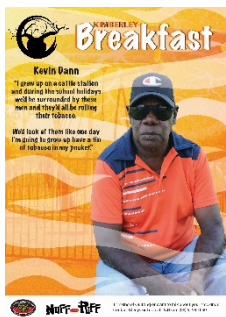




DERBY ABORIGINAL HEALTH SERVICE TIS TEAM

LEON KHAN, GLENYS GILLESPIE AND
KALEISHA EJAI





Kimberley Breakfast:



- *The TiS Kimberley Breakfast commenced in response to the usual Kimberley breakfast of a cigarette and a cup of coffee or tea. The TiS team developed promoted and set up in various locations around Derby a Kimberley Breakfast event where a healthy breakfast was provided and smoking assessment and brief intervention therapy conducted.*
- Dabs Tis Team worked in collaboration with KAMS (Kimberley Aboriginal Medical Service), KPHU (Kimberley Population Health Unit).
- The initial Kimberley breakfast was held in Derby on the 26th October 2017 and attended by over 75+ community members.
- Subsequent Kimberley Breakfasts have been attended by over 50+ community members at each event.
- This year we have taken the Kimberley Breakfast out to the Mowanjum Aboriginal Community in which attended by over 30+ community members.

Kimberley Breakfast continued

- Further Kimberley Breakfast will held in Kununurra and other surrounding communities including Gibb River Road communities and Fitzroy Crossing .
- January of this year , we conducted further research with over 124 community members and 36 of those community members are having a normal breakfast.
- The program has been well received with air time with the ABC Kimberley Radio , and also a letter of congratulations from the local office of Prime Minister & Cabinet in promoting nutrition and raising awareness and highlighting the benefits resulting from reducing or quitting cigarettes.
- Since the inception of the Kimberley Breakfast, 24 community members have given up cigarettes with others reducing their cigarette intake.

Smoking cessation in Prison

- **The TiS program commenced in the Prison in 2017**
- In the beginning DAHS and BRAMS collaborated to do PIOSASC education sessions within the prison.
- Currently the Derby TiS programs are conducted twice a month for 2 hours, for both females and males in separate sessions at the West Kim.
- There is high demand for this program as prisoners report they smoke more when in prison than when they are out.



Youth Justice

- Youth Justice approached the Dabs TiS Team to see if we would work in collaboration in taking the troubled young males out of a room environment.
- We delivered the smoking education to those young males out on country, they were more engaged in listening to the information and did participate in feedback about the dangers of cigarettes.
- The program is in its infancy, but the feedback from those young males have resulted in other agencies being involved in the program.



Game Changers

- The game changers program involves the collaboration with Derby District High School , KMHDS (Kimberley Mental Health & Drug Service), Garnduwa Aboriginal Sporting Cooperation and the Derby Aboriginal Health Service Tis Team.
- The program involves the Tis team to give Smoking Education to the young girls who might have a percentage rate of 0 to 25% in attendance at school.
- The program entails these young females to attend school and the educational sessions that we provide
- Football carnivals that the Game Changers program have organised will be the reward for these young females.
- The Game Changers program is in its 2nd year and has seen these young ladies engage in school , sports and the program itself.
- This group have now reached 75% attendance at school.

