

National Best Practice Unit –
Tackling Indigenous Smoking

**JURISDICTIONAL
WORKSHOP REPORT
VICTORIA & TASMANIA**

10 September 2020

November 2020

Introduction

The Tackling Indigenous Smoking (TIS) jurisdictional workshops are an important way in which the National Best Practice Unit Tackling Indigenous Smoking (NBPU TIS) provides support to the TIS teams located in the Regional Tobacco Control Grant (RTCG) organisations.

The workshops aim to:

- promote an evidence-based approach to tackling smoking in Aboriginal and Torres Strait Islander communities;
- share best practice of 'what works' and develop a community of practice amongst TIS teams (peer-to-peer learning and network building);
- provide a forum for resolving implementation challenges;
- provide training and tools to assist TIS teams in program delivery; and
- ensure a shared understanding of the TIS program

There are six jurisdictional TIS workshops per year¹.

The Victoria and Tasmania Jurisdictional Workshop

Usually TIS jurisdictional workshops are held face-to-face in a major or regional centre within the jurisdiction(s). Unfortunately, the COVID-19 pandemic has made this impossible, and the Victoria / Tasmania jurisdictional workshop was held by videoconference (Zoom). The workshop was held on its planned date of 10 September but was shortened to a half-day (3 ½ to 4 hours) to fit the online format.

Program

A draft workshop program was developed in consultation with TIS teams from Victoria and Tasmania. See [Attachment A](#) for an outline of the program as distributed to participants ahead of the workshop.

Summaries of the Workshop sessions are as follows – please see participant presentations on the Jurisdictional Workshop presentations page of the TIS Website² for details.

- 1. Housekeeping and Zoom meeting workshop guidelines (Benjamin Stewart, NBPU TIS)**
- 2. Acknowledgement of Country & Introductions (Raquel Kerdel, NBPU TIS)**
- 3. Latest Update for the TIS Program from the National Co-ordinator (Prof. Tom Calma AO)**

Professor Calma gave an overview of the TIS Program for the new participants as well as for existing teams. Information covered in the presentation included: the expansion of programs to target pregnant women and remote area smokers; continuing evaluation to monitor the efficiency and effectiveness of individual programs; an overview of TIS program processes; evaluation of TIS (CIRCA and ANU); performance report lodgement and review process; monthly TIS communique and TIS Yarning

¹ The workshops for New South Wales and the Australian Capital Territory, and for Tasmania and Victoria are combined.

² See <https://tacklingsmoking.org.au/resources/jurisdictional-workshop-presentations/>.

Places; e-cigarettes (Big Tobacco and Vaping, TGA directions on e-cigarettes); the TIS program's response to the COVID-19 pandemic; information about World No Tobacco Day 2020; and staying healthy during COVID-19.

4. Impact evaluation of TIS regional grants on smoking outcomes (Raglan Maddox, ANU)

This presentation was delivered by Raglan Maddox from the Australian National University (ANU). Information in the presentation relates to: an impact evaluation conducted of TIS regional grants on smoking outcomes; the Mayi Kuwayu study; the *Review of tobacco use among Aboriginal and Torres Strait Islander peoples*; and EOIs to pilot the TIS Intensity Tool.

5. Program update from the Department of Health (Trudy McInnis, Department of Health)

Ms McInnis updated participants on the TIS program from the perspective of the Department of Health, including on: new smoking rate data; new/expanded remote RTCGs; new NT remote Indigenous Tobacco Control Working Group; Indigenous Smoking in Pregnancy Roundtable (presentations now available on the TIS website [here](#)); updates to governance and administration; COVID-19; and plans for the coming year.

6. Supporting Indigenous Smokers to Assist Quitting, Implementation phase (Gillian Gould, iSISTAQUIT)

This presentation was delivered by Associate Professor Gillian Gould from the University of Newcastle about the Supporting Indigenous Smokers to Assist Quitting (iSISTAQUIT), iSISTAQUIT, and Which Way? projects.

