

# Quitskills and IQEP SA/NT

2020







## **Quitskills for Maternal Health Workers Training Course**

- 2018 Smoking During Pregnancy Pilot
- First 6 months of the pilot, conducted as a single competency course in SA, NT & Qld
- From July 2018 onwards, delivered as three-competency course nationally
- Currently considering offering both options







#### **Quitskills Maternal**

- Total of 22 courses delivered to Dec 2019
- Delivered in three parts:
  - Online learning module
  - Two days of training and assessment
- Workplace project and men's group







### **Quitskills Maternal**

#### Three tobacco cessation units of competence:

- Assess readiness for and effect behaviour changes
- Provide information on smoking and smoking cessation
- Provide interventions to clients who are nicotine dependent







#### **Quitskills Maternal**

- Remote and Very Remote areas
  - Challenges
  - Lessons learned
- Opportunities







## Indigenous Quitline Enhancement Program SA/NT

- Trained Aboriginal Counsellors
- Female non-indigenous counsellors
- Incentives program
- Challenges
- Lessons learned
- Opportunities









Every minute Every hour Every day

Thank you.