



Today's Presentation will cover:

- ☐ **Introduction to Miwatj Health**
(Presented by Wayne Dhurrkay)
- ☐ **Miwatj TIS Data in brief on:
Smoke Free Homes in our Communities**
(Presented by Gordon Boot)
- ☐ **TIS Team Story, our local context and challenges:**
(Presented by Glen Gurruwiwi)
- ☐ **TIS Team Story, working with families:**
(Presented by Julie Gapalathana)



Introduction Miwatj Health & TIS Team



TIS Community Engagements



Miwatj Health TIS Team



Gove Peninsular

Wayne Dhurrkay
Gordon Boot
Shikera Baxter
Burritj Ngurruwutthun

Galiwin'ku

Glen Dharlirri Gurruwiwi
Oscar Garrawirtja
Tarlisa Robertson



Yurrwi

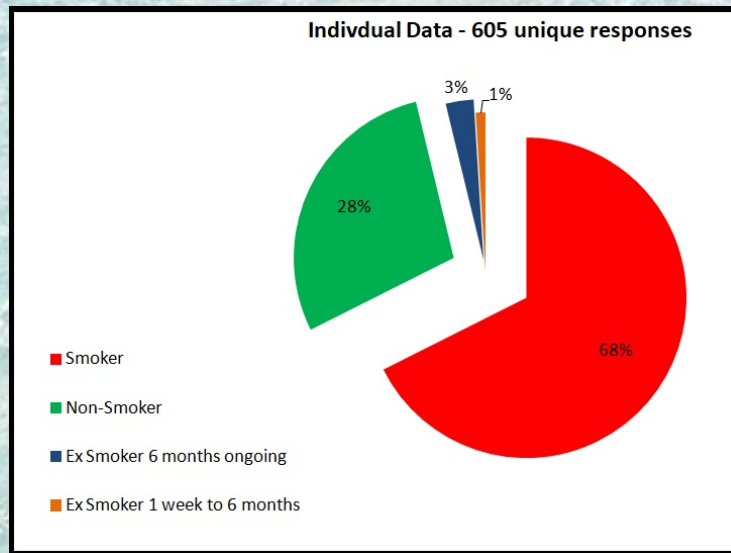
Julie Gapalathana
Revonna Ganygulpa
Chris Wangappuma

Gapuwiyak

Michael Guyula
Trudy
Wunungmurra



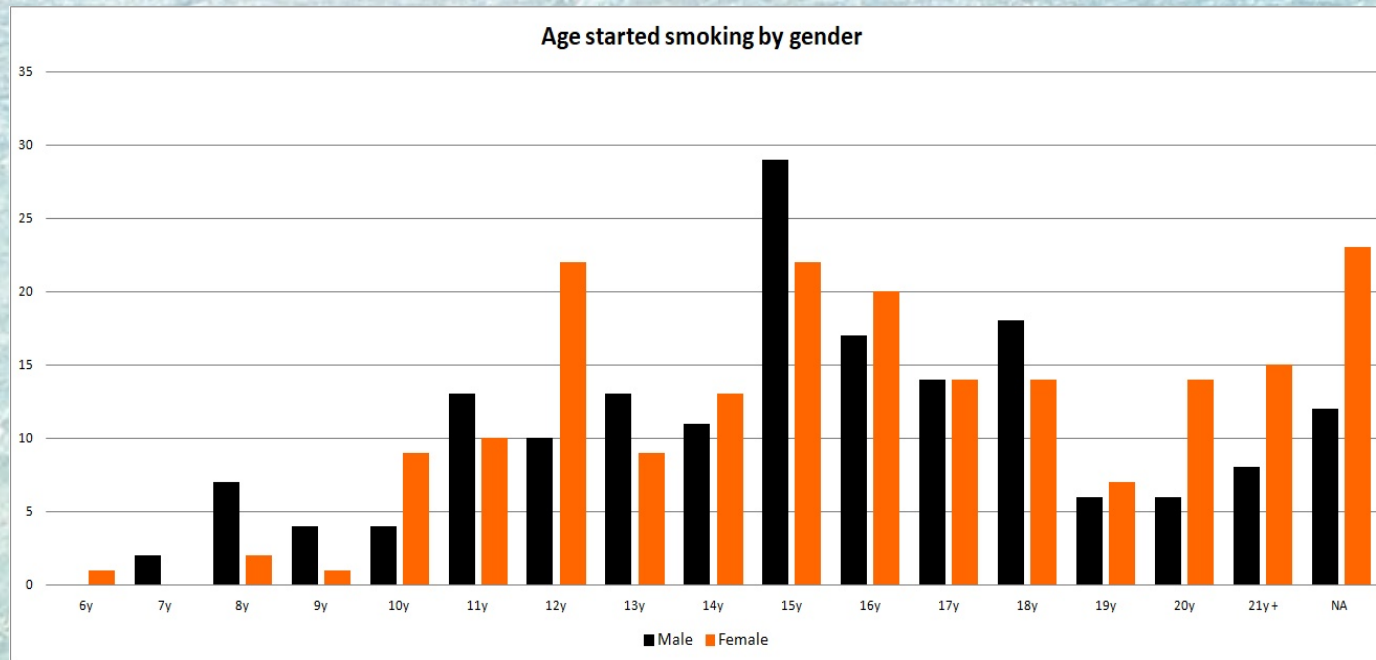
Miwatj TIS Data – A brief summary



Overall **smoking rates** remain **high** across the region!



