

# Wheatbelt Tackling Indigenous Smoking Program

Delivers *population health promotion approaches* to reduce smoking among Wheatbelt Aboriginal people

= **MAXIMUM** reach



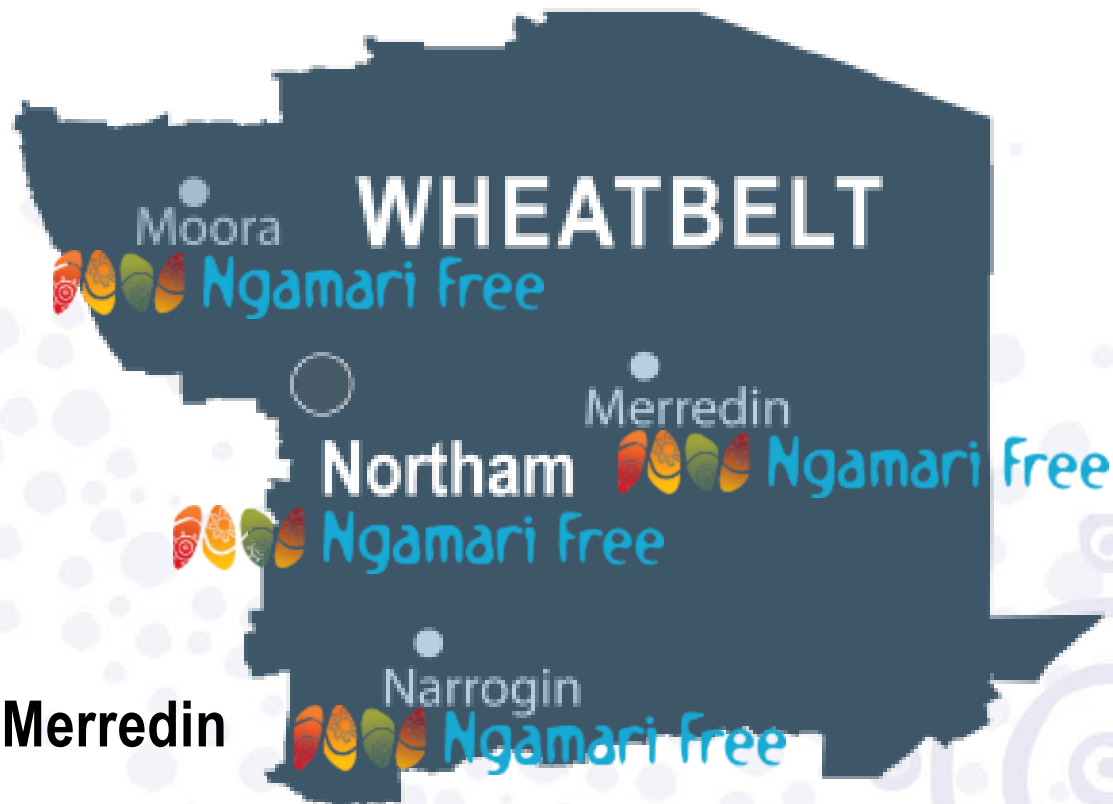
Wheatbelt Aboriginal Health Service  
WA Country Health Service

# Where are we?

The Wheatbelt region  
of the WA Country  
Health Service  
covers approximately  
158,000 sq kms

## Bases in:

- Primary Health teams in  
**Moora, Narrogin and Merredin**
- Wheatbelt Aboriginal Health  
Service in **Northam**



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WA Country Health Service



# Who are we?



**Passionate**



**Teamwork**



**Community  
focused**



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WA Country Health Service



# Who we target



- All Aboriginal people in the Wheatbelt!
- ~ 4,500 Aboriginal people in Wheatbelt
- Our target groups range from start of life to late life stages:
  - Boodjari Yorgas
  - Young people
  - People with chronic disease
  - Elders





