

# National TIS Workers Workshop



Alice Springs 2-4 April 2019



**Prof Tom Calma AO**

National Coordinator Tackling Indigenous Smoking



***Our promise** to all participants, is that we deliver a workshop that aims to:*

- *Provide the **tools** to assist effective delivery of best practice activities;*
- *Ensure you **understand the relationships** of all the elements of the TIS program;*
- ***Explore** innovative local service delivery approaches;*
- ***Reflect** and **learn** from our history of the TIS Program; and*
- *and **Empower***



The [Arrernte](#) Aboriginal people<sup>[6]</sup> have made their [home](#) in the Central Australian desert in and around the site of Alice Springs for thousands of years; evidence suggests Indigenous occupation of the region dating back at least 30,000 years.<sup>[7]</sup>





Country  
Culture  
Language  
Kids



# Welcome new and old workers



Dec 2010





Dec 2011



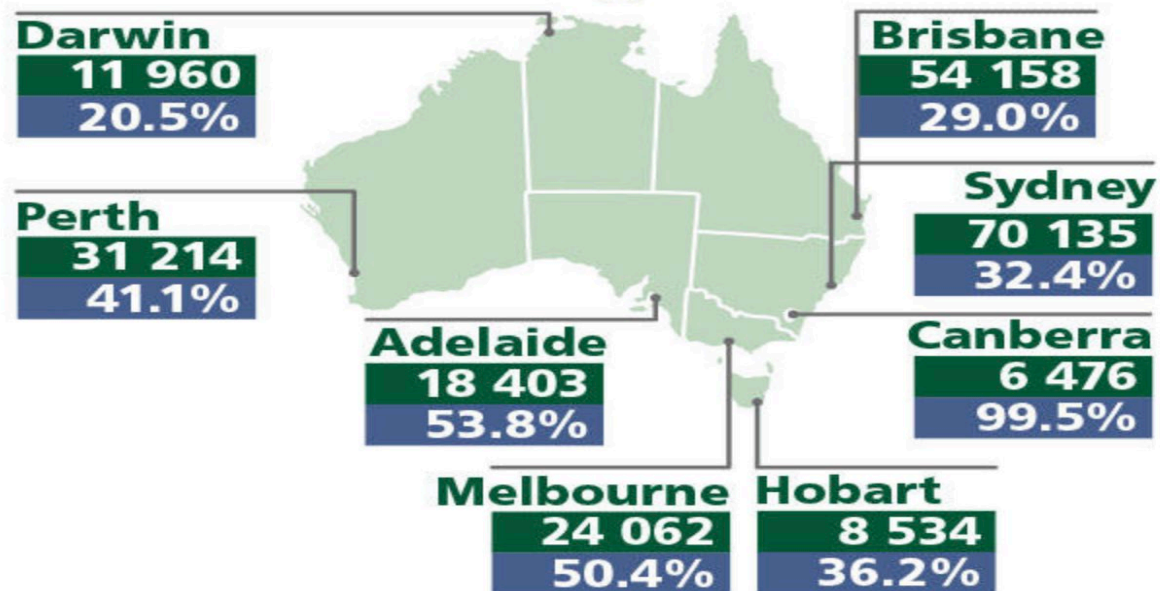


Dec 2012

TIS Family 2019



PROPORTION OF ABORIGINAL AND TORRES STRAIT ISLANDER PEOPLE LIVING IN CAPITAL CITIES, 2016 (a)

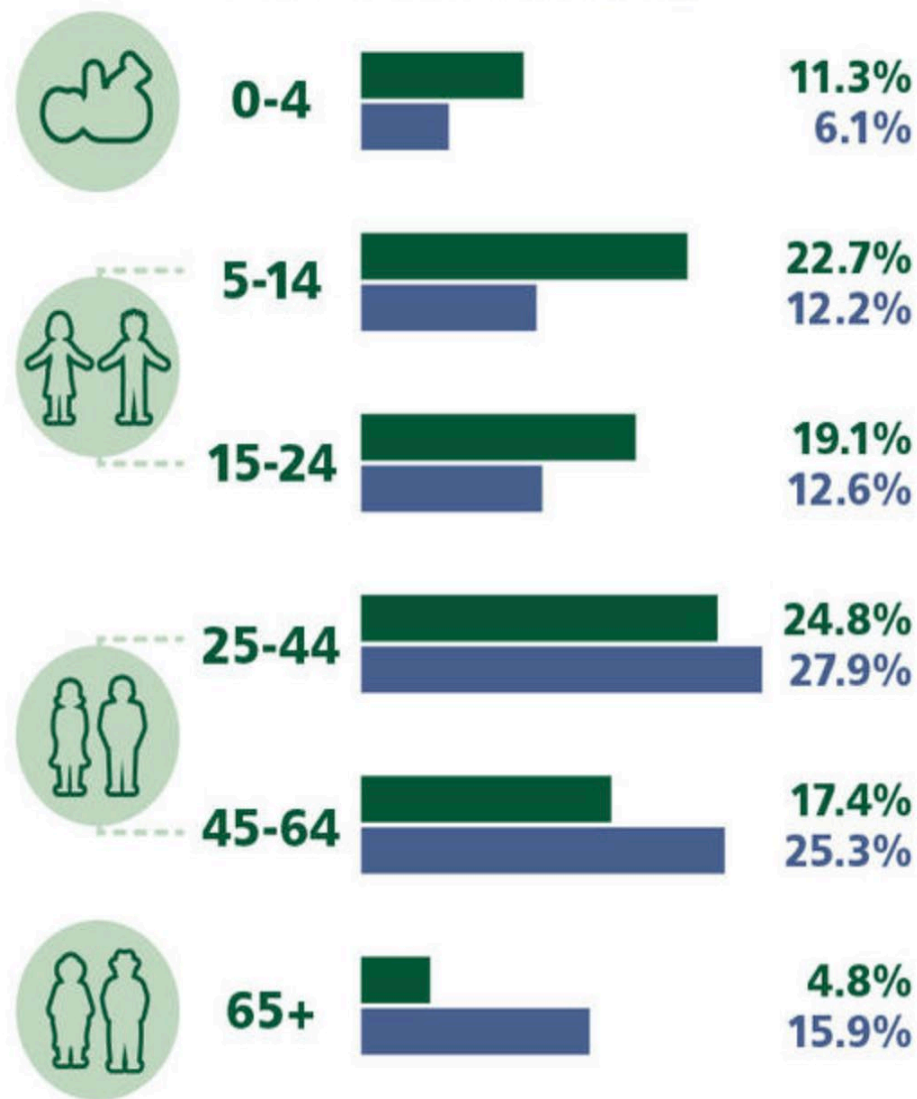


- No. of Aboriginal and Torres Strait Islander people within capital city
- Proportion of Aboriginal and Torres Strait Islander people within capital city

(a) Usual residence Census counts. Excludes overseas visitors. Includes Other Territories.

Source: ABS Census of Population and Housing, 2016

PROPORTION OF POPULATION BY AGE, 2016 (a)



