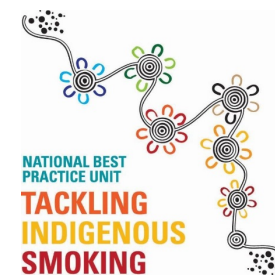




Regional and Remote South Australia

Building Workforce and Community Capacity in Reducing Smoking
Presented by Trevor Wingard,

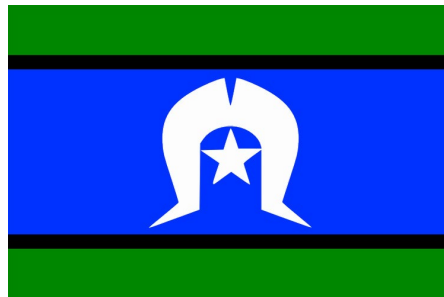
Tackling Indigenous Smoking Project Officer



Acknowledgement to Country

We would like to acknowledge the
Traditional Owners of this land that we meet on
and we pay our respects to Elders past and present.

We also recognise and pay our respects
to other Aboriginal groups here today.



Training packages Offered Are:

- ▶ In Service Training
- ▶ Environmental Scans
- ▶ Communicare Training
- ▶ Tackle the Triggers
- ▶ Our Lungs Our Mob
- ▶ Smoke Free Prisons
- ▶ Yarning Circles
- ▶ Promotion of Health infonet website



In Service Training

In Service training is provided to AHCSA Member and Non Member Health Service as well as other Community Organisations. The purpose of the In Service Training is to provide links to Services, update knowledge, trends, policy guidelines and referrals to appropriate quitting support.

In this training we cover:

- History of Tobacco
- Addiction
- Brief Interventions
- Motivational Interviewing techniques
- Passive Smoking
- Quitline Referral process



Environmental Scans

To help support organizations with becoming smoke-free we complete an Environmental scan of their surrounding areas.

In this scan we look for the below:

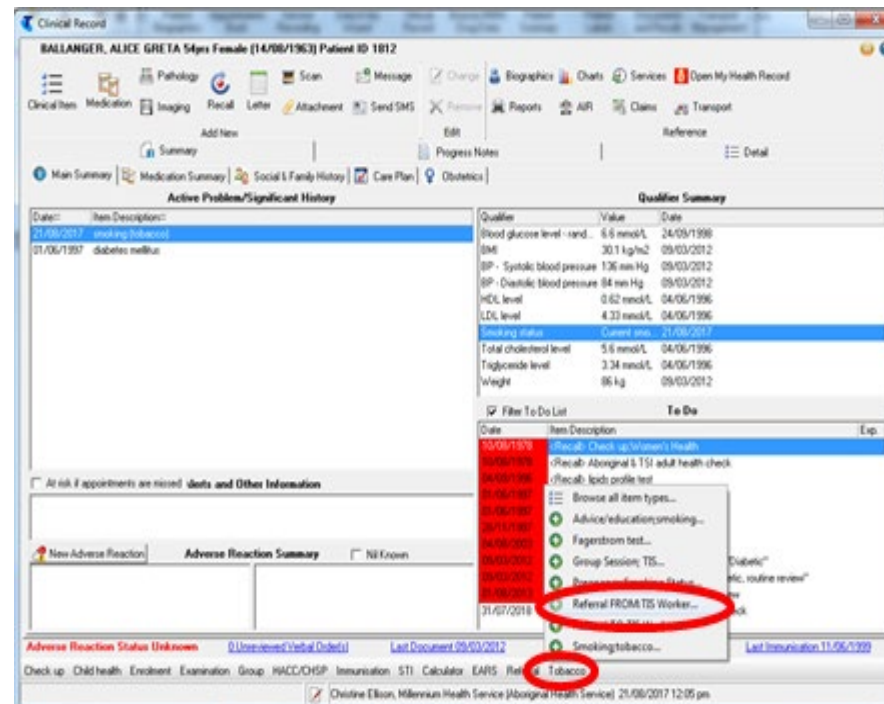
- Designated Smoking Areas
- Designated Non Smoking Areas
- 'Smoking Signs'
- 'No Smoking Signs'
- Usual Smoking areas (undesigned)
- Butt Bins
- Garbage Bins
- Butts on the Ground
- We provide:
- Up to date policy compliance information
- Recommendations for the future
- Puyu Blaster signage



Communicare Training

AHCSA has created a Tackling Indigenous Smoking Communicare Tab. This will help with capturing data in our communities and builds capacity with clinical staff.

The tab is used in regular check ups and Health Checks. This is a great tool as it monitors a persons smoking status. Communicare is only available to Members Services.





Tackle the Triggers

- ▶ An evidence based resource for Aboriginal Health Worker's and Managers
- ▶ Manager's Toolbox
- ▶ Staff Wellbeing
- ▶ Quit skills Training
- ▶ Smoke Free spaces
- ▶ Understanding triggers



Our Lungs Our Mob

- ▶ This resource has been designed to support Aboriginal Health Worker's and Practitioners in conducting workshops for community members to increase awareness of the symptoms of lung cancer and the benefits of diagnosis at an early stage



Smoke*free* Prisons Strategy

South Australian Prisons will be Smoke*free*
by the end of 2019

- ▶ Partnership with the Department of Correctional Services (May 2019 to Dec 2019)
- ▶ Diversionary Therapies
- ▶ Information and advice on NRT availability and usage
- ▶ Promote a healthier environment for Staff, inmates and visitors
- ▶ Increase knowledge of supports available to quit smoking.



Yarning Circles

- ▶ Yarning circles is an informal environment that encourages creative, respectful and honest communication and interactions between participants, building trusting relationships in a culturally appropriate way.



QUESTION TIME?

www.facebook.com/pg/PuyuBlastersAHCSA

<http://www.puyublasters.com.au/health-worker/>

<http://tacklethetriggers.com.au/>



Aboriginal Health Council
of South Australia Ltd.