7. Presentation by Aboriginal Quitline Victoria (Glen Benton)

This presentation was delivered by Glen Benton, the Partnerships Officer for Aboriginal Quitline, part of Cancer Victoria. Glen provided information on the outreach and promotion of the Aboriginal Quitline to the Victorian Aboriginal community; trauma-informed practice; the Quit-Stories podcast; and the new Aboriginal Quitline animation.

8. TIS Team Shared Success Stories (TIS Team Volunteers)

Each TIS team was invited to brief the workshop about their approach to tackling smoking in the Aboriginal and Torres Strait Islander communities they serve and their successes and challenges.

9. Reflections on the messages from the workshop / Wrap up from the National Co-ordinator (Prof. Tom Calma AO)

Professor Tom thanked teams for their presentations and sharing the work that is being done across WA. He reminded teams that this is the third year of the 4-year TIS funding cycle and that everyone needed to continue their great work to reduce smoking rates in the communities they serve.

A further session – **Monitoring and Evaluation for Social Media** – was planned to be presented by Penney Upton for the NBPU TIS. Unfortunately, due to previous sessions running over time, it was not possible to make this presentation during the workshop.

Instead, the NBPU TIS is planning to produce a narrated PowerPoint on this topic, for distribution to all TIS teams across the country.

Attendance

The videoconference was attended by 31 participants, including 17 representatives from 6 different TIS teams from across the two jurisdictions.

See [Attachment B](#) for a list of participants.

Participant Evaluation

Each jurisdictional workshop includes participant evaluation, with both quantitative and qualitative feedback. This assists the NBPU TIS to ensure that future workshops are of most use to TIS teams. When workshops are held face-to-face, participant evaluation feedback can be received both online and in hardcopy; with online videoconferences participants are asked to respond using an online survey platform (Qualtrics). Response rates for online videoconferencing are generally lower than for face-to-face workshops, partly because multiple TIS team members attending through one video location are likely to give one response, and partly because it may be difficult for participants to find the time to respond once they leave the workshop and return to their busy workplaces. For the VIC/TAS workshop NBPU TIS used the following approach to increase evaluation response rates in the videoconference format:

- A short video showing how to access the survey through the Zoom chat function, and how to respond to the online questions was played at the start of the workshop;
- A test question was included at the start of the survey, so participants could experience the functionality and flow of the survey process;
- Regular reminders to complete the survey were given at the end of each presentation, and again at the end of the workshop.

A total of 22 participant evaluation responses were received for the workshop. However, some participants did not answer all the questions.

Overall satisfaction with the workshop was high. Sessions were predominantly rated as 'very useful' or 'somewhat useful' (see *Figure 1*). The session in which TIS teams shared their success stories received the highest rating, with 94% of responses rating this session as very useful and 6% rating it as somewhat useful. Two sessions were rated as 'not at all useful' by a minority of participants. These were the overview of iSISTAQUIT (one response) and the final reflections on the workshop (one response).

Comments on the workshop were generally positive:

All good

great workshop

Good workshop. It would be good to get support on how to host virtual events.

Just that it's great to hear from all the other TIS teams about what everyone has been working on over COVID-19 pandemic, and how everyone is thinking outside the box to keep spreading our important messages.