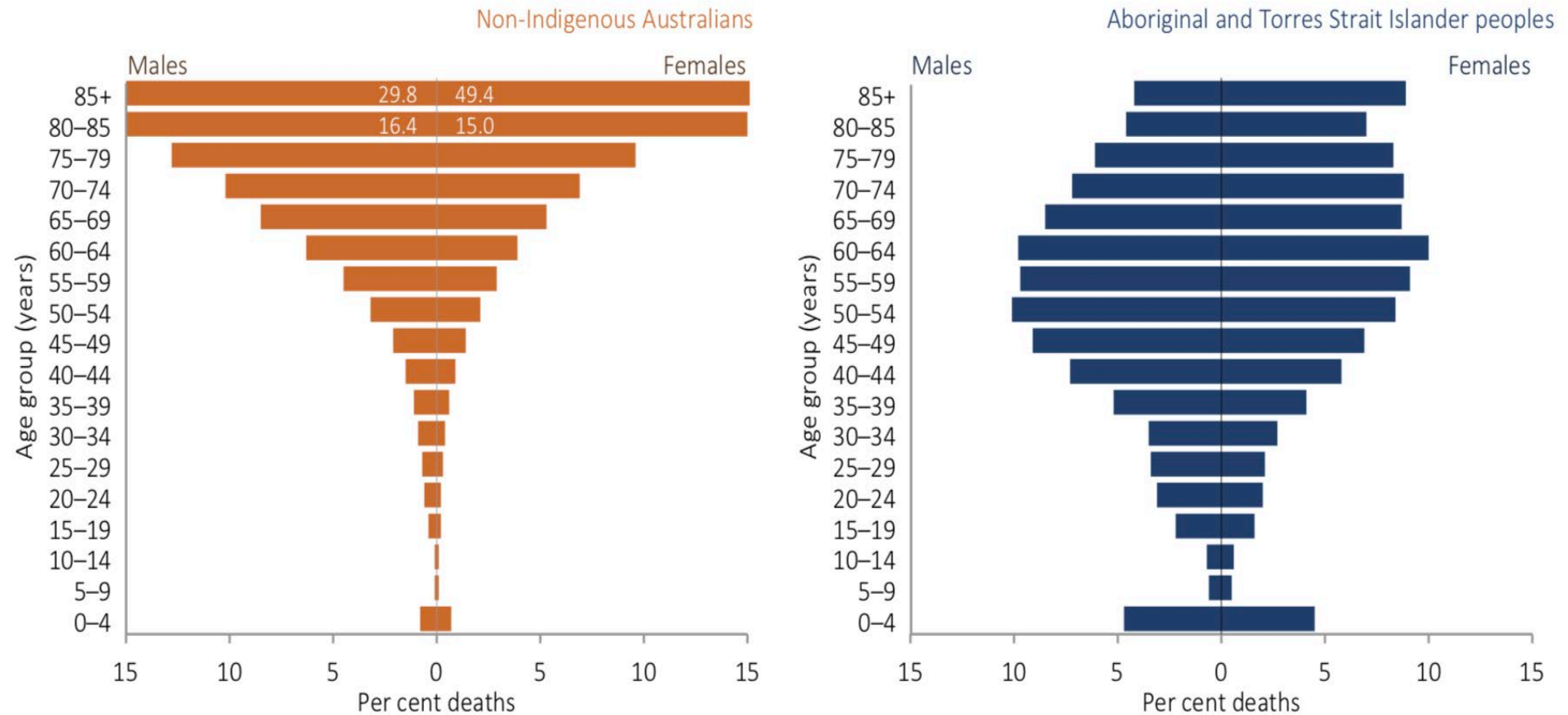
- Aboriginal and Torres Strait Islander people
- Non-Indigenous people

(a) Usual residence Census counts. Excludes overseas visitors. Includes Other Territories.

Source: ABS Census of Population and Housing, 2016

**Figure 1.22-4**

Age distribution of proportion of deaths, by sex and Indigenous status, NSW, Qld, WA, SA and the NT, 2011–15



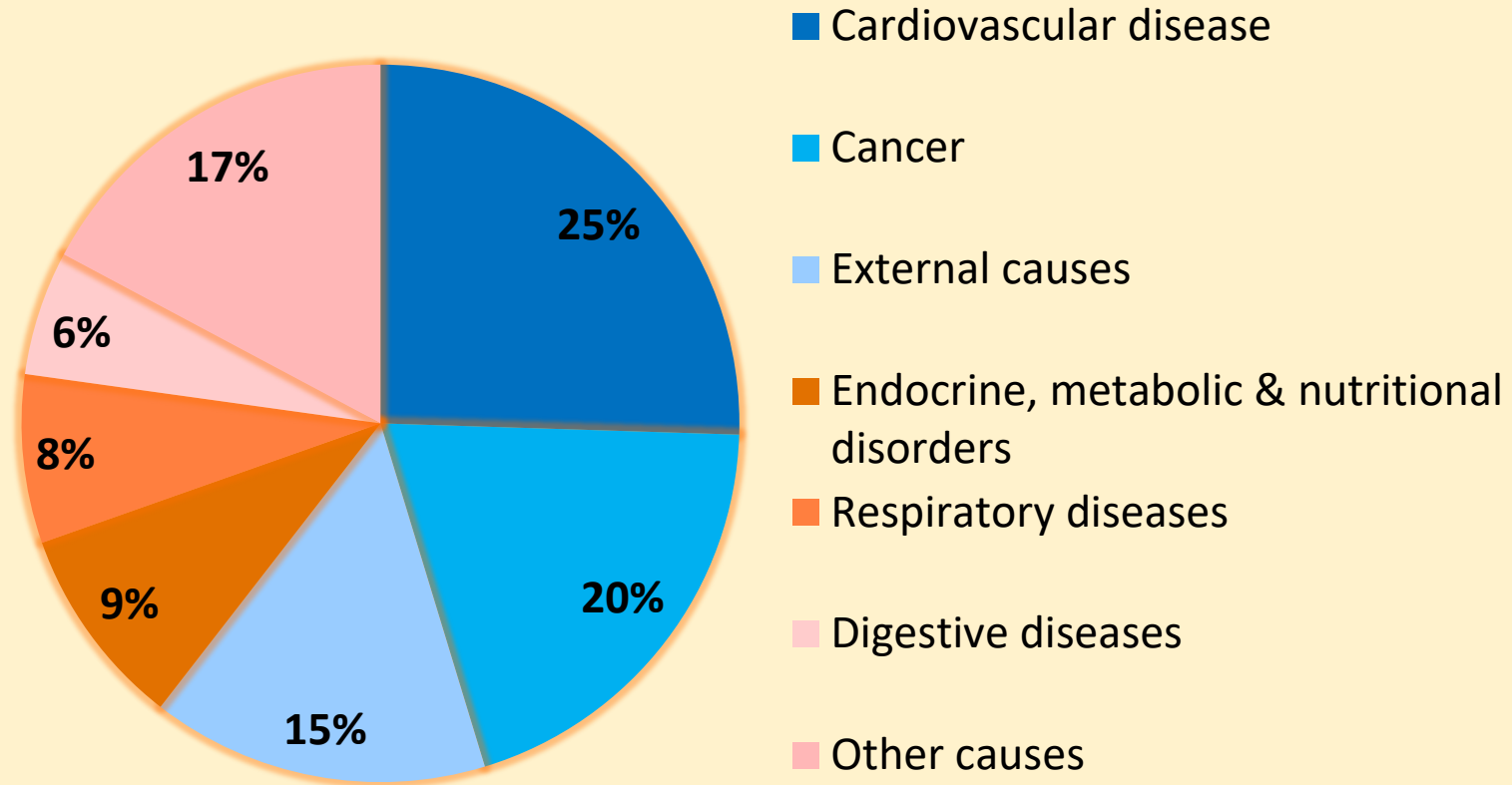
Source: ABS and AIHW analysis of National Mortality Database