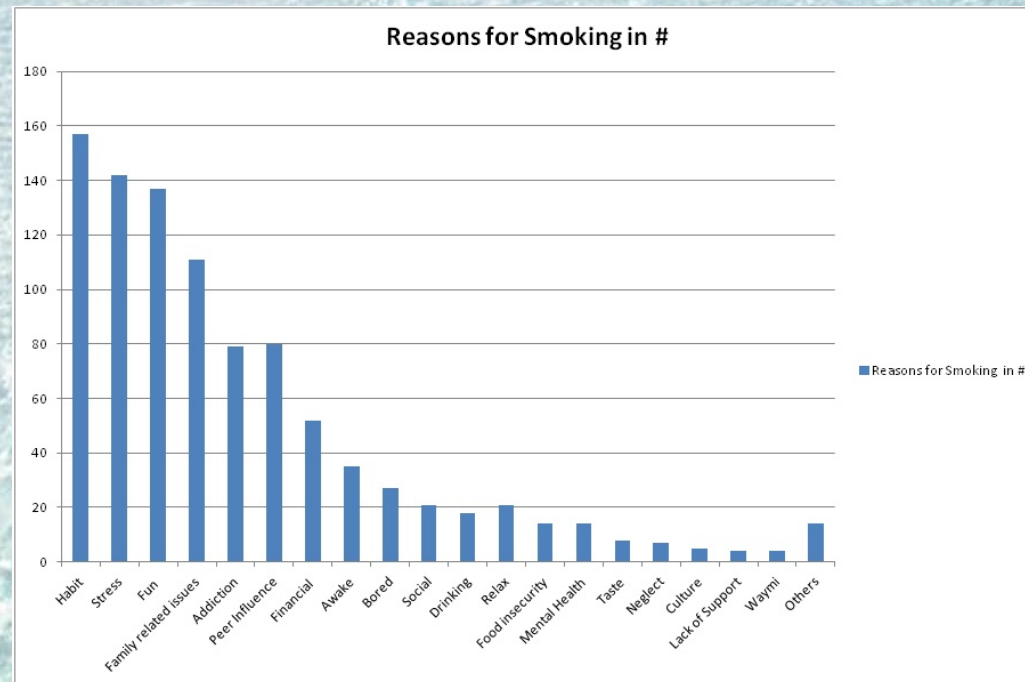
They are starting young



Self-reported age of picking up smoking behaviours within the Miwatj region



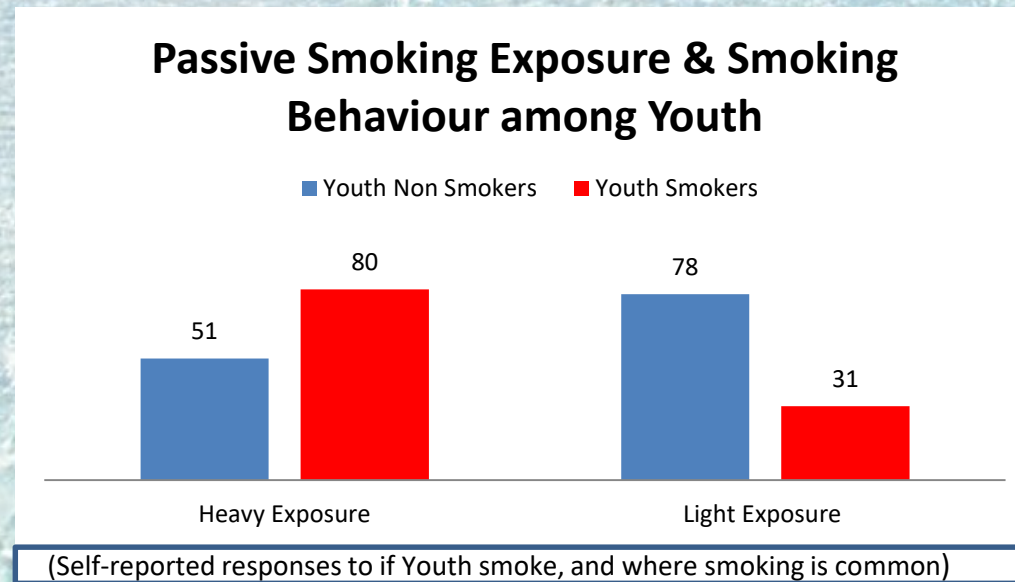
Why do people smoke



Self-reported responses to why people smoke



Normalisation vs De-Normalisation






- Heavy Exposure: Passive smoking in confined spaces (in-doors & out-doors & vehicles)
- Light Exposure: Passive smoking is irregular (out-doors only, sometimes in vehicles)