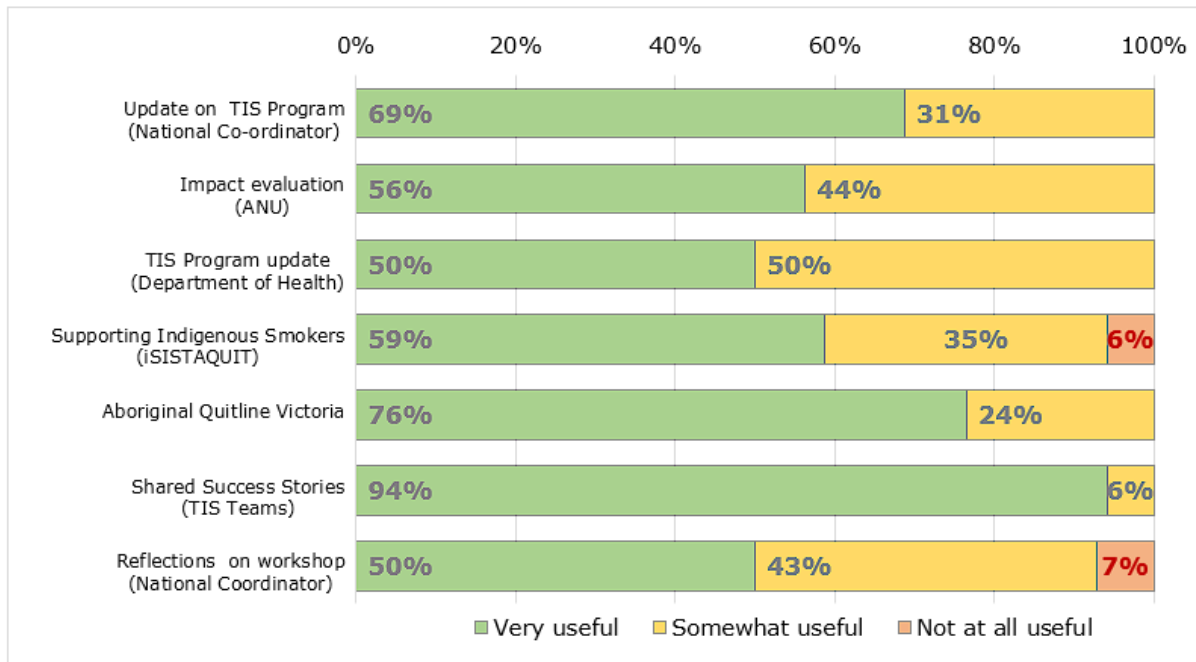


Figure 1: Participant evaluation of Victoria & Tasmania jurisdictional workshop sessions, September 2020

However, there was also frustration that the program did not run on time with the results that one session was cut (Monitoring and Evaluation for Social Media) and several people had to leave before the workshop had finished in order to attend other meetings.

Happy to do a longer workshop session but a lunch break would be great instead of going over time and rushing.

Have sessions pre-recorded so the schedule stays on time. Q and A after pre-recording of sessions.

Apologies, had to leave before the M&E due to another meeting.

Just over three quarters of participants (76%) were happy that enough time had been set aside for discussion, with the remaining quarter (24%) feeling more discussion time during the workshop would have been beneficial. No-one felt there was too much discussion. The NBPU TIS is continuing to refine the design of workshops to maximise discussion time between participants, noting that this is inherently challenging in the videoconference format and the need to balance participatory processes with the length of the workshops. Once again NBPU TIS recognizes that having time for discussion during the workshop is the key issue for teams, particularly regarding discussion between themselves:

Although these sessions were useful somewhat, I felt that there wasn't enough time for individual teams to yarn around what they have been doing and learn from each other

Feedback on use of Zoom for the workshop

The Zoom delivery was acceptable to participants, with the use of Zoom rated as 'very good' by the majority (71%) of respondents and 'okay' by the remaining participants (29%). No-one felt the use of Zoom to be a problem. Most participants (82%) had a very

good Zoom connection during the workshop. The remaining 18% reported having a few problems. No-one found it was not good at all.

Almost two-thirds of participants stated that three hours was just the right length for the workshop (65%). However, the remaining respondents were split between feeling the workshop was too (18%) and not long enough (18%). Half of the participants (50%) felt the number of breaks provided during the workshop was just right. A short break (10 minutes) every hour would have been preferred by 44%, whilst the remaining 6% felt there were too many breaks.

The main benefit of using Zoom for the workshop was noted by respondents concerned the visual element, which means you can see other participants as well as hear what they had been doing:

good to see everyone

Good to see faces for a change as we are so isolated here in [Victoria]

Although one participant felt that the best thing about Zoom was the:

opportunity to mute and hide camera when required

Other participants highlighted the convenience and ease of use as key benefits of using the Zoom platform.

Suggestions about how to improve the workshop included having a longer meeting (but with more breaks) and better time management to get through all the business as planned:

longer time

more time

Time management. Also only had a draft of the agenda, not a confirmed one with times.