Proportion of Deaths

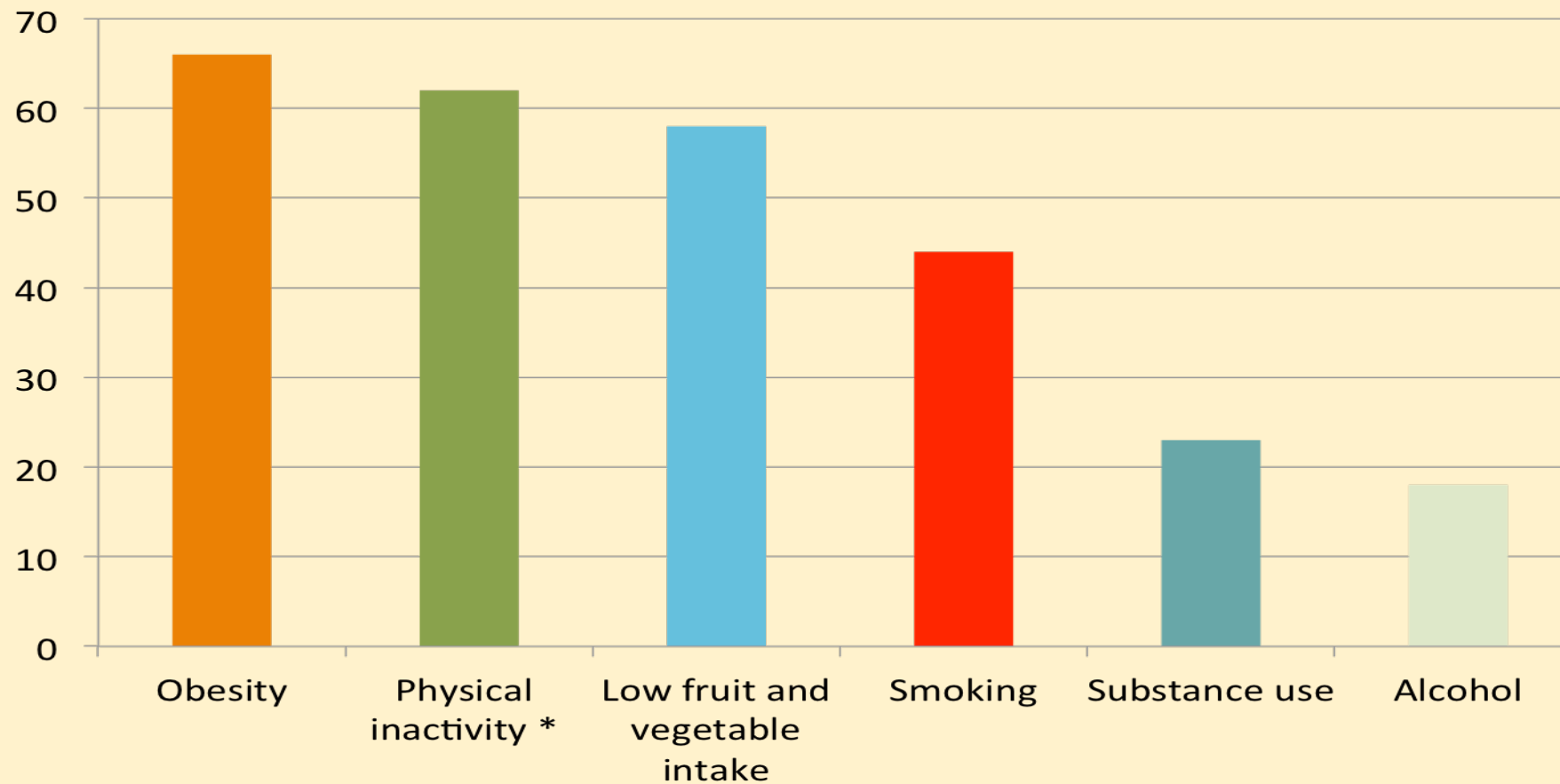


# Broad causes of death

- Most common broad causes of death in Indigenous peoples



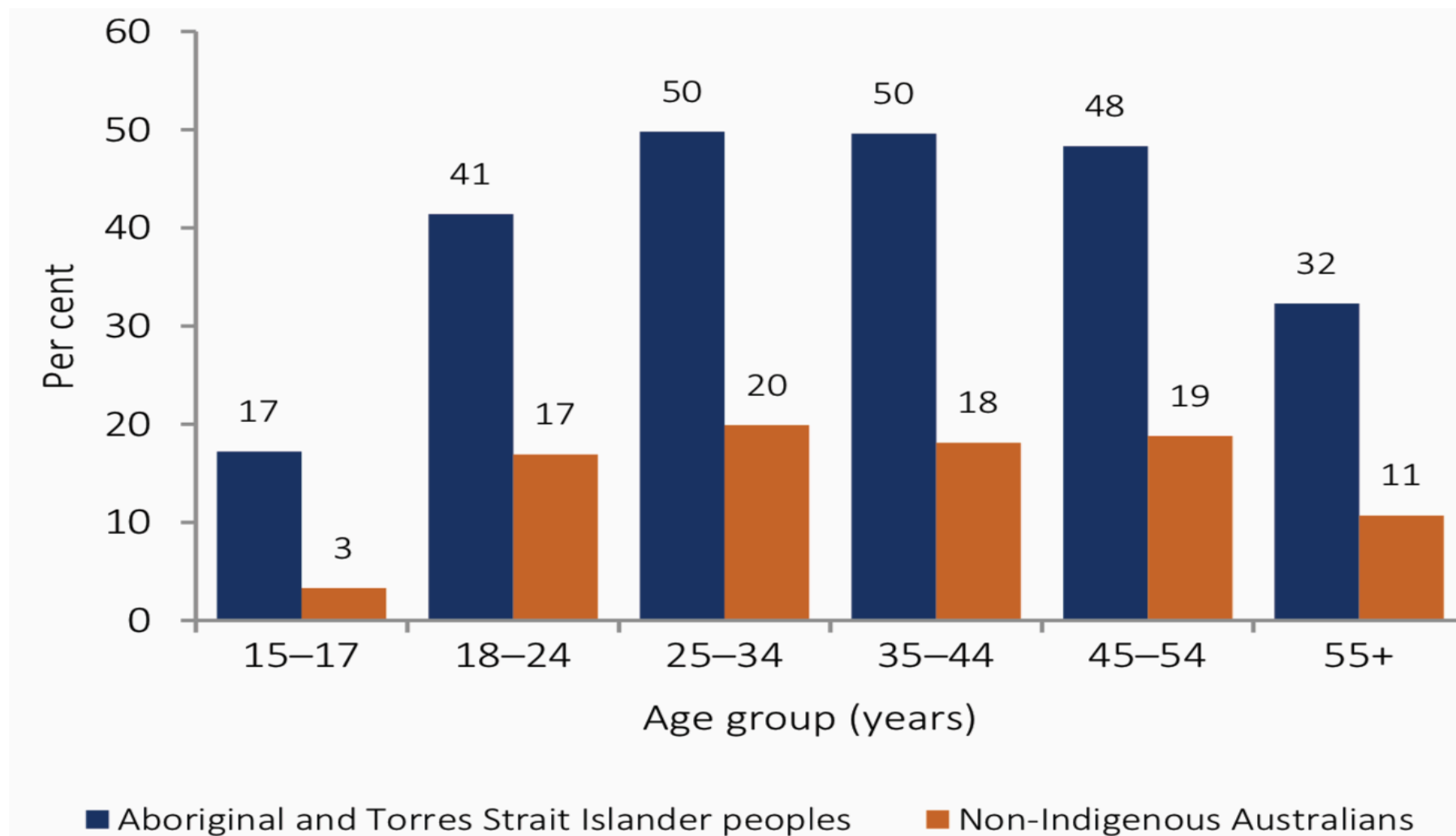
## Chronic Disease Risk Factors – 2012-13 (pop<sup>n</sup> impact)





## Single biggest contributor to chronic disease and early death

Proportion of population aged 15 years and over reporting they are a current smoker, by Indigenous status and age, 2014–15

