

Let me begin by acknowledging the traditional owners and custodians of Mparntwe (Alice Springs) whose land we are meeting on, the Central Arrernte people. I wish to pay respect to their continuing culture and the contribution they make to the life of this city and this region.

I would like to acknowledge that this gathering is being held on the traditional lands of the Central Arrernte people and recognise the strength, resilience and capacity of Central Arrernte people in this land.





Rolling with the

Red Dust

SPREAD OUT AND STICK TOGETHER

"When the dust is settled on our lives all we get to keep and take with us is our dignity, our integrity and the love and respect we share with people."

RED DUST HEALING

Red Dust Healing is based on a cultural belief that we are one people, one mob who do not own but belong to this land.

When the dust is settled on our lives, we only get to keep our dignity, our integrity and the love & respect we shared with people

***There are No right or wrong
answers***

***It is all right to not know the
answers***

Its is alright to feel angry

It is all right to cry

It is all right to feel scared

It is all right to feel shamed

***It is all right to feel like your family
has kicked your guts in***

It is all right to just be you

5 KEY PRINCIPLES OF COLONISATION

- WEALTH
 - YOUNG PEOPLE & WOMEN (Remove the Warrior)
 - LITERATURE & LANGUAGE
 - CHANGE DIETS: (Flour, Sugar, Alcohol & Tobacco)
 - CHANGE OUR NAMES: (Removal of Skin Names)
-
- WEALTH – above the ground and below the ground
 - RETRAIN THE YOUNG PEOPLE
 - CHANGE LANGUAGE AND LITERACY
 - CHANGED OUR DIETS
 - CHANGED OUR NAMES

For too long now some Indigenous people, and especially men have maintained a state of oppression, whether by choice or circumstance is a matter of perspective and opinion.

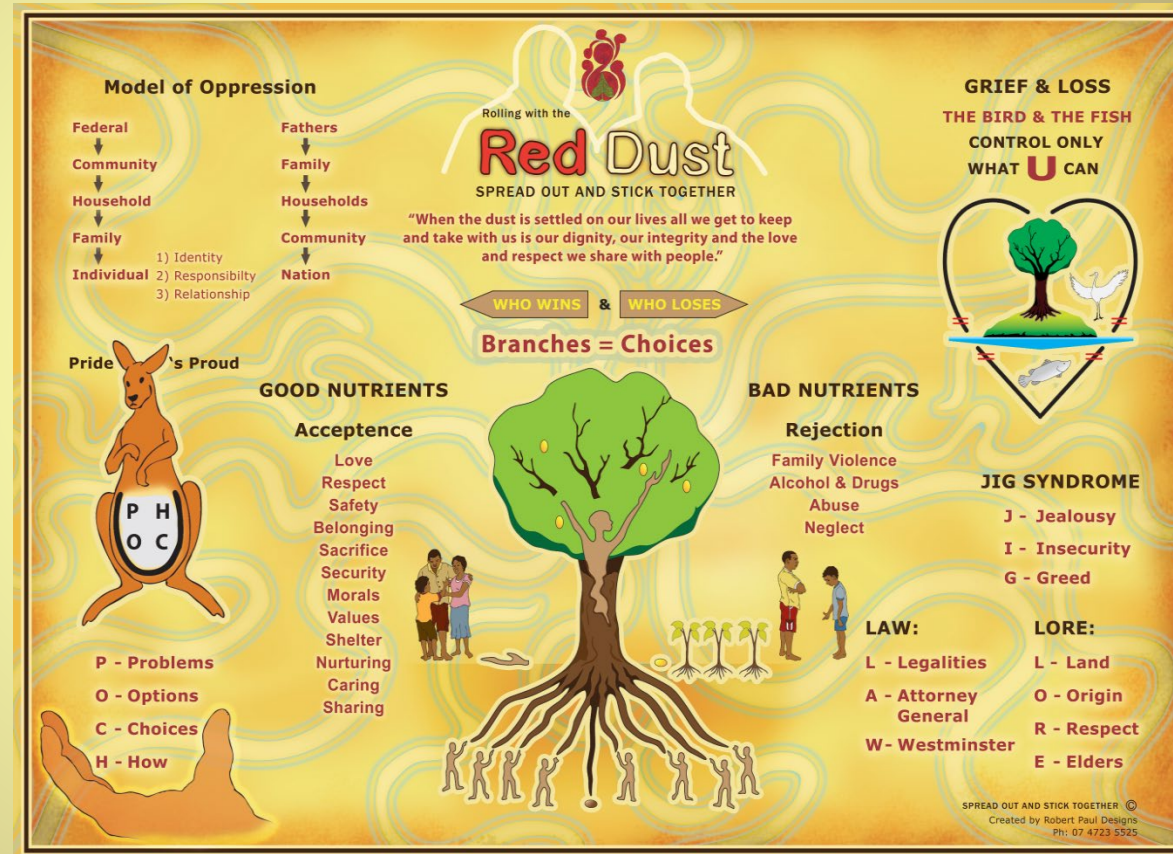
Aboriginal people need to understand what oppression is and how it has effected their lives.

