin Convention Centre, NT



Introduction

The World Café® is a format developed to support collaborative conversations to answer questions that matter. It is built on the belief that:

- people have the wisdom and creativity to confront even the most difficult challenges;
- the answers we need are available to us;
- we are **Wiser Together** than we are alone.

NBPU TIS is founded on the principle of shared wisdom and a collaborative approach to evidence-based problem solving, making the World Café® format the ideal model for addressing the complex issue of youth vaping.

Rebranded as a 'Nation to Nation Café' to signify the many Aboriginal and Torres Islander Peoples represented in the room, the café addressed the following 'question that matters':

What activities are you doing that are working to change youth attitudes and behaviour about vaping?

The Café

Twenty café tables were hosted by NBPU TIS staff and workshop presenters. In honour of the workshop taking place on International Women's Day, the tables were named after influential Aboriginal and Torres Strait Islander women. Participants engaged in two rounds of conversation at different tables, following the principles of the World Café® including focusing on what matters, being open, honest and collaborative – but also having fun (see Appendix 1).



Participants

A total of 198 staff from 38 of the 39 organisations funded under the Australian Government Department of Health and Aged Care's Tackling Indigenous Smoking Program participated in the 'Nation-to-Nation Café'.

Shared wisdom



Café discussions emphasised the extent of vaping as a 'wicked' public health problem that needs to be addressed across Aboriginal and Torres Strait Islander communities. Whilst some remote communities have only had limited experienced of vaping (FIFO workers, contract workers and - increasingly - non-Indigenous staff) this is changing. Once vaping becomes accepted in a community it

increases very rapidly. As one participant noted 'it's going to be everywhere'. Age is also no barrier to vaping, with children under 10 accessing vapes in some regions. Youth access vapes either by purchasing them online, from servos or from other youths – or they are given vapes by friends at school or by family (notably parents). Reasons for youth vaping include:

- peer pressure;
- coping with social anxiety;
- thrill seeking/ adrenalin rush;
- seeing vaping as harmless fun (fruit flavours, just water).

Discussions focused on the main café question - **What activities are you doing that are working to change youth attitudes and behaviour about vaping?** - described collaborative efforts that include youth, their parents and families, community members, schools and teachers.



Education, according to TIS teams is key to tackling vaping, with a focus on providing information about vaping alongside information on smoking. It was suggested that using the term 'e-cigarettes' rather than vapes would help youth make the connection. A range of educational activities, carried out in different settings and to different audiences were described. These are summarised in Figure 1 and described briefly below.

Who?

Educating youth is seen as important, however it was also acknowledged that influential adults (teachers, parents, Elders) also needed more knowledge of the harms of vaping. This would allow them to provide ongoing support for the 'no vaping' stance. Adult and youth lack of knowledge about vapes was seen as a major challenge to addressing youth vaping. Education was especially important where parents were the ones supplying the vapes to their children. Educating young children – hopefully before they start vaping – was also seen to have merit. Young children will start the conversation at home and share what they know with their parents. Mandated education for teens suspended from school for vaping was also described by a number of teams.

Where?

Delivering the message in the places youth hang out is key to effective education. This includes schools, but also other places such as community events, youth groups, sporting events and social media. Bush camps led by respected Elders were also valued.



How?

The right approach to message delivery had also been considered by teams and included:

- seeking out and using peer leaders, ambassadors and role models to relay the message;
- yarning with youth and adults;
- involving youth in the design and delivery of messages;
- fun interactive activities (e.g., Amazing Race, Kahoot Quizzes, designing posters);
- sharing real and relatable stories of actual harms suffered by Australian youth;
- using age-appropriate resources - animations, videos, posters with impact;
- building relationships so youth feel safe and supported during discussions;
- working in partnership with others – e.g., schools, Police Citizens Youth Clubs.

What?

Material covered during education sessions included skills training as well as information about vapes and their content:

- information about the harm vapes can cause both on the person vaping (e.g., burns from exploding vapes, seizures from vape content) and the impact of aerosol on others;

- myth busting – e.g., vapes don't just contain water, the power of marketing and combating the 'cool' image;
- using role play to give youths the skills to resist peer pressure to vape;
- teaching youth to respect and value themselves and make better choices for the future.

In addition to education, teams described the importance of having supportive smoke and vape free environments for youth – homes, cars, workplaces, events and sporting venues. Clear signage banning vaping as well as smoking can help with the implementation of these 'clean' spaces. Schools can also play a part by investing in vape detectors and checking schoolbags to keep schools vape free.



It was also noted that vaping is an issue that must be addressed at the policy level as well as the community level, with strong legislation that is enforced by authorities. Reporting retailers who are selling vapes illegally was described as one way that teams can help support implementation of the law. Lobbying for change (a voice to parliament) was also endorsed as this is seen as an issue that needs to be addressed federally. Suggested solutions included:

- requiring plain packaging that displays warning labels about unknown ingredients;
- harsher penalties for illegal suppliers/stores selling to minors etc;
- regulate/ban certain flavours;
- prohibiting online sales of vapes;
- better regulation of imports (e.g., enforce 'prescription only' legislation for nicotine vapes);
- greater consistency across state and territory legislation;
- addressing industry marketing of vapes directed at young people;
- a national mass media campaign to address both smoking and vaping.

