



SISTAQUIT®

Supporting Indigenous Smokers To Assist Quitting
Implementation Phase

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SISTAQUIT[®]

Supporting Indigenous Smokers To Assist Quitting

- 20 services recruited to the trial [18 ACCHS + 2 mainstream]
- 7 sites are TIS regional teams
- Apunipima, Mawarnkarra, Carbal, Katherine West, Danila Dilba, Awabakal, Galambila
- >80 health providers and 56 women recruited to the trial
- Trial extended to early 2022

Data! Data! Data! I can't make bricks without clay! Sir Arthur Conan Doyle

- Due to COVID19 - temporary halt on new recruits
- However -
- Existing participants need to be followed up regularly
- Data needs to be supplied by services
- More health providers need to do follow up surveys
- Staff (CEOs, managers & research facilitators) mid-study interviews to start



Recruiting Services now - enquiries
isistaquit@newcastle.edu.au



39 Services (mainstream and ACCHO)
expressed interest in iSISTAQUIT



8 services ready to sign up + 12 more
services needed



All sites get training, resources, CO meter +
oral NRT



Self-paced Elearning



Communicare/MD templates to
guide/record consultations

iSISTAQUIT Media Campaign



Scoping review of quit messages/media for Aboriginal women in pregnancy COMPLETED



Social media advisory panel READY TO MEET



Filming in 4-5 locations ON HOLD FOR COVID19



Channels Facebook, Instagram, radio

Bushfires, COVID19 and smoking

Important to keep smoking cessation on the agenda for pregnant women

Combined risks of exposure to bushfire smoke and tobacco smoke – e.g. both affect birth weight

Smokers at increased risk of more serious outcomes from COVID19

Stress from disasters make people smoke more

#QUIT4COVID – a great time to quit smoking