



Central Australian
Aboriginal Congress
ABORIGINAL CORPORATION

Werte!

Alice Springs Tackling Indigenous Smoking

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Werte!
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- 1. Pregnancy Program**
 - 2. World No Tobacco Day**
 - 3. Workforce Development**
 - 4. Schools**
 - 5. Right Tracks- Redtails/ Pinktails**
 - 6. Services**
 - 7. TV Ads**
-

12 Week Pregnancy Program

12 WEEKS:

1. Introduction/Smoking in Pregnancy
2. Your Smoking Journey
3. Barriers
4. Activity Session
5. Chronic Disease
6. Harmful Substances
7. Healthy Relationships
8. Second/Third Hand Smoke
9. Yarning Circles

Smokerlizer reading and Incentive





World No Tobacco Day

Santa Teresa Colour Smash

The Congress TIS team have been busy engaging with the local community this month in conjunction with World No Tobacco Day.

We visited the Ltyentye Apurte Catholic School for a colour smash, and encouraged kids to fill the sky with colour, not cigarette smoke.

The day also included an information session about the harmful effects of smoking, and empowering the next generation to make healthy choices.



CONGRESS' WORLD NO TOBACCO DAY

COLOUR SMASH FUN RUN + WALK

Go to school every day so you
can fill the sky with colour,
not cigarette smoke

Thursday 27 May

3pm - 6pm

Papunya Community Oval
Light BBQ supper provided



NORTHERN
TERRITORY
GOVERNMENT



OUTBACK
CATERING



A FREE EVENT FOR THE WHOLE COMMUNITY

Papunya



Community Events





fab **ALICE** f e s t i v a l

THIS WEEKEND!!!

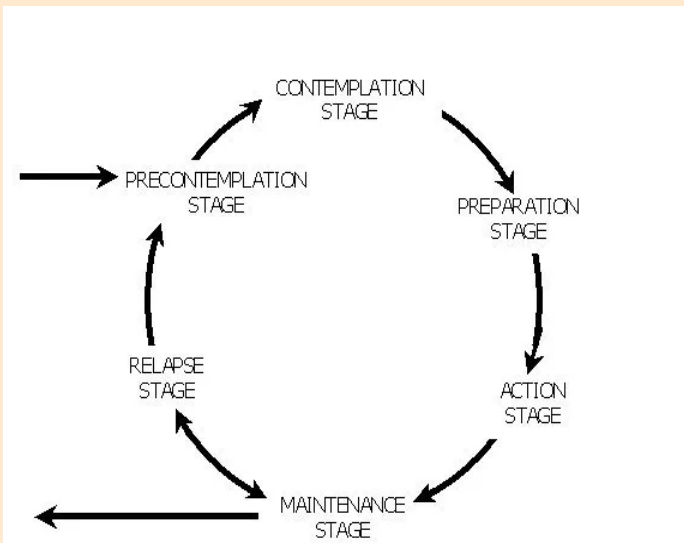


Workforce Development / Policy



Pre/Post Evaluation

1. Tobacco is the most preventable cause of ill health and early death in Australia?
True/False
2. Who can carry out brief interventions around the harmful effects of smoking?
 1. Dietician
 2. Health Promotions Officer
 3. Clinician
 4. AHP
 5. All of the above
3. Do you feel confident in asking clients about their smoking status and providing brief interventions? Yes/No/Unsure
4. Are you aware of the 'Stages of Change' theory in relation to smokers and how this could relate to quitting? Yes/No/Unsure



Smoking

- Smoking rates for Congress clients 30 – 50% current smoker
- Smoking amongst pregnant clients consistent with non – pregnant
- 1 in 5 Australians experience a mental health or behavioural condition which may lead to people taking up smoking



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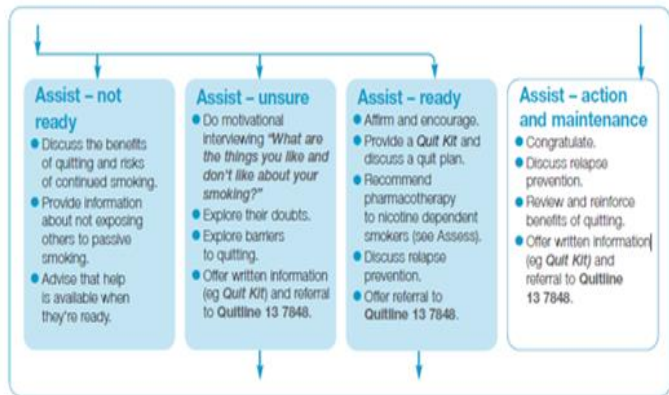
Congress Tackling Indigenous Smoking Program