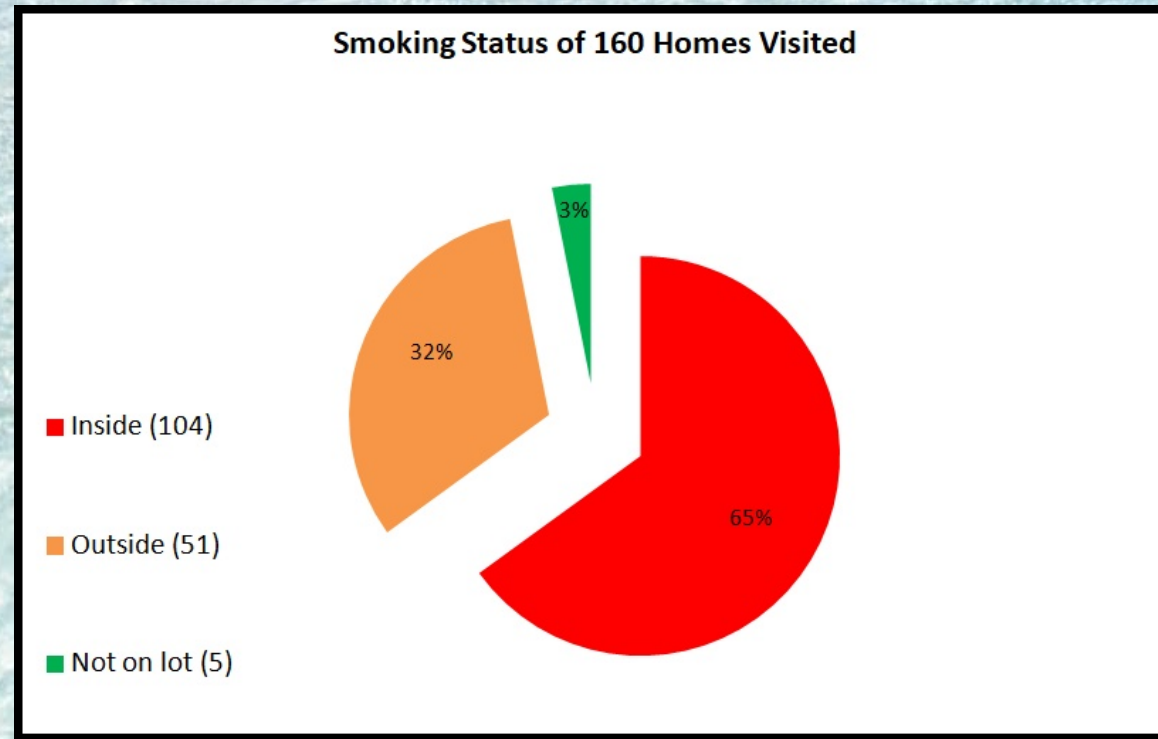
Community Mapping



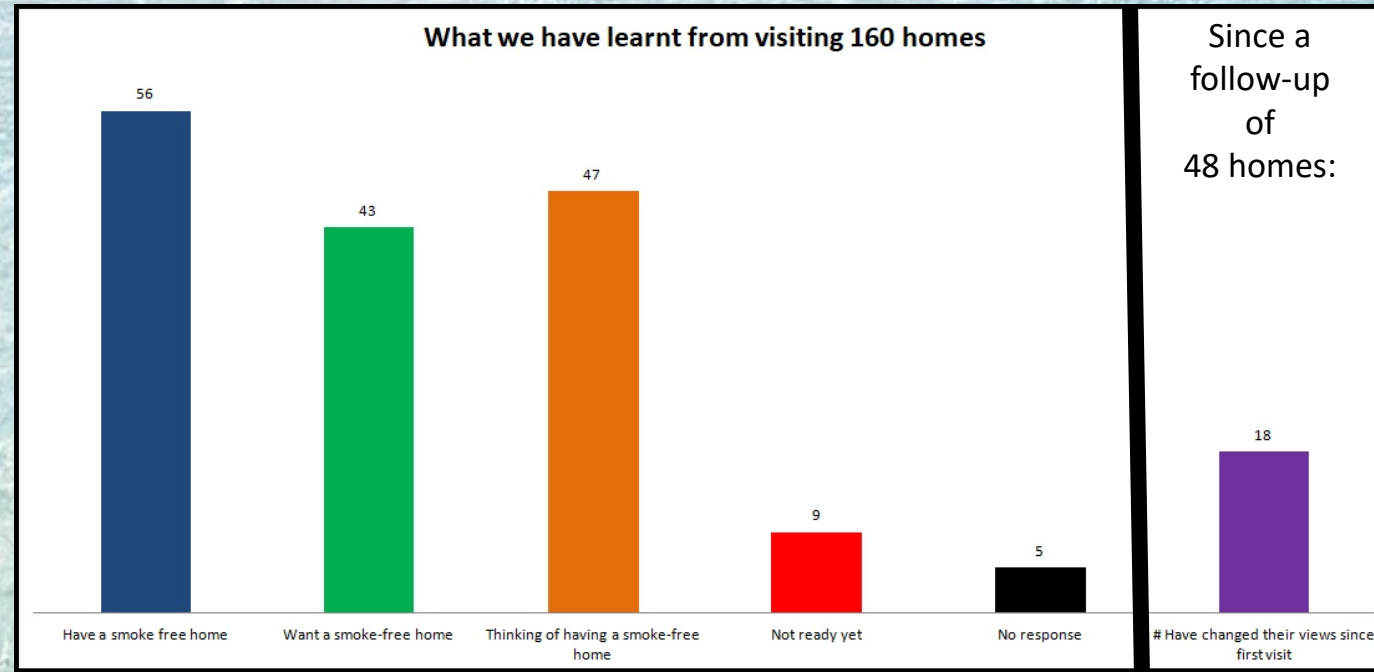
-  Smoke-Free home
-  Currently smoking inside
Want our support
-  Not Ready Yet



Home Visits & Data Collection



Gradual Positive Changes



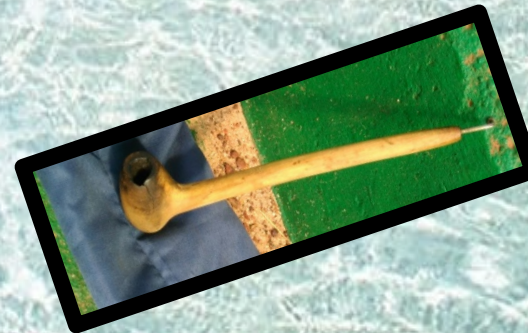
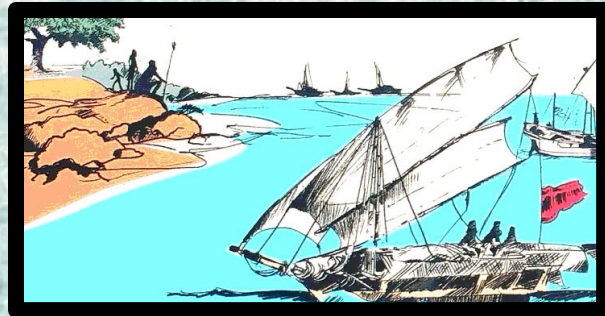
TIS Team Dhawu (Story)



Relationships



- Different Clans
- Dhuwa & Yirritja
- Yirritja sing & dance the Ngarali (Tobacco) Dhawu (Story) --> From Trading with Maccassans.



Gurrutu (Family)



Relationship very important,
Addressing people the right way.
Asking for permission to talk to them
about Ngarli Dhawu.



Talking to the Grandchild can be **strong message**,
and influence smoking behaviours.

Talking about the difficult topics possible!

BUT some health topics are rarely or not at all
discussed, example: Mental Health or Gender
Specific Health issues.



Acknowledging different World-Views



People smoke inside the home
because of:



➤ Avoiding
Humbug



➤ At night: **Galka & Mokuy**
(Sorcery & Spirit Ghosts)



Quitting by choice not through force



Inviting people to *Start The Journey*,
To quitting and becoming healthier!

-> **Equally:** Being invited to visit and support
Yolngu



We can only share the story of Njarali with Yolngu!
The decision is their own to make.



Working with Gurruṯu (Family)



Family Education

Sharing Data back to community



Exploring & Discussing common issues
on N̄arali (Tobacco):

-> Becomes shared / negotiated
knowledge and understanding.



Resources that work for Yolŋu



Resources that work best are **interactive**!

Like **Visual Displays**: Tar in the Jar, Teeth Decay, Artery, Flip Chart, Posters, Photos and iPad for Videos,

Some Yolŋu have strong **Rom** (Law)

Smoking is **NOT** permitted in their home!



Family groups that are non-smokers support each other
-> Keep the house smoke free.



**Näpurr ga warwu'yun Yolŋu
walngä'wu yalalangu
mirri'wu**

We are worrying about the future wellbeing of Yolŋu