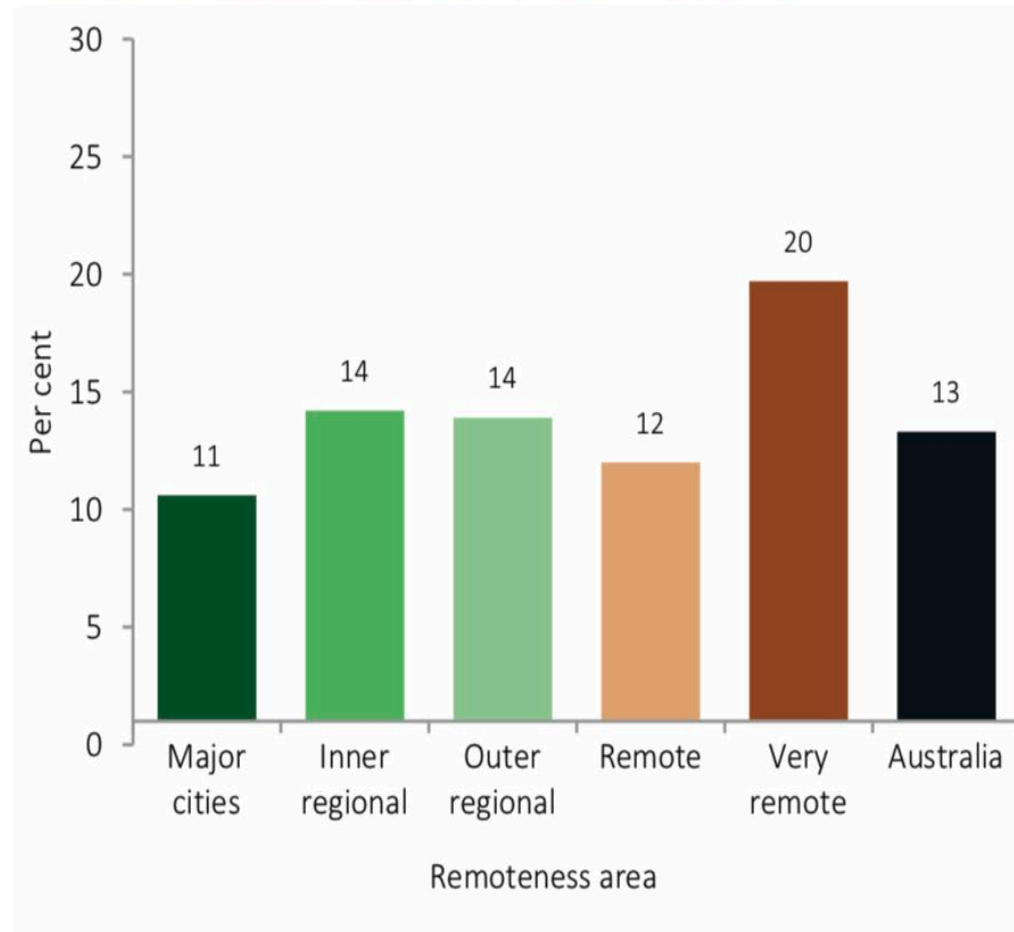


Source: ABS and AIHW analysis of 2014–15 NATSISS, 2014–15 NHS

## Passive / secondhand smoking

**Figure 2.03-3**

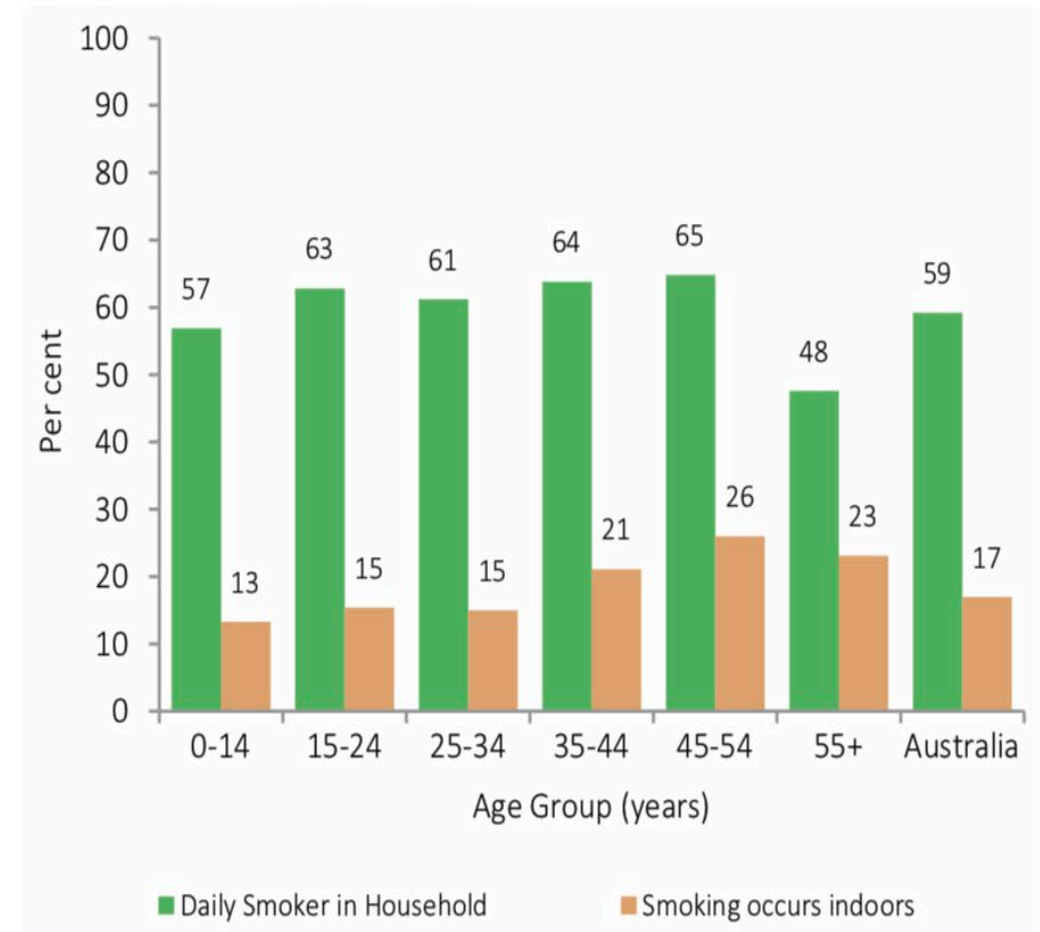
Proportion of Indigenous children aged 0–14 years living in households where smoking occurs indoors, by remoteness, 2014–15



Source: ABS and AIHW analysis of 2014–15 NATSISS

**Figure 2.03-4**

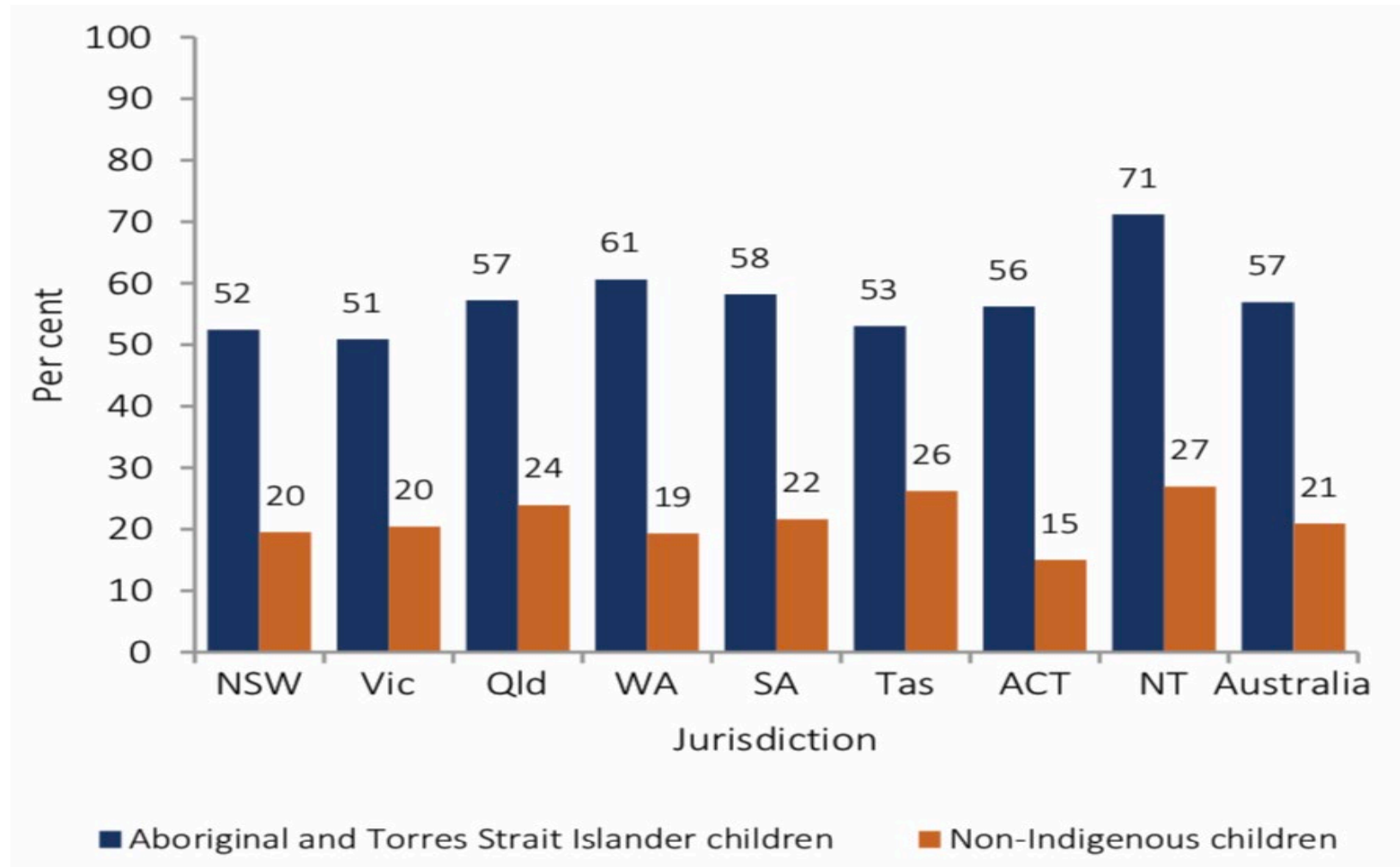
Proportion of Indigenous Australians (all ages) living in households with daily smoker(s), by age, 2014–15



Source: ABS and AIHW analysis of 2014–15 NATSISS

**Figure 2.03-1**

Proportion of children aged 0–14 years living in households with daily smoker(s), by Indigenous status and state/territory 2014–15



Source: ABS and AIHW analysis of 2014–15 NATSISS and 2014–15 NHS



# Environmental Impacts of smoking



... the estimated **discarded waste** from global cigarette consumption in 2014 could be anywhere **between 340–680 million kg.** is does not include the weight of remnant tobacco and other by-products of the discarded waste.

... **other waste** products associated with tobacco use such as the **2 million tonnes of** paper, ink, cellophane, foil and glue that are used in tobacco product packaging.