ATTACHMENT A: Workshop Program

VIC & TAS TIS Jurisdictional Workshop Program

Thursday 10 September 2020

ZOOM Meeting ID: 962 8835 9487

PASSWORD: 267945



START TIMES: SA & NT 9:00am / NSW & ACT – 9:30am / VIC & TAS 9:30am

Duration	Session	Facilitators/Speakers
START TIME	Welcome	
10 MINS	Housekeeping - Zoom meeting workshop guidelines	Benjamin Stewart NBPU Project Officer
5 MINS	Acknowledgement of Country & Introductions	Raquel Kerdel NBPU Project Officer
25 MINS	National Co-ordinator - Latest Update for the TIS Program and Q&A	Prof. Tom Calma AO National Co-ordinator TIS
25 MINS	Impact evaluation - TIS regional grants on smoking outcomes	Raglan Maddox PhD MPH
25 MINS	Department of Health - Program update and Q&A	Trudy McInnis Department of Health
25 MINS	iSISTAQUIT - Supporting Indigenous Smokers to Assist Quitting, Implementation phase	Associate Prof. Gillian Gould
15 MINS	Video conference break	
20 MINS	QUIT VIC	Glen Benton
20 MINS	RTCGR / TIS Team Shared Success Story <ul style="list-style-type: none"> Victoria Aboriginal Community Controlled Health Organisation (VACCHO) (5 mins) Victoria Aboriginal Health Services (VAHS) (5mins) Lake Entrance Aboriginal Health Association (LEAHA) (5mins) Dandenong & District Aborigines Co-Operative Ltd (DDACL) (5mins) Flinders Island Aboriginal Association Inc (FIAAI) (5 mins) 	Desley Thompson Manager NBPU TIS
30 MINS	Joint Presentation <ul style="list-style-type: none"> Social Media Training 	Penney
10 MINS	National Co-ordinator - Reflections on the messages from the workshop - Wrap up	Prof. Tom Calma AO National Co-ordinator TIS
Workshop close		

Attachment B: Attendance

	Name	Organisation
1.	Prof Tom Calma	National Coordinator TIS
2.	Raglan Maddox	Australian National university
3.	Pushpa Austin	Dandenong and District Aborigines Co-operative
4.	Brooke Gray	Dandenong and District Aborigines Co-operative
5.	Trudy McInnes	Department of Health
6.	Marlene Duus	Department of Health
7.	Khristee Lade	Flinders Island Aboriginal Association Incorporated
8.	Ty Ebdon	Flinders Island Aboriginal Association Incorporated
9.	Dean O'Loughlin	Goolum Aboriginal Co-operative
10.	Penney Upton	Health Research Institute University of Canberra
11.	Tabassum Rahman	iSISTAQUIT – University of Newcastle
12.	Nicole Ryan	iSISTAQUIT – University of Newcastle
13.	Allison Hart	iSISTAQUIT – University of Newcastle
14.	Terrick Mullet-Morris	Lakes Entrance Aboriginal Health Association
15.	Buddy Gordon	Lakes Entrance Aboriginal Health Association
16.	Damien Abbey	Lakes Entrance Aboriginal Health Association
17.	Karen Maggs	Lakes Entrance Aboriginal Health Association
18.	Sarah Stewart	Lakes Entrance Aboriginal Health Association
19.	Rachel Clulow	Lakes Entrance Aboriginal Health Association
20.	Rod Reeve	NBPU TIS
21.	Raquel Kerdel	NBPU TIS
22.	Desley Thompson	NBPU TIS
23.	Benjamin Stewart	NBPU TIS
24.	Maxine Turner	NBPU TIS
25.	Kelly Franklin	NBPU TIS
26.	Ethan Penrith	Victorian Aboriginal Health Service
27.	Cerrin Karpany	Victorian Aboriginal Health Service
28.	Lionel Austin	Victorian Aboriginal Health Service
29.	Mary Anne Williams	Victorian Aboriginal Health Service
30.	Peter Hood	Victorian Aboriginal Health Service
31.	Edith Fox	Winda Mara Aboriginal Corporation