



PUYU BLASTERS

ABORIGINAL HEALTH COUNCIL OF SA LTD

TACKLING INDIGENOUS SMOKING PROGRAMME – 3 April 2019

USING THE SMOKERLYSER TO SUPPORT BEHAVIOUR CHANGE



Aboriginal Health Council
of South Australia Ltd.

Acknowledgement to Country

We would like to acknowledge the Arrernte people as Traditional Owners of this land as we pay our respects to Elders past and present



Please be aware that the following slides may contain images of deceased persons and, where possible, we have been given permission to use these images.



Aboriginal Health Council
of South Australia Ltd.

AHCSA TIS TEAM

- **Ngara Keeler – Coordinator**

Project Officers

- Trevor Wingard
- Jenaya Hall
- Trent Wingard – (Youth)
- Grant (Snowy) Day
- Zena Wingfield – Outreach Project Officer (Whyalla – Nunyara Aboriginal Health Service)
- Mary Anne Williams – funded through SA Govt with focus on Maternal Health

What does a Smokerlyzer measure?

- ▶ A proactive tool in measuring smoking behavior change.
- ▶ Monitors instantly & non – invasively the amount of Carbon Monoxide (CO) on one's breath.
- ▶ A motivational visual aid that encourages people to measure their progress in quitting



SMOKERLYSER

- ▶ Those who smoke can build up high levels of CO in the blood.
- ▶ This can lead to heart disease, circulation problems & high blood pressure



Health Promotion – Secondhand smoke

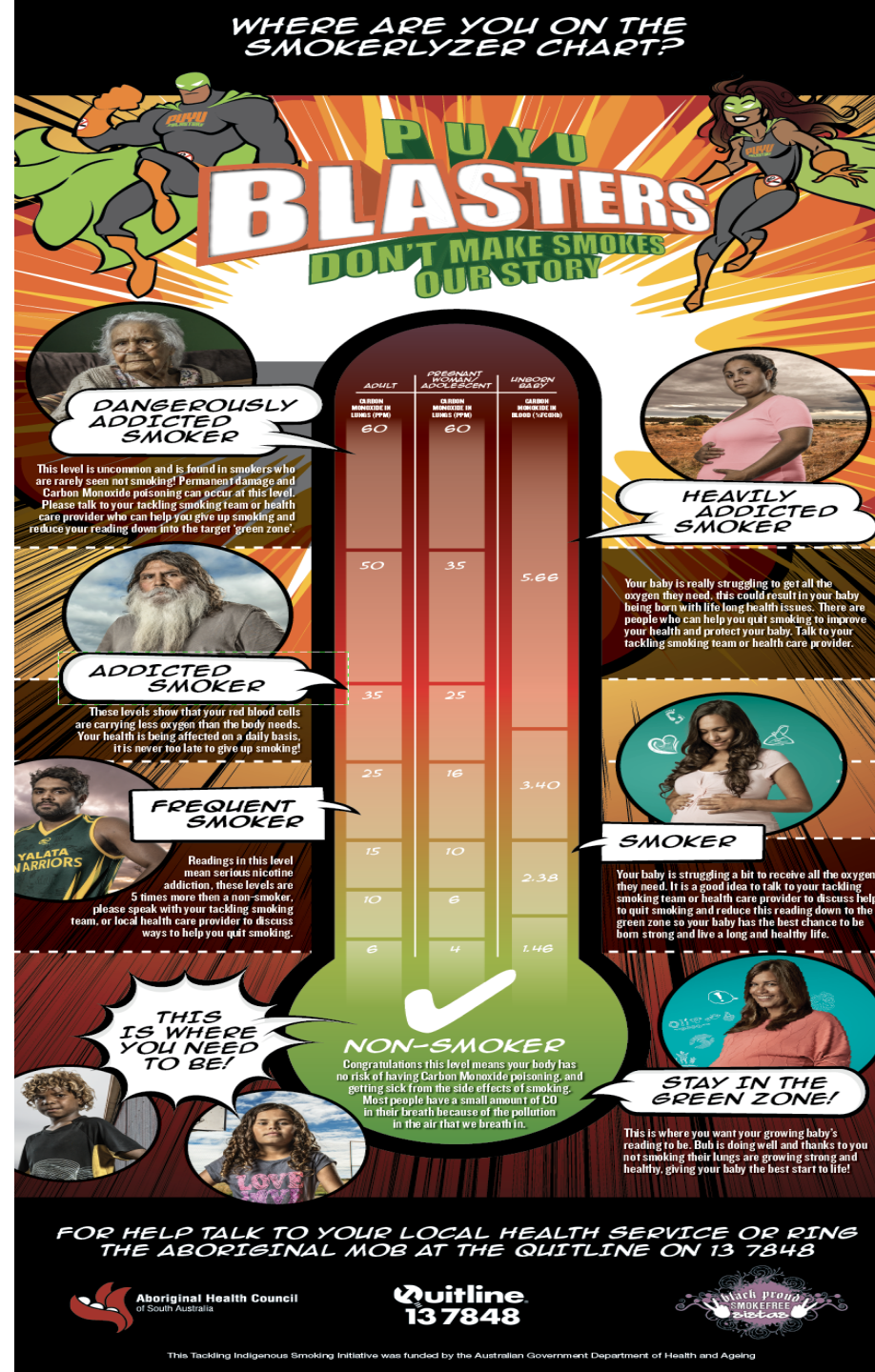
- ▶ Can be powerful in demonstrating how secondhand smoke impacts on people who don't smoke
- ▶ Readings vary from 0ppm for Non Smokers to over 60ppm for heavy smokers
- ▶ Readings can be higher where Cannabis / Yarndi / Gunja is used







Demonstrate usage of a Smokerlyzer



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