



THE UNIVERSITY OF  
NEWCASTLE  
AUSTRALIA

# SISTAQUIT<sup>®</sup>

Supporting Indigenous Smokers To Assist Quitting  
Implementation Phase

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# What is SISTAQUIT vs iSISTAQUIT?

## **SISTAQUIT (funded by NHMRC/GACD)**

- A randomized trial in 20 services
- Training in culturally competent evidence-based care for smoking cessation in pregnancy versus usual care
- Health provider and service level data collected
- Pregnant women and babies recruited and followed up to 6 months post-partum

## **iSISTAQUIT (funded by TIS and DOH)**

- Implementation of training in 20 more services
- All sites get the training and resources
- All data collected at health professional and service level (women and babies not recruited)
- Additional social media campaign

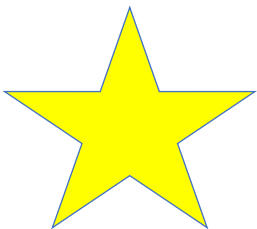
# SISTAQUIT<sup>®</sup>

Supporting Indigenous Smokers To Assist Quitting

- 20 services recruited to the trial [18 ACCHS + 2 mainstream]
- 7 sites are TIS regional teams
- Apunipima, Mawarnkarra, Carbal, Katherine West, Danila Dilba, Awabakal, Galambila
- >80 health providers and 56 women recruited to the trial
- Trial extended to early 2022
- COVID19: temporary halt on new recruits and F2F f/up for ~3 mth

*Data! Data! Data! I can't make bricks without clay!* Sir Arthur Conan Doyle

- AH&MRC have recently approved strategy for F2F recruitment and f/up to recommence
- Existing participants need to be followed up regularly
- Data needs to be supplied by services
- More health providers need to do follow up surveys
- Staff (CEOs, managers & research facilitators) mid-study interviews to start



**Recruiting Services now - enquiries**  
**[isistaquit@newcastle.edu.au](mailto:isistaquit@newcastle.edu.au)**



39 Services (mainstream and ACCHO)  
expressed interest in iSISTAQUIT



8 services ready to sign up + 12 more  
services needed



All sites get training, resources, CO meter +  
oral NRT



Self-paced Elearning



Communicare/MD templates to  
guide/record consultations

# iSISTAQUIT Media Campaign



Scoping review of quit messages/media for Aboriginal women in pregnancy COMPLETED



Social media advisory panel READY TO MEET



Filming in 4-5 locations ON HOLD FOR COVID19



Channels Facebook, Instagram, radio

# Bushfires, COVID19 and smoking

Important to keep smoking cessation on the agenda for pregnant women

Combined risks of exposure to bushfire smoke and tobacco smoke – e.g. both affect birth weight

Smokers at increased risk of more serious outcomes from COVID19

Stress from disasters make people smoke more

#QUIT4COVID – a great time to quit smoking