... standard toxicity assessment protocols to show that **cigarette butts soaked in either fresh or salt water** for 96 hours have a lethal concentration that **killed half the exposed test fish.**

## Stability and impactful

### ABORIGINAL HEALTH NEWS ALERT



nacchocommunique.com



**Min Ken Wyatt MP announces a  
\$183.7 million 4 years funding  
commitment #ClosingTheGap  
Tackling Indigenous Smoking**



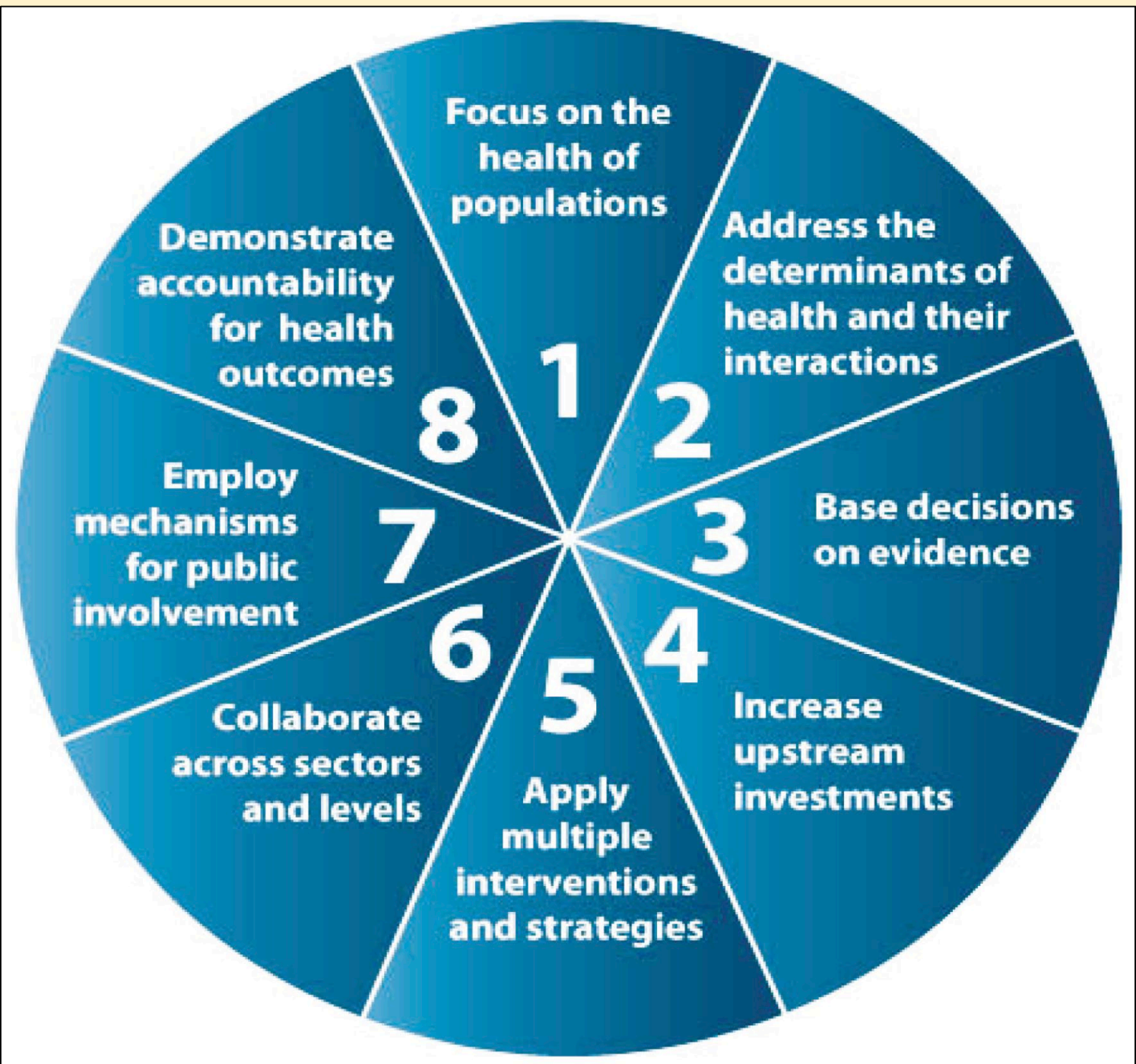
### The revamped TIS program will:

- *Continue the successful Regional Tobacco Control grants scheme including school and community education, smoke-free homes and workplaces and quit groups*
- *Expand programs targeting pregnant women and remote area smokers*
- *Enhance the Indigenous quitline service*
- *Support local Indigenous leaders and cultural programs to reduce smoking*
- *Continue evaluation to monitor the efficiency and effectiveness of individual programs, including increased regional data collection "*



## Population Health approach

<http://cbpp-pcpe.phac-aspc.gc.ca/population-health-approach-organizing-framework/>





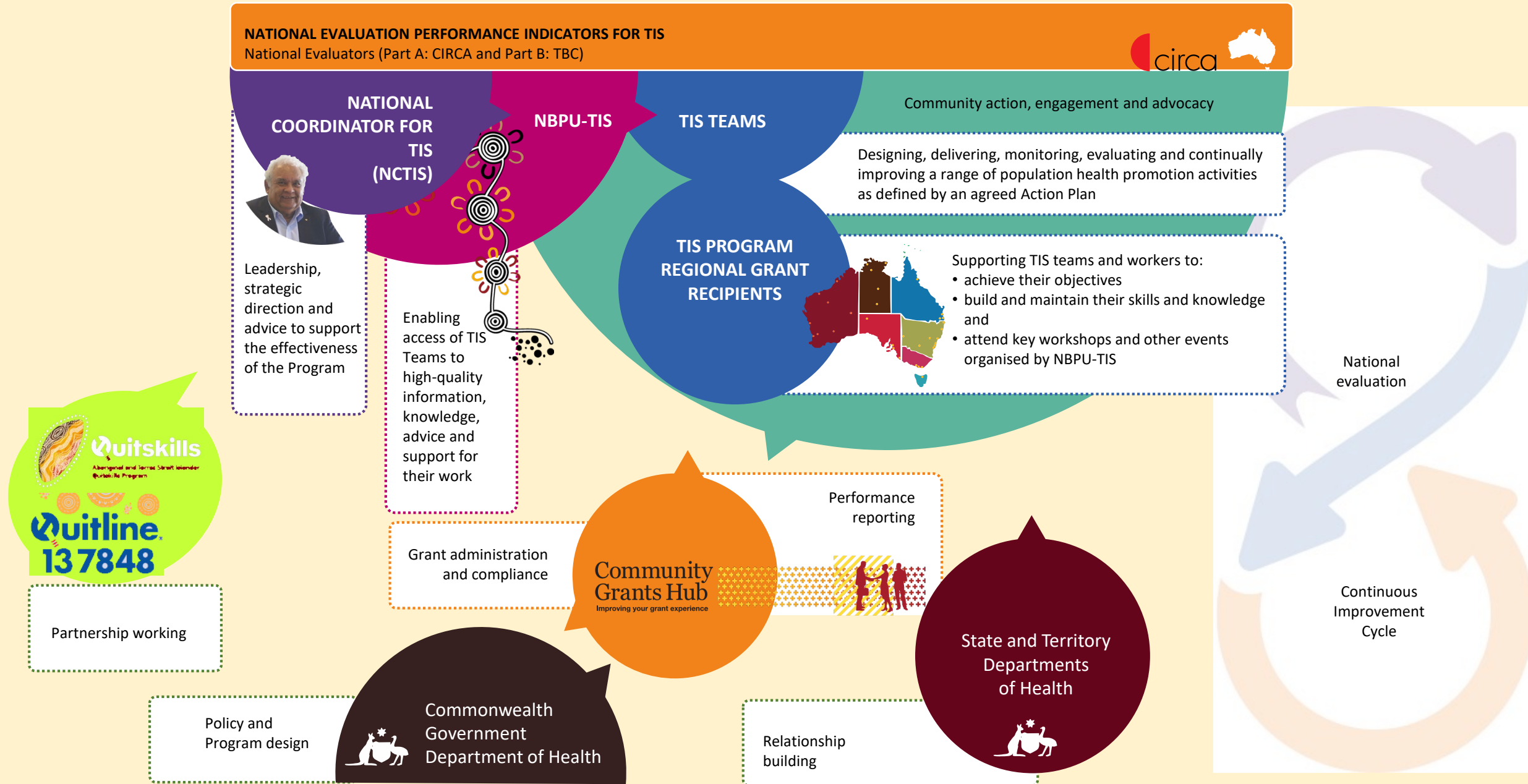


Information  
Booths  
reach the  
community  
especially if  
associated  
with  
activities

What is the  
Tackling  
Indigenous  
Smoking  
initiative?