Ngamari Free

# Young People Campaign

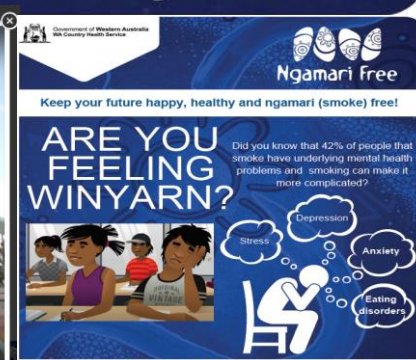
Our successes,  
Our Challenges and  
Our Way Forward



**Wheatbelt Aboriginal Health Service**  
WA Country Health Service



Posters and Brochures  
Media  
Education  
Advertising  
Planning  
Evaluation  
Stakeholder Engagement  
Events  
Yarning Groups  
Merchandise  
Data Collection  
Collaboration



For support to quit please call the Tackling Indigenous Smoking team at  
Wheatbelt Aboriginal health service (WAHS).  
WAHS Avon Central - (08) 9650 2888 WAHS Western - (08) 9651 0270  
WAHS Eastern - (08) 9681 3222 WAHS Southern - (08) 9681 0305



Today's date: 2/11/21 what was the session called: \_\_\_\_\_

1. I am (please tick boxes)  
☒ Male ☐ Female ☐ Other  
☐ Aged under 15 ☐ Aged over 15

Please tick a box for each row:

	Yes	No	Rather not say
Have you smoked before?		<input checked="" type="checkbox"/>	
Have you vaped before?		<input checked="" type="checkbox"/>	
Is there smoking in your home?		<input checked="" type="checkbox"/>	
Is there smoking in your car?		<input checked="" type="checkbox"/>	

Please tick one box for each question:

	Nothing	A little	A lot
2. 4. How much do you know about how smoking can affect your health?	<input checked="" type="checkbox"/>		
3. How much do you know about the effects of second hand smoke?	<input checked="" type="checkbox"/>		
4. How much do you know about the harms of e-cigarettes to your health?	<input checked="" type="checkbox"/>		

5. What do you think about smoking?  
☒ It's cool ☒ Not that bad ☐ Really bad

6. List 3 harms caused by smoking  
 Cancer      Bandido

Thank you for completing this survey!



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## Moora Block Party 2021







**Pingelly World no tobacco day  
2021**



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## Kellerberrin Ngamari Free after school Basketball



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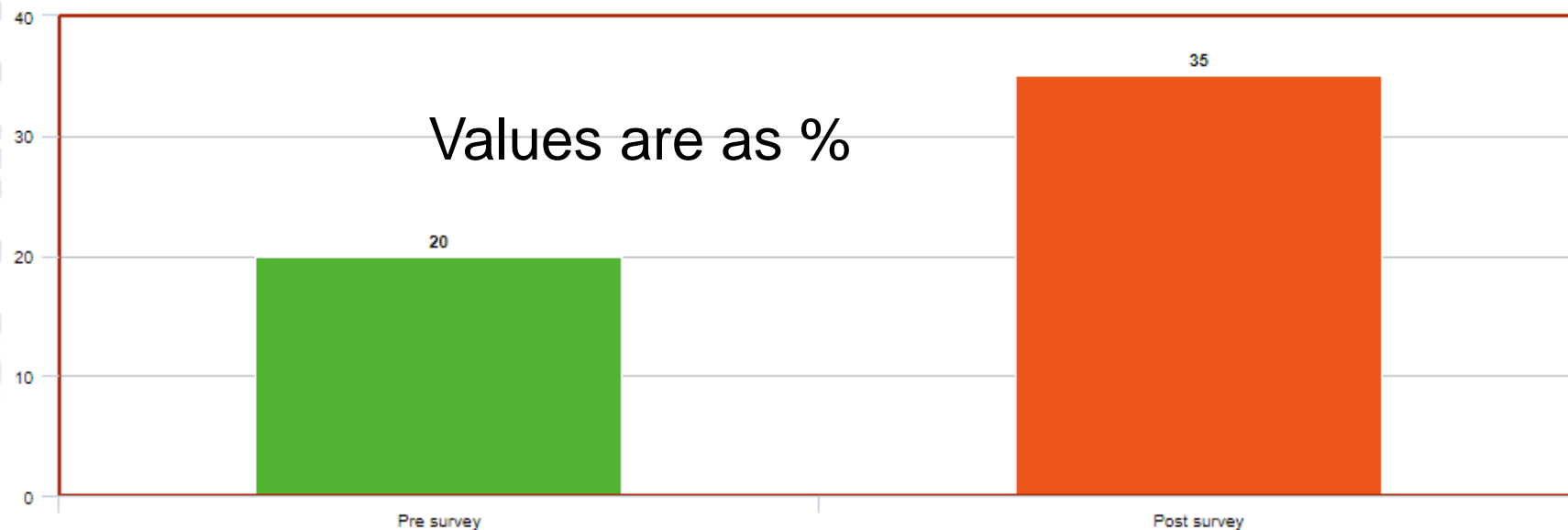
# Kaartdjin Ngamari School Education Program