What next?

Teams were clear about the need for:

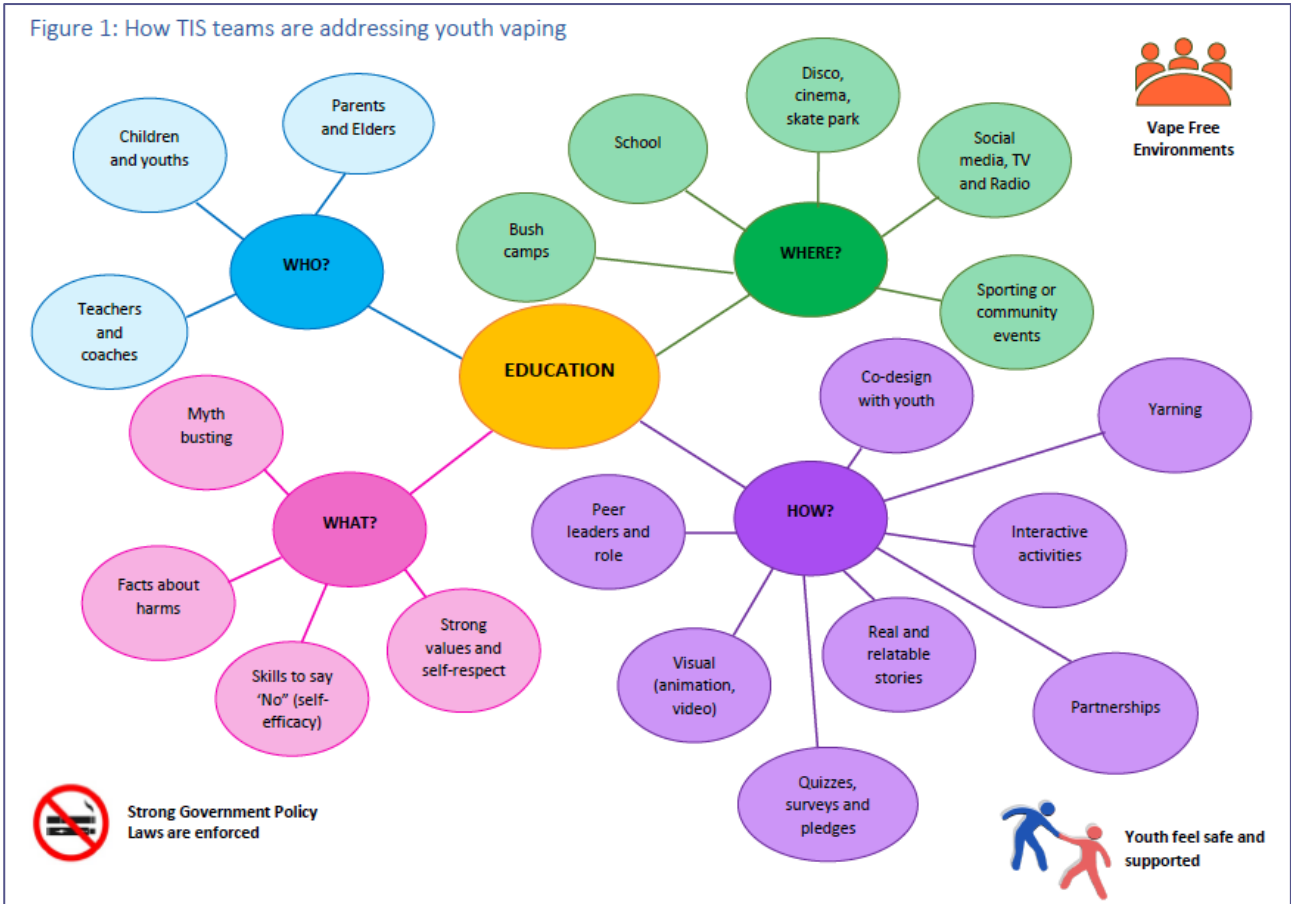
- access to vaping cessation support for youth;
- better education for health professionals;
- schools to invest in teacher training, support for pupils (counsellors) and better signage;
- smoking and vaping information to be integrated with wellbeing/alcohol and other drugs education sessions.

Teams also wanted:

- more research/information about vaping, particularly its impact on health and vaping in the Australian context;
- access to more vaping resources.

NBPU TIS will continue to assist teams to stay up to date with the evidence by ensuring that emerging research is provided on the website and National TIS Workers Yarning Group on Facebook, as well as through factsheets and tailored education sessions. During the café teams described a number of innovative activities and resources that they use with youth. We will work with teams to make as many of these 'home grown' resources available through the TIS website, the Yarning Group and other appropriate communication channels.

Figure 1: How TIS teams are addressing youth vaping



Appendix 1: Café Etiquette

NATIONAL BEST PRACTICE UNIT
TACKLING INDIGENOUS SMOKING

NATION TO NATION CAFÉ

CAFÉ ETIQUETTE

- Play, doodle, draw
- Have fun!
- Listen to understand
- Link and Connect Ideas
- Listen together for deeper insights
- Focus on what matters
- Contribute your thinking
- Speak your mind and heart