# Overview of TIS Program Responsibilities, Relationships and Processes





# Evaluation



## Tackling Indigenous Smoking Program

Final Evaluation Report

Prepared for the Australian Government Department of Health  
July 2018



## Recommendations

### *Community engagement and partnerships*

1. **Regional grant recipients:** Continue involving community members in the design, delivery and evaluation of local TIS programs and sustain use of partnerships to broaden reach, strengthen referral pathways, and support other program objectives including preventing uptake, promoting expansion of smoke free spaces, and changing social norms.

### *Localised health promotion*

2. **Regional grant recipients:** Continue delivering targeted, multi-level, tobacco-focused health promotion.
3. **NBPU TIS:** Provide additional training and information on best practice, multi-level, tobacco-focused health promotion for targeted groups including pregnant women.

### *Overarching TIS program*

17. **Department:** Continue the delivery of the TIS program.
18. **Department:** Commit to funding longer term (at least 4 years) and provide immediate advice about future funding to minimise funding uncertainty and associated staff turnover and underspend.

## CTG Refresh

A key commitment of the Partnership is the creation of a new [Joint Council on Closing the Gap](https://closingthegap.pmc.gov.au/sites/default/files/joint-council/ctg-joint-council-communique-20190327.pdf), comprising Commonwealth, state and territory ministers, representatives of the Coalition of Peaks, and the President of the Local Government Association. The Joint Council met for the first time on 27 March 2019.

<https://closingthegap.pmc.gov.au/sites/default/files/joint-council/ctg-joint-council-communique-20190327.pdf>

## DRAFT TARGETS

Priority: **Families, children and youth**

Priority: **Health**

Priority: **Education**

Priority: **Economic development**

Priority: **Housing**

Priority: **Justice, including youth justice**

Priority: **Land and water**

**Cross system priorities**



Priority:	Health	
Outcome:	Aboriginal and Torres Strait Islander people enjoy long	Aboriginal and Torres Strait Islander children are born
Target	<div> <div>Cross system priorities</div> <p>The <u>draft framework issued by COAG</u> addresses racism, discrimination and social inclusion, healing and trauma, and the promotion of culture and language for Aboriginal and Torres Strait Islander peoples as cross system priorities requiring action and responses across all target areas.</p> <p>The targets and potential cross system priorities will be finalised through the formal partnership between the Commonwealth, state and territory governments and Indigenous Australians through their representatives.</p> <p>Through the development of draft targets it became apparent that some priority areas have wide reaching impacts on Aboriginal and Torres Strait Islander Australians. These priority areas include culture, racism and discrimination, trauma and healing, disability and social inclusion. While there was universal agreement on the importance of these issues and acknowledgement that they influence outcomes in all other target areas, there were differing views on whether setting a target for such priorities was appropriate and also what such a target might be.</p> <p>All Australian governments recognise the need to address intergenerational change, racism, discrimination and social inclusion (including in relation to disability, gender and LGBTIQ+), healing and trauma, and the promotion of culture and language for Aboriginal and Torres Strait Islander peoples.</p> </div>	

[Home](#) > About the Tackling Indigenous Smoking Resource and Information Centre

## About the Tackling Indigenous Smoking Resource and Information Centre

The Tackling Indigenous Smoking Resource and Information Centre (TISRIC) has been developed by the National Best Practice Unit for Tackling Indigenous Smoking (NBPU TIS) of best practice by organisations funded under the Australian Government **Tackling Indigenous Smoking (TIS) program**.

From 2015 the emphasis for organisations delivering TIS activities (regional grant holders) is to:

- make sure their activities are based on evidence of effectiveness (there is information that the activity has worked well to reduce smoking in a region)
- measure the impact which they are having on smoking in their region (monitoring and evaluation).

The TISRIC supports TIS-funded organisations by bringing together information and evidence on what works for tackling smoking in Aboriginal and Torres Strait Islander communities, providing a space where funded organisations can share their knowledge of what is working in their local community.

Information on the TISRIC is provided to help TIS-funded organisations choose:

- **evidence based activities**
- **resources to support those activities**
- **information/tools for evaluating and monitoring TIS activities.**

The TISRIC is managed and run by NBPU TIS, who will keep it updated with information and tools to help TIS-funded organisations to plan, monitor and evaluate their activities.

TIS-funded organisations are encouraged to share information about what is working to reduce tobacco use in their local area. If you have information that is making a difference to reduce smoking, please **contact NBPU TIS**.



NATIONAL BEST  
PRACTICE UNIT  
**TACKLING  
INDIGENOUS  
SMOKING**

## NBPU TIS 4:5

28 March 2019



## Monthly Message from the National Coordinator, Prof. Tom Calma AO



### Contact us

+1800 282 624 (tollfree)  
[info@tacklingindigenoussmoking.com.au](mailto:info@tacklingindigenoussmoking.com.au)

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# Tackling Smoking Resources

**ABORIGINAL HEALTH  
NEWS ALERT**  
nacchocommunique.com



## *Talking About the Smokes project and the Tackling Indigenous Smoking program*



Issue 32 / 21 August 2017

Mass-reach anti-smoking campaigns  
must return

*The evidence tells us that we need  
a mix of approaches*

Aspire Nautilus / Eleaf iStick 40W

Complete  
Premium Vapour Kit



**VAPOR KITS**  
AUSTRALIA



**My QuitBuddy**  
IS PACKED WITH SPECIAL FEATURES  
TO GET YOU SMOKE-FREE  
[Click here for more information](#)







Success stories - iCanQuit | Quit Smoking NSW

[www.icanquit.com.au](http://www.icanquit.com.au)



You are now a non smoker

17 Nov 2018

A packet a day:

My current stats are:

- Time without smoking 950 days
- Cigarettes not smoked 23,751
- Money Saved \$19,000



My father was a smoker and  
cancer before seeing my grandpa.  
I have teenage children and  
witness my grandchildren

Jeff

Join iCanQuit now



03 Nov 2018

**meriwink**, Hunter New England / 1 story

209 days smoke-free! Still get the odd craving, for lack of another term;  
more just a feeling I should be doing something, and then realise it's  
smok...

[Read more](#)