45 school aged children across 5 schools in the Wheatbelt

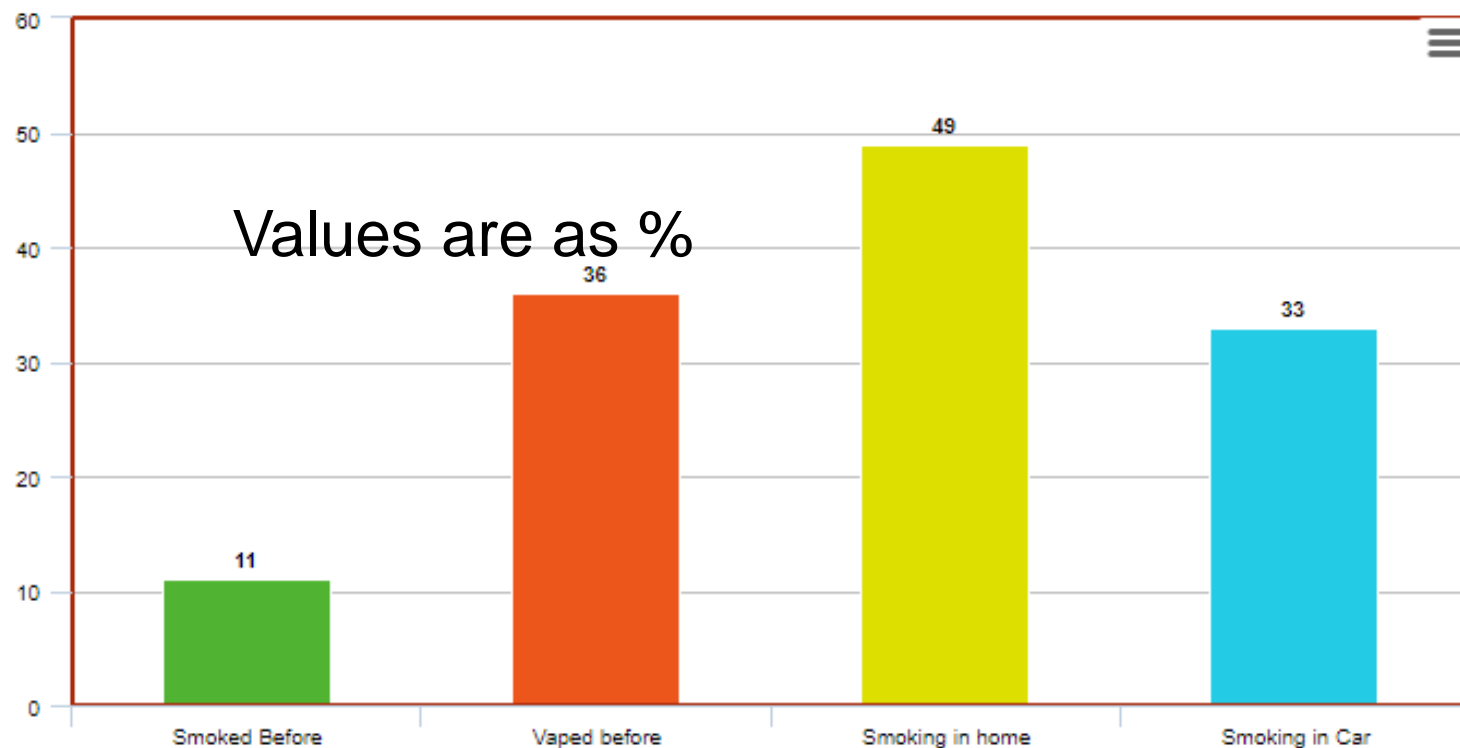




