


Privileging the voices of Aboriginal women in the discussion:

*What ngidhi yinaaru nhal yayi (this woman told me)
about smoking during pregnancy*

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Indigenous Smoking and Pregnancy Roundtable





Acknowledgement of Country

ICAN QUIT

In Pregnancy

1

Pilot project Health provider training

2

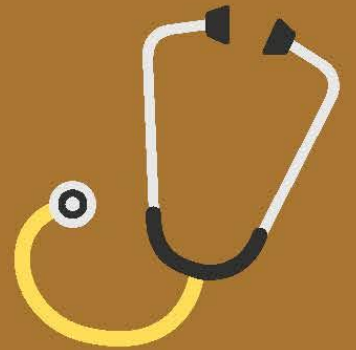
Health education resources

3

Free NRT

4

6 Aboriginal community controlled health services



Available online at www.sciencedirect.com

Public Health

journal homepage: www.elsevier.com/locate/puhe

Themed Paper – Original Research

Giri-nya-la-nha (talk together) to explore acceptability of targeted smoking cessation resources with Australian Aboriginal women

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Women and Birth

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Aboriginal Wingadhan Birrang (woman's journey) of smoking cessation during pregnancy as they participate in the ICAN QUIT in pregnancy pilot step-wedge trial

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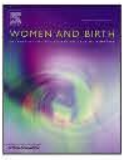
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ABSTRACT

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Original Research – Qualitative

Wula (Voices) of Aboriginal women on barriers to accepting smoking cessation support during pregnancy: Findings from a qualitative study



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ABSTRACT

Aim: To gather Aboriginal women's stories of smoking and becoming pregnant to identify the barriers in accepting smoking cessation support during pregnancy.

Methods: Qualitative data were collected through use of yarning methodology between August 2015 and January 2016 by an Aboriginal Researcher with experience in social and community services. A short on-line survey was used to collect quantitative data. Interviews only recorded the therapeutic yarning process, which ranged from 9 to 45 min duration, averaging 30 min. Audio-recorded interviews were transcribed and independently coded. A general inductive analysis was used to determine emergent themes.

CSIRO PUBLISHING

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Review

Ngu-ng-gi-la-nha (to exchange) knowledge. How is Aboriginal and Torres Strait Islander people's empowerment being upheld and reported in smoking cessation interventions during pregnancy: a systematic review

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Abstract. Smoking during pregnancy is a national priority to improve Aboriginal health. Empowerment approaches underpin the priorities set by the government to improve Aboriginal health and wellbeing; however, empowerment is

Two key findings for clinical practice

1. Quit attempts are being made

"A lot of people are more wanting to give up smoking but not having the information"



2. *The problem with reduction*

"I think doctors need to stop telling people to cut down"



What cessation support should
be offered to Aboriginal and
Torres Strait Islander women?



Two key areas to address

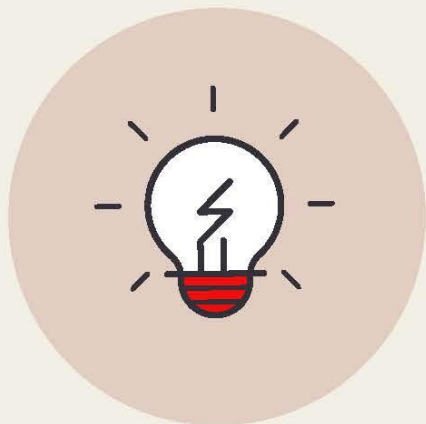
1. National health promotion specifically relating to smoking during pregnancy in a supportive and empowering way



2. Develop an evidence base for new and innovative interventions built on community interest and needs.



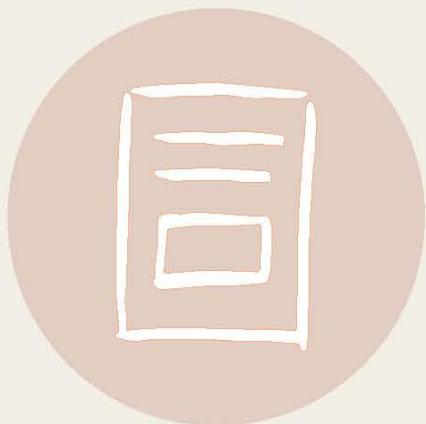
Which way?



Yarning circles



Systematic Review



National Survey



Offer support and
measure evidence

"I was just thinking that these products, I wouldn't use them. I'd think about the side effects"

"You could even have some websites on meditation, like recommended meditation of such".