Community

101 Stories

103 Comments

163 iCanQuit Members

View other stories

and tips

experiences

reasons to quit

what started

quitting quit

Success stories

Join iCanQuit now and

Share your story



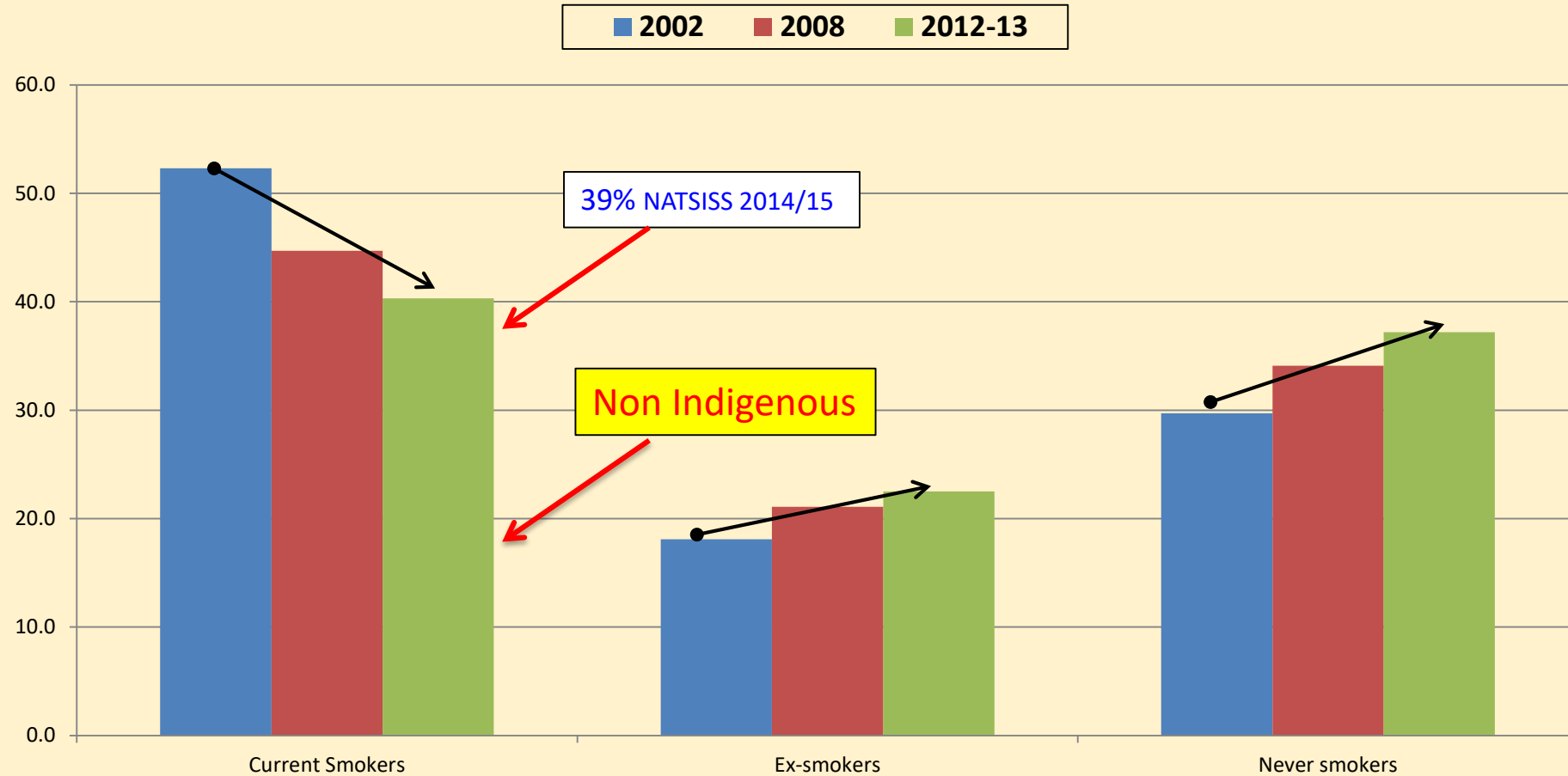
Australian Government

Department of Health

**DON'T  
MAKE  
SMOKES  
YOUR  
STORY**

**Quitline 13 7848**

# Aboriginal and Torres Strait Islander Smoking



Source: ABS Aboriginal and Torres Strait Islander Health Survey 2012-13



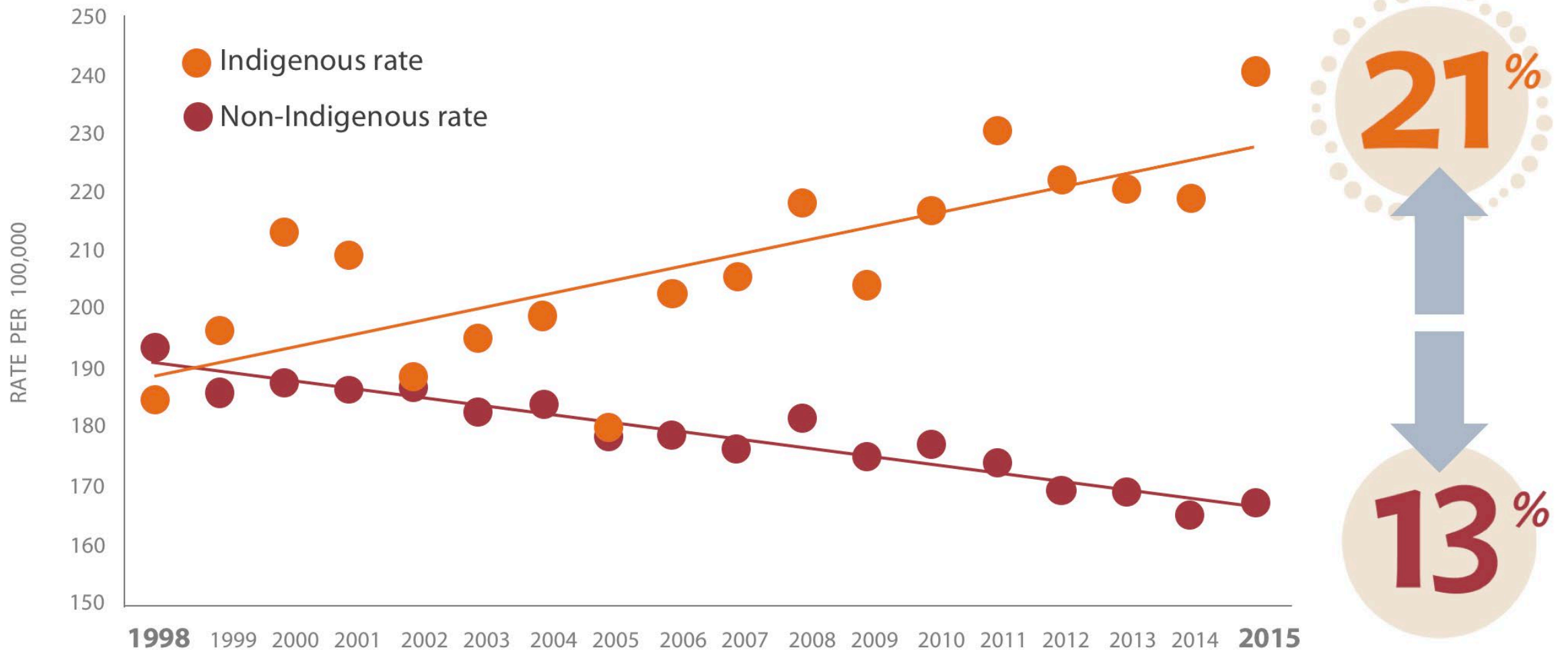
## Perspective

# The Aboriginal and Torres Strait Islander smoking epidemic: what stage are we at, and what does it mean?

Raymond Lovett<sup>a,d</sup>, Katherine A Thurber<sup>a</sup> and Raglan Maddox<sup>b,c</sup>

- Central to the model is the **long delay between smoking and its associated cancer mortality**; even when the prevalence of smoking begins to decline, smoking-attributable mortality continues to increase, reflecting the smoking behaviours **of up to three decades earlier**.<sup>3,4</sup>
- The burden of tobacco-related cardiovascular disease **is likely to continue to decline in the short term** as smoking prevalence continues to decline. The burden of tobacco-related **cardiovascular diseases** among Indigenous people **decreased between 2003 and 2011**, while the burden of tobacco-related **cancer and respiratory disease increased**.<sup>1</sup>

## Cancer mortality over time



Australian Institute of Health and Welfare analysis of the National Mortality Database. Data obtained from NSW, QLD, WA, SA and NT.

## World No Tobacco Day, 31 May 2018

### Tobacco and cardiovascular disease

World No Tobacco Day 2018 will focus on the impact tobacco has on the cardiovascular health of people worldwide.

Tobacco use is an important risk factor for the development of coronary heart disease, stroke, and peripheral vascular disease.

Despite the devastating harms of tobacco to heart health, and the availability of solutions to reduce tobacco-related death and disease, knowledge among large sections of the public that tobacco is one of the leading causes of CVD is low.

[More on World No Tobacco Day](#)