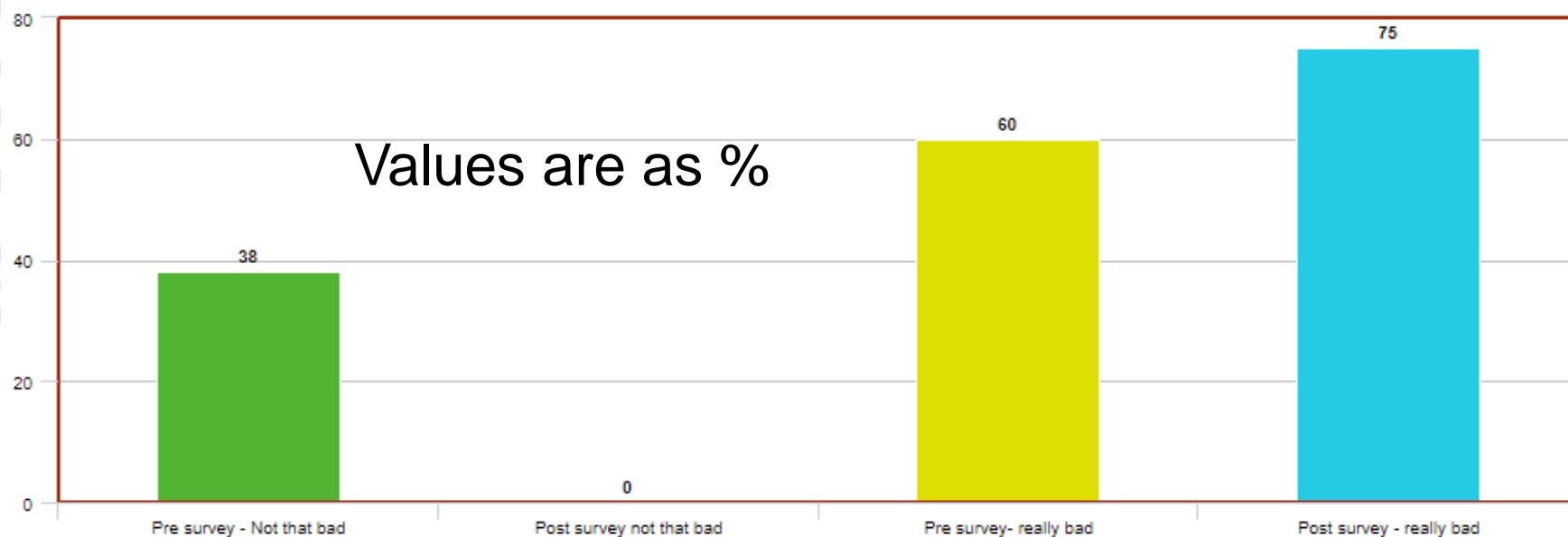
## Know a lot about how smoking can affect health





