



## Anyinginyi Health Aboriginal Corporation

October 2021



This story was submitted to the National Best Practice Unit for Tackling Indigenous Smoking (NBPUI TIS) by Anyinginyi Health Aboriginal Corporation's TIS team. Many thanks to Anyinginyi Health Aboriginal Corporation for sharing their story.

### **What area do you service?**

The Anyinginyi Health Aboriginal Corporation services the Tennant Creek and Barkly regions of the Northern Territory.

### **Tell us about your success story.**

For our Community Living Area activity we created a model which features health information about the effects of second-hand smoke and its impacts on people's health, animals (pets) and their environment. The small houses in our model are hollow, so we can light a small amount of incense on bottle lids to represent the distance cigarette smoke can go; this was stepped out to show the radius of smoke between wall cracks, under doors and neighbours' homes.



Our activity in relation to second-hand smoke was delivered at the local primary school, BRADAAG (Barkly Region Alcohol and Drug Abuse Advisory Group) and to women who attended the Julalikari Council Aboriginal Corporation Marlungku-Kari Child & Family Centre's Basic Living Skills Program. We linked the Community Living Area second-hand smoke project to an activity that asked smoke and health related questions associated to a picture of a community (town). The ladies completed this activity in groups and really enjoyed finding the answers, since this whole exercise made an impact visually and increased their knowledge of tobacco smoke impacts.

Below is feedback by the manager of the Marlungku-Kari Child & Family Centre Julalikari Council Aboriginal Corporation on the first delivery of second-hand smoke Community Living Area activity:

"The Basic Living Skills Program was extremely awesome, with both Reanna [Bathern] and Stephanie [Parlow] doing the best ever TIS workshop. The families all enjoyed the little workshop and everyone got involved with it. A big shout out to your team members for putting it together and it was great to watch Reanna present it to the families - they all loved it. Thank you big time to Reanna and Stephanie, who both gave a great presentation. I cannot thank your team enough for always working with Marlungku-Kari CFC to deliver a great service in our community and surrounding communities."





**Who was the activity designed to reach?**

Pre- and post-data collection from our education sessions identified that women had the least knowledge of what second-hand smoke was and how it can affect non-smokers and others around cigarette smoke. The activity was designed to have an impact on youth and the services that support women, e.g. the BRADAAG program, Stronger Families program, Basic Lifestyles program and any other program relevant to the delivery of the TIS program.





**Can you sum up what you have achieved through this program/activity?**

Using the visual model and linking it in with the other question-based activity was impactful, with the information easily stored in the minds of people who are living with addictions. For future sessions we would like to engage more community members in the development of the small Community Living Area project.