<http://www.who.int/campaigns/no-tobacco-day/2018/en/>



**Toba**

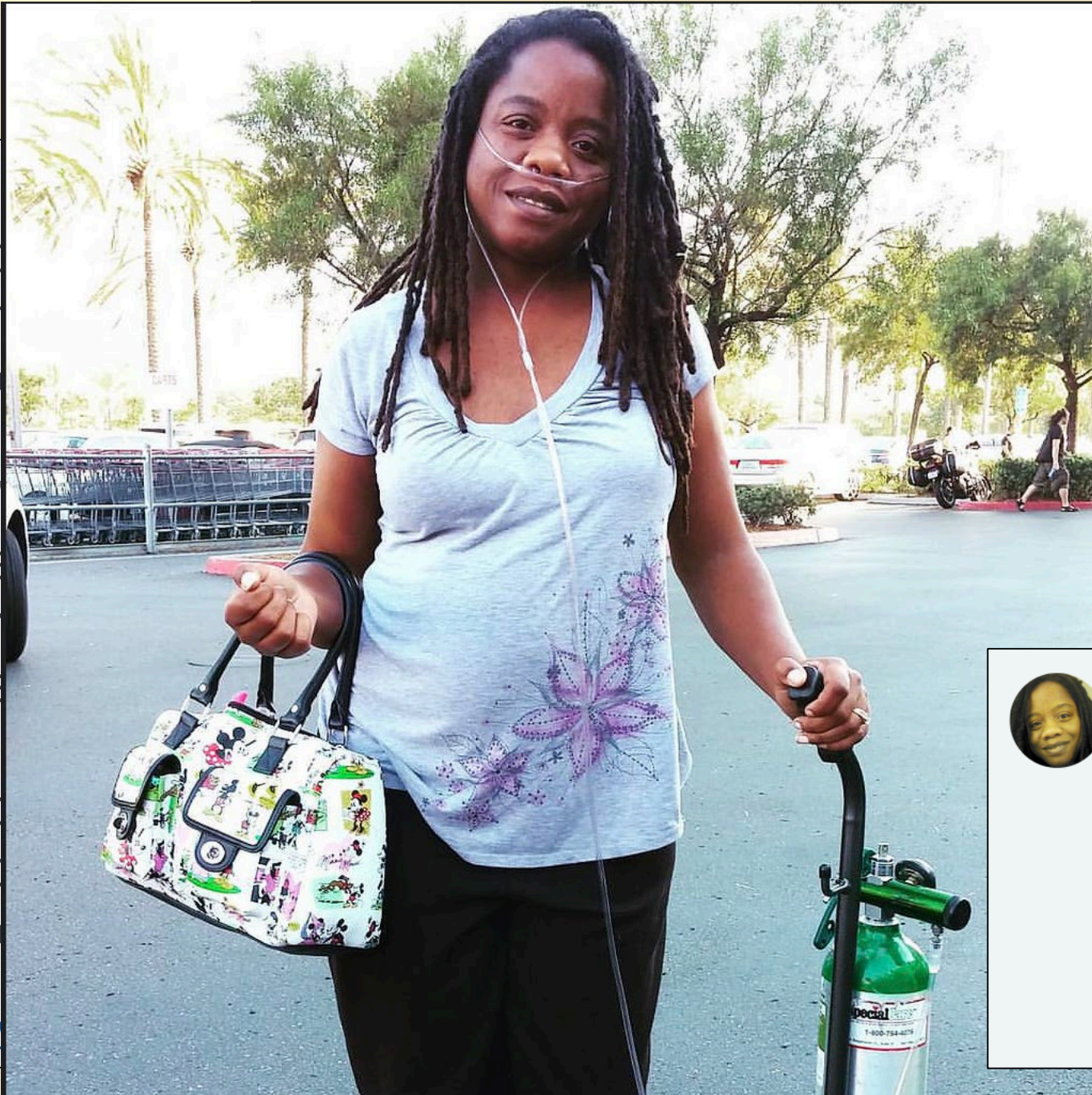
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May

raise awareness on the  
all-hand smoke exposure,

awareness on:  
ing health, from cancer to



**Michelle Mattingly**

**+ Follow**

This is how I rock an oxygen tank! Usually I'm at home with my breathing machine, but decided to step out with my little heavy metal accessory. Then I saw a guy sporting a oxygen tote bag that you just carry over your shoulder. I'm so jealous now. Must fi



# What is health literacy?

Health Literacy is:



your health



health & health care information



your health decisions



making decisions together



taking health action



feeling good about your health

AUSTRALIAN COMMISSION  
ON SAFETY AND QUALITY IN HEALTH CARE

[www.safetyandquality.gov.au](http://www.safetyandquality.gov.au)

[www.safetyandquality.gov.au](http://www.safetyandquality.gov.au)

## Health literacy for consumers

60%  
PEOPLE



LOW  
HEALTH LITERACY

Having low health literacy means someone doesn't have the knowledge they need to find, understand and use information about their health and health care.

seek information



join support groups

ask for information



educate yourself

make sure you understand



prepare & ask questions

bring relatives or friends to appointments



be open and honest



#1 ✓

talk about your values & preferences



speak up if you are unhappy with your care

My Medical History

give all your medical details



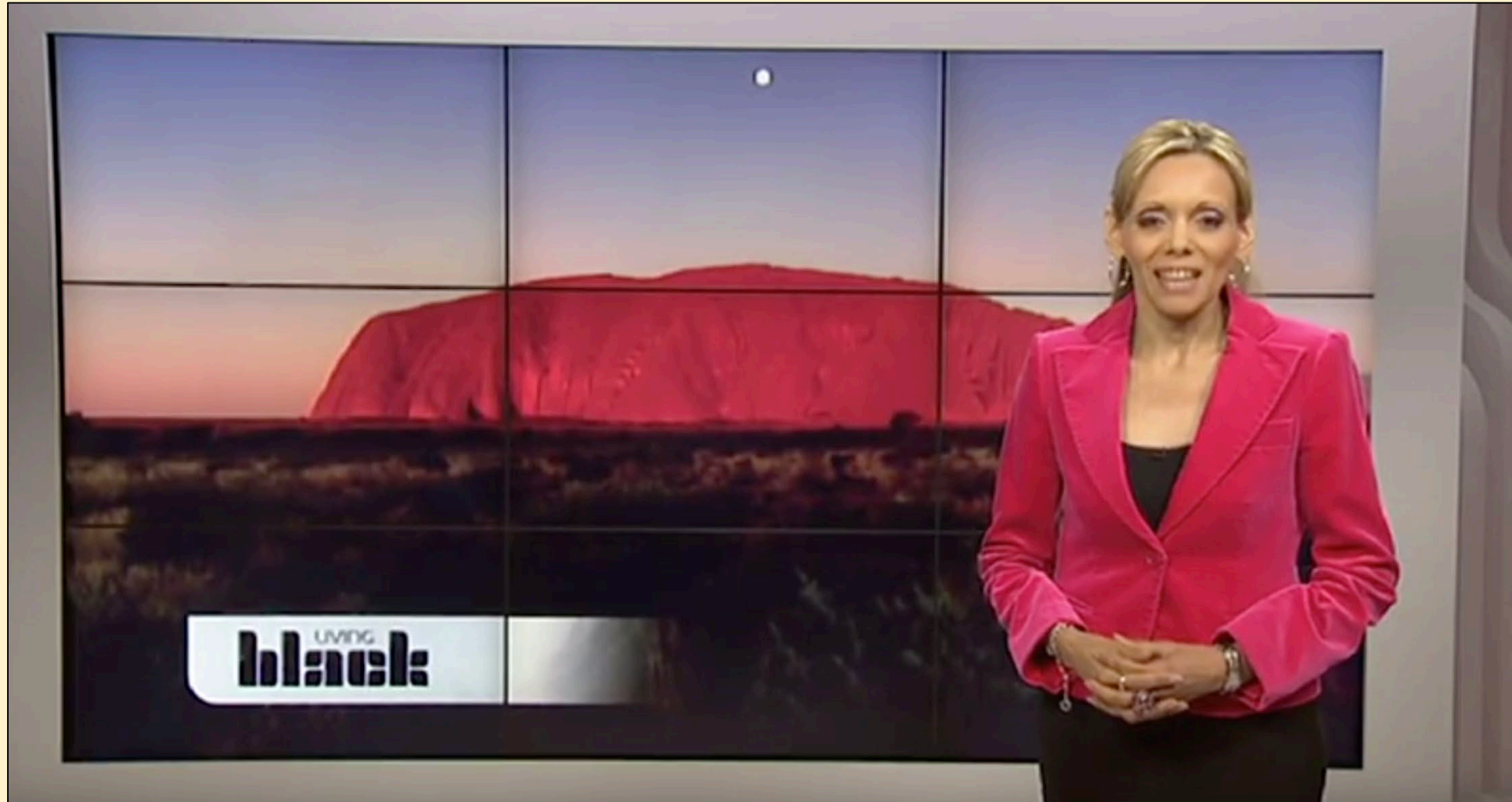
ask for things to be explained differently



request an interpreter



# Lateral Violence



<https://www.youtube.com/watch?v=ZR9LQyrC4Gk>





<https://www.humanrights.gov.au/our-work/race-discrimination/projects/national-anti-racism-strategy-and-racism-it-stops-me-campaign>



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**123,460**

people have got your back.



"Think of three women in your life. Statistically, one of them will report having experienced physical or sexual violence at some point in her life. I am committed to helping uncover Australia's dark secret. That secret is the true and shocking extent of men's violence against women in Australia where at least one woman is killed every week by a current or former partner"

Adam Goodes, Australian of the Year and  
White Ribbon Ambassador

Photo courtesy of The Australian Women's Weekly

### White Ribbon Australia news and events

#### WHITE RIBBON AMBASSADORS SPEAK OUT ABOUT NATIONAL SURVEY RESULTS

Posted 17 September 2014

#### White Ribbon Australia welcomes Our Watch into the anti- violence sector

### Follow us



## Australia is the land of secrets

To uncover them, click here

## An unexpected message