MODEL OF OPPRESSION

- FEDERAL
 - COMMUNITY
 - HOUSEHOLD
 - FAMILY
 - INDIVIDUAL
-
1. IDENTITY
 2. RESPONSIBILITY
 3. RELATIONSHIPS
 4. SPIRITUALITY (BELIEF SYSTEMS)

REVERSING OPPRESSION & TOOLS OF RDH

- FATHERS
- FAMILY
- HOUSEHOLD
- COMMUNITY
- NATION



Model of Oppression

Federal
↓
Community
↓
Household
↓
Family
↓
Individual

- 1) Identity
- 2) Responsibility
- 3) Relationship

Fathers
↓
Family
↓
Households
↓
Community
↓
Nation

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SPREAD OUT AND STICK TOGETHER

"When the dust is settled on our lives all we get to keep and take with us is our dignity, our integrity and the love and respect we share with people."

WHO WINS & WHO LOSES

Branches = Choices

GRIEF & LOSS

THE BIRD & THE FISH
CONTROL ONLY
WHAT **U** CAN



P - Problems
O - Options
C - Choices
H - How

GOOD NUTRIENTS

Acceptance

- Love
- Respect
- Safety
- Belonging
- Sacrifice
- Security
- Morals
- Values
- Shelter
- Nurturing
- Caring
- Sharing

BAD NUTRIENTS

Rejection

- Family Violence
- Alcohol & Drugs
- Abuse
- Neglect

JIG SYNDROME

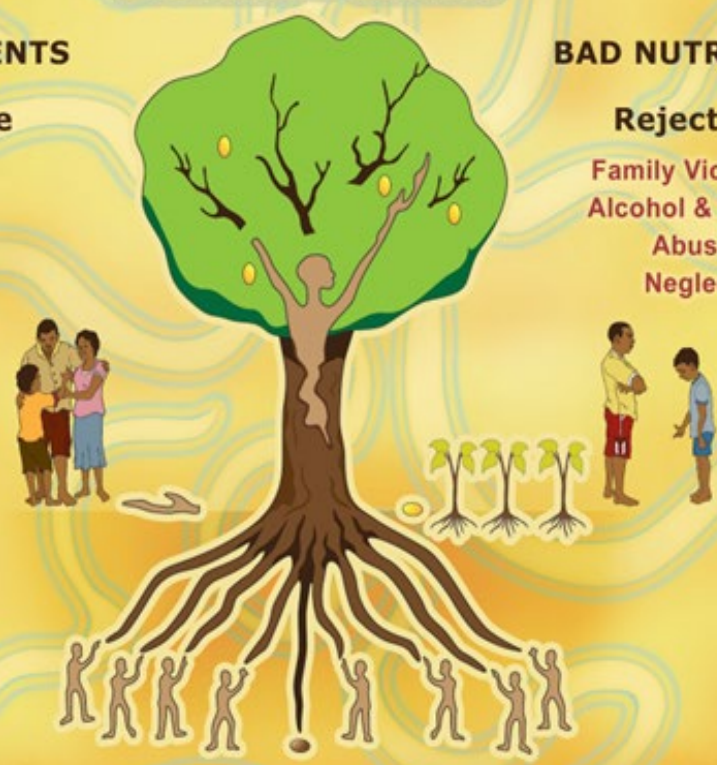
- J - Jealousy
- I - Insecurity
- G - Greed

LAW:

- L - Legalities
- A - Attorney General
- W - Westminster

LORE:

- L - Land
- O - Origin
- R - Respect
- E - Elders

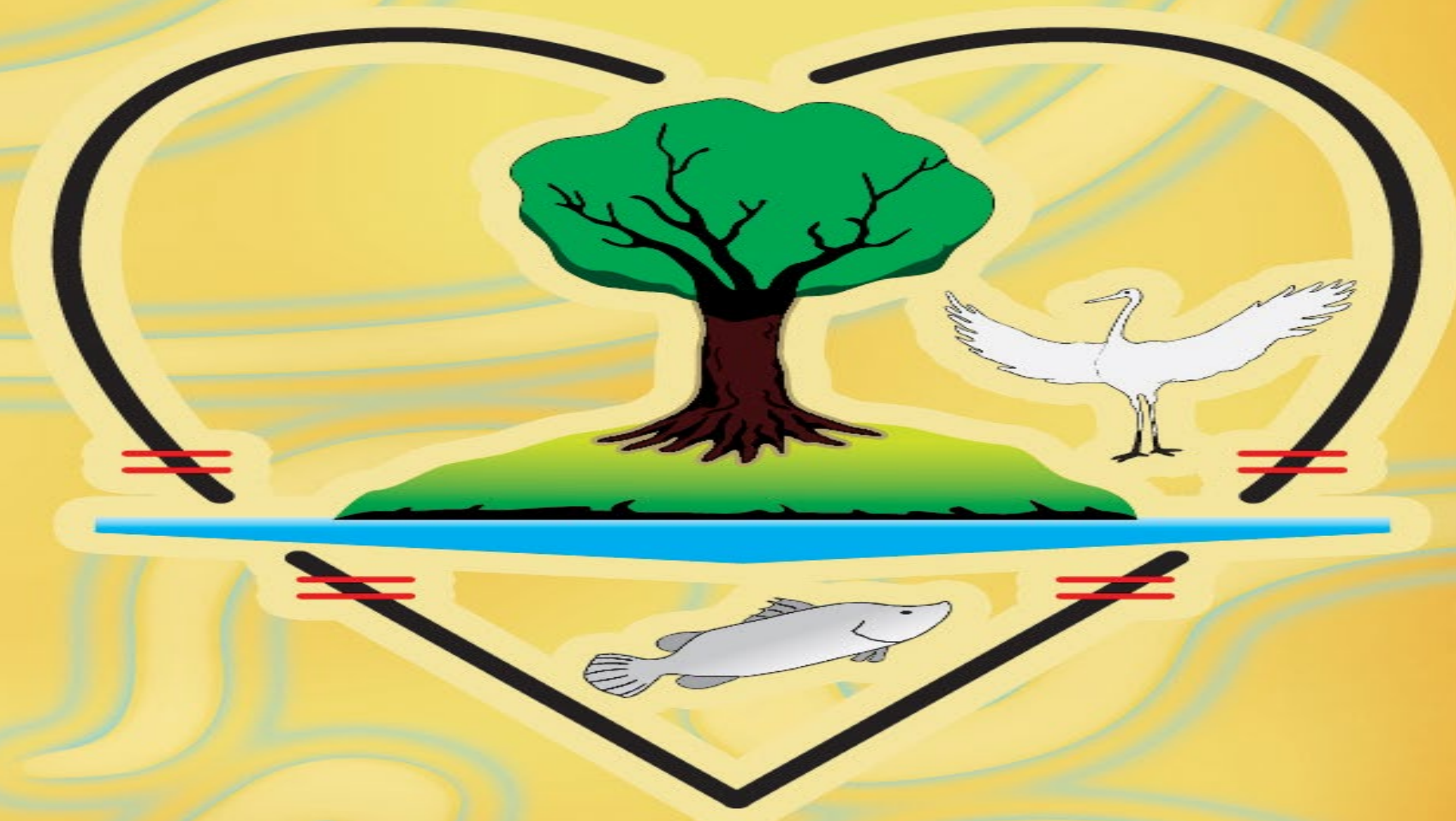


GRIEF & LOSS

THE BIRD & THE FISH

CONTROL ONLY

WHAT U CAN



JIG SYNDROME

J - Jealousy

I - Insecurity

G - Greed

Results in

Fear

Distrust

Envy

LAW:

L - Legalities

**A - Attorney
General**

W - Westminster

LORE:

L - Land

O - Origin

R - Respect

E - Elders

LAW and LORE

- Dignity
- Integrity
- Power
- Freedom

Pride 's Proud



P - Problems

O - Options

C - Choices

H - How

**OUR PROBLEMS, OPTIONS, CHOICES AND HOW WE GO ABOUT IT
START WITH *US* AND FINISH WITH *US***

Pride

Between the
ears

's Proud

Pride is all about I, I, I.

Proud has a U making it about Us



If U don't get to the Solution you remain in the problem

P - Problems

O - Options

C - Choices

H - How





Acknowledgement

- Reference Source

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