



Sunrise Health Service

NT/QLD JURISDITIONAL WORKSHOP

27-29 APRIL 2022

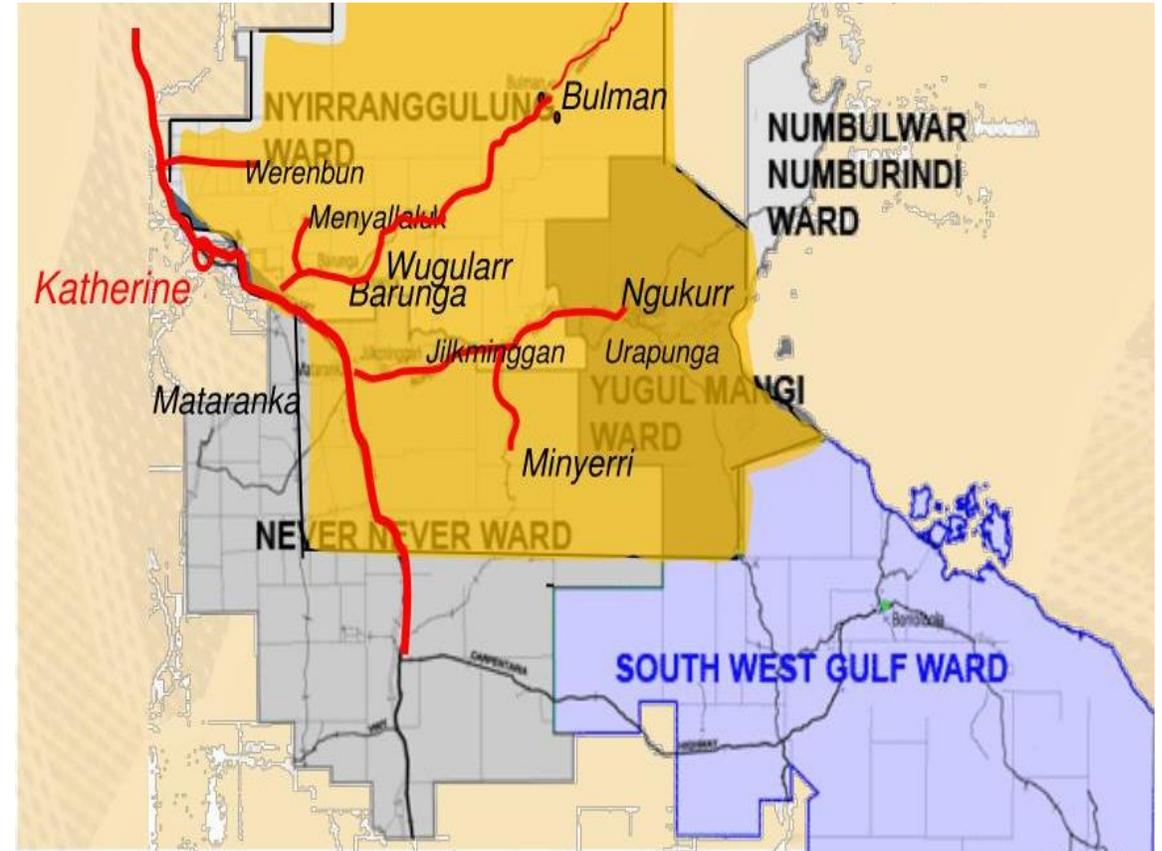


Acknowledgement

*Image:
How to spend 48 hours in Cairns | NeedaBreak*

Who are we?

- ▶ Aboriginal Medical Service, servicing Remote Eastern communities
- ▶ 10 communities, 9 clinics
- ▶ Primary health care and allied health



What we're about

- ▶ Positive Health Promotion and Prevention
- ▶ Empowering, building skills and understanding in our team and region
- ▶ Taking on locals input on projects





What we've been up to.

- ▶ Covid and Tobacco Talks
- ▶ Smoke free Vaccination roll outs
- ▶ Cert II Primary Health Care
- ▶ Emotional Intelligence Training
- ▶ COVID!

What we're doing

- ▶ Restructuring the team
- ▶ Recruiting
- ▶ Reassessing
- ▶ Themed days
 - ▶ 12 week rotation
 - ▶ Different topics everyday
 - ▶ Tackling Indigenous Smoking tied into each topic

Monday

Social, Emotion
and Wellbeing.
Mental Health.

Tuesday

Cardiovascular
and Respiratory
Systems

Wednesday

Adult health,
reproductive and
Digestive System

Thursday

Chronic Diseases,
Integumentary
System



What we want to do

- ▶ Deliver Health Literacy Education
 - ▶ Basic Anatomy and Physiology
 - ▶ Triage Systems
 - ▶ Definitions of Health Promotion and Prevention
- ▶ Develop a Smoke Free Homes Community driven and sustained Project
- ▶ Create a “TIS &...” template

Questions, or
Suggestions?