


Flinders Island Aboriginal Association Inc.

Tackling Indigenous Smoking



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We would like to acknowledge the traditional custodians of the land, and pay our respects to Elders past, present and emerging.

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Smoking Education Sessions

The Tackling Indigenous Smoking Team have recently been facilitating our four week quit smoking information sessions in partnership with the South East Tasmanian Aboriginal Corporation and being held at the wayraparattee Child and Family Centre in Geeveston (far south of Tasmania).



Our four week quit information sessions program, covers a holistic approach to quitting smoking with sessions based on quit smoking barriers previously identified by target groups.



These have included (but are not limited to) an information session with the Tackling Indigenous Smoking Team, Nutrition and physical activity information facilitated by the Deadly Choices Team, Stress management and mindfulness and relaxation through connection to country.



Outcomes of the session

Attendees gained a range of valuable tools to help them quit smoking

Quitline referrals

Extending our reach by delivering our sessions to far south of Tasmania

Community connections

Creating valuable partnerships for future sessions

Positive feedback from participants through evaluation forms

FIAAI TIS Programs 2022

World No Tobacco Day Golf event on Cape Barren Island

Attending numerous WNTD events throughout the week

FIAAI TIS have been apart of the SEATIS consortium and together have created some great resources.

Continuation of our successful primary and high school programs

More community smoking education sessions

Celebrating NAIDOC week and attending events across Tasmania.

Attending numerous expos and events held throughout 2022.

Continue to offer smoke free signage to create more smoke free areas

SNEAK PEEK

We are currently working on refreshing our campaign and resources.



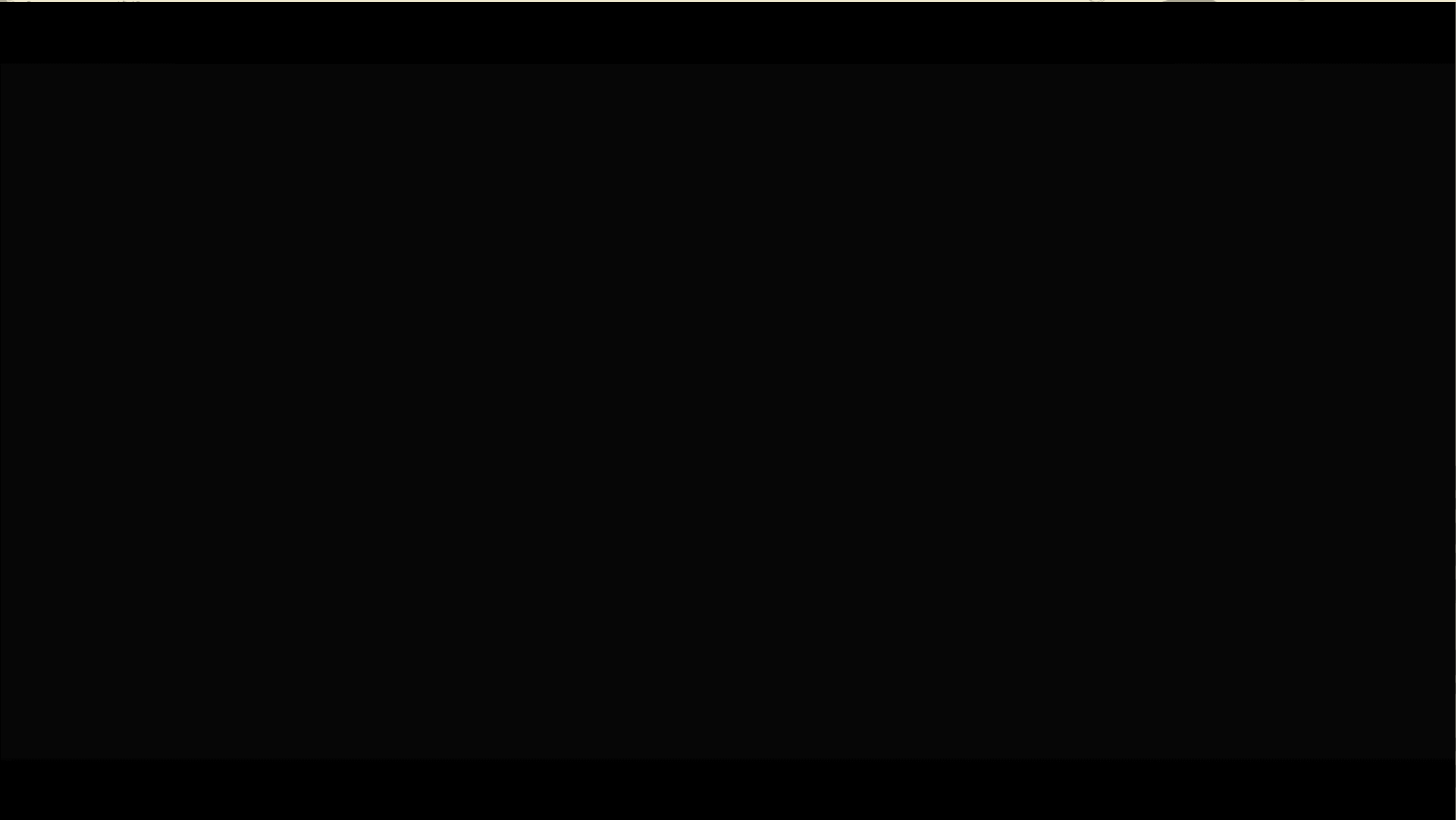
For Quit support call 13 78 48
or contact your local GP or health service



BUS CAMPAIGN AND
UPDATED RESOURCES



NO SMOKES NO LIMITS AMBASSADOR JAY WOOLLEY



YOUNG AMASSADOR NATALIA