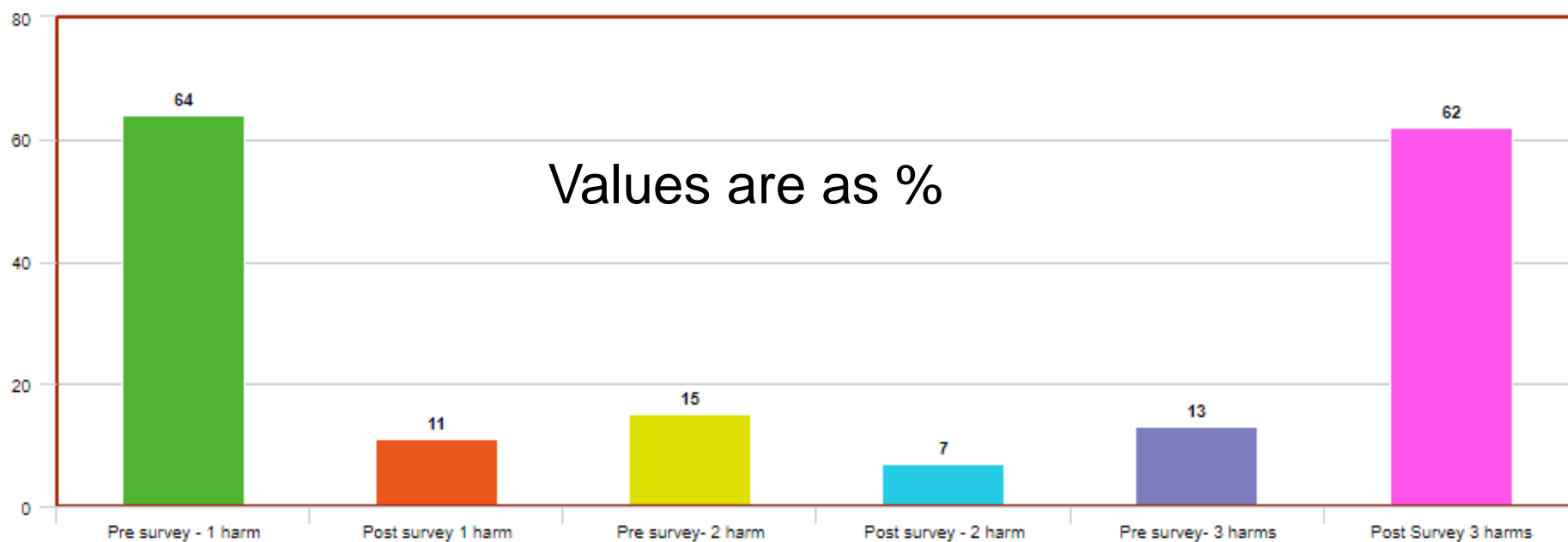


## What do you think about smoking?





## Harms associated with smoking



# Our Challenges

COVID, COVID, COVID

Staffing

Ongoing exposure to e-cigs and smoking among youth

Resistance to change

Media – the power of influencing the youth

Processes

**But we won't let that stop us!**



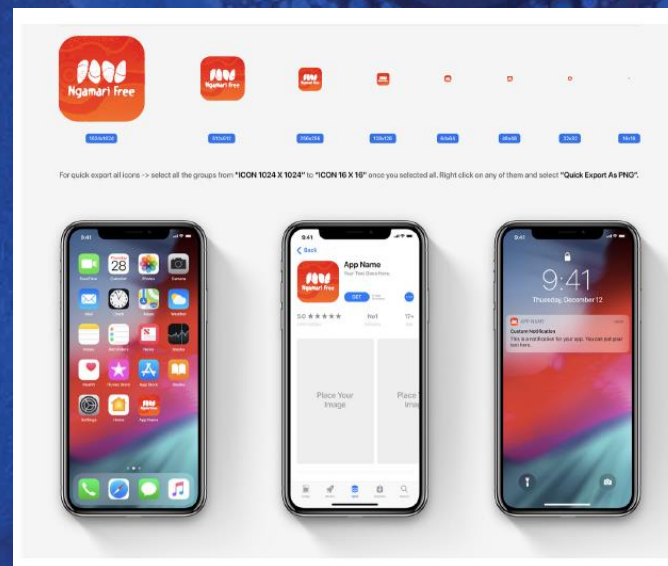




# Our Way Forward



Kaartdijin Ngamari  
Online



Ngamari Free App  
End of May!



Wheatbelt Aboriginal Health Service  
WA Country Health Service



Government of Western Australia  
WA Country Health Service



Ngamari Free

# Thank You



**Wheatbelt Aboriginal Health Service**  
WA Country Health Service

COMMUNITY | COMPASSION | QUALITY | INTEGRITY | EQUITY | CURIOSITY