- Population Health
- In town and remote
- Brief intervention and group work BUT not allowed to provide 1:1 support
- Refer clients to clinic or Quitline
- Smoke free spaces, homes and cars

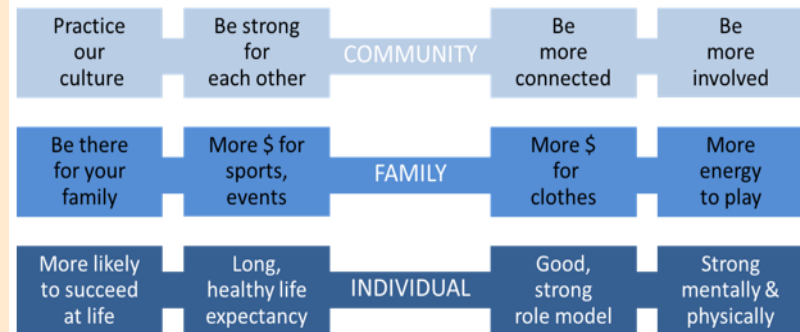


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Brief Intervention



Some tips to encourage quitting



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A friendly reminder about smoking in the workplace



- Smoking by employees, clients, patients, visitors, contractors and board members will not be permitted at any Congress workplace premises including indoor areas or cars parked within 15 metres of the premise boundaries .
- Smoking is strictly prohibited in all Congress vehicles including vehicles for private use, buildings, office areas, enclosed work areas (stairwells, fire escapes, lifts, toilets), car parks, stores, complexes, inside buildings under construction or re-furnishments, storage facilities
- Congress employees are not permitted to smoke while on duty. This includes paid breaks ie morning/afternoon tea breaks and moving between officers but does not include unpaid lunch breaks.
- Congress employees are not permitted to smoke in view of clients.
- Congress employees are not permitted to smoke while wearing a Congress uniform.
- Employees who continue to breach this policy may face disciplinary procedures.
- Employees who fail to comply with this policy may also be liable for a fine under the Northern Territory of Australian Tobacco Control Act 2002

It is the managers responsibility to

- Make sure all workers and visitors are made aware of the policy and its location through inductions and team meetings.
- Ensure staff are compliant with the policy and address any compliance issues
- Encourage a workplace culture that supports staff who want to quit smoking

The TIS team is available to chat to teams the effects of smoking including 2nd and 3rd hand smoke and to provide support and guidance to any staff who do want to quit.



Redtails trip to Darwin to verse Big River FL Team - 22.01.2021 to 24.01.2021
Squad photo – 22nd January 2021



Individual photos from top LHS – Darren Abbott - Captain, Luke Adams –Vice Captain, Alonzo Nelson, Cheyne Miles, Dylan Barry, Edward Hampton, Ethan Liddle, Gareth Remfrey, Jackson Cole, Jamal Lynch, Kurt Abbott, Lauchlan Lake, Luke Farrows, Luke Foster.
RH side top photos –Nigel Lockyer Jr, Robert Smith, Rohan Armstrong, Shawn Foster, Thomas Swan, Tom Clarke, William Carlile.
Shaun Cusack – Head Coach Rob Clarke, Ian McAdam, Darren Talbot & Damien Hall – Assistant Coaches.
Kirstin Remfrey – Sports Med/Trainer, Alecia Clark – Team Manager

Right Tracks has been developed to engage and support Indigenous males aged between 18 – 25 yrs in a catered learning and intensive supportive environment which will focus on:

- Numeracy & Literacy
- Health & Wellbeing
- Mental Health
- Alcohol / Tobacco education**
- Language and Culture
- Job ready mentoring
- Challenge Projects
- Work experience / Pathways to potential employers
- Life Skills training
- Pathways to Higher learning / Apprenticeships
- Leadership development
- AFL Football CAFC (Redtails)



Training

AMSANT conducted a training session about CQI, specifically for Aboriginal workforce.



TV Ad's

