Quitline Update

SA TIS Jurisdictional Workshop
Acknowledgement of Country

I acknowledge the Kaurna people as the traditional custodians of the land and waters.
I pay my respects to their elders – past and present.
What’s happening at Quitline?

- Quitskills team to provide coverage
- Ongoing recruitment for Aboriginal Counsellor
- Aboriginal and Torres Strait Islander smokers still being referred or self-referring
Show me the numbers!

SA Quitline referrals
Aboriginal Health site  52
(TIS/AHW  44)
Self/blank/non-AHS  134
Total  186
Let’s chat

What do you see as the barriers?

How can we support each other going forward?
What will Quitline do?

• Promote active referrals
• Promote brief interventions
• Promote Quitline
• Continue to visit Health Services
• Continue to train Health Professionals
How will we do it?

• Support for Health Professionals and maintaining an ongoing work relationship
• 6 x unsuccessful call attempts
• Case management (if preferred)
• Attending community events
• Providing community based ‘Yarning Sessions’
But don’t forget…

Talking About The Smokes

• 70% of smokers wanted to quit
• 48% of daily smokers had made a quit attempt in the last year.
• 47% of daily smokers who had made an attempt in the last five years had sustained an attempt for at least one month
Online is best!

Click on ‘I’m a health professional’
Quitline 13 7848

I'm a health professional

Contents
- Refer a client to Quitline
- What is my role?
- Common barriers for health professionals
- Resources to support my client

Refer a client to Quitline
Click here to complete an online referral to Quitline for your client.

Order Resources
Click here to order resources

What is my role?

The majority of people who smoke are interested in quitting (but not necessarily ready to take action). Research shows that encouragement and brief advice from health professionals is appreciated and will often lead to action. As a health worker you are not expected to spend hours counselling patients through the quitting process but providing your support and encouragement can support your patient to quit smoking. You can refer your patient to Quitline who will provide over the phone support throughout your patient’s quitting.

Support your clients by:
- asking about their smoking
- providing a referral to Quitline
- referring to other services or health professionals
- offering the support of nicotine replacement therapy or medications if appropriate (GP only)
- actively encourage and support their patients/clients in their quitting journey.
Quitline referral

Title:  
Name*:  
Address*:  
Postcode*:  
Contact number*:  
Aboriginal or Torres Strait Islander*: No  
Interpreter required*:  
When to call:  
Date of first call (dd/mm/yyyy)*:  
Best time to call*:  
Does your client give permission to send you reports regarding their quitting progress*: Yes  
Referring professional's name*:  
Organisation:  
Profession*:  
Address:  
Postcode:  
Contact Phone or Email*:  

Privacy collection statement
Your privacy is as important to Cancer Council SA as it is to you. That's why any personal information you give us will be treated with respect and in strict confidence. Personal information is collected to process donations, issue tax receipts and to send you updates. We may disclose your information to agents, contractors and third parties who provide services to us, and in doing so we take reasonable steps to ensure any information held by our service providers is protected. A full copy of our Privacy Policy is at www.cancer.sa.gov.au/privacy with details about how you can access and correct your personal information and how we handle any privacy complaints. Or call us on 1300 65 65 85 for more details about our commitment to your privacy.

* Required field
In closing

• Ask permission to talk about smoking

• Ask how your client feels about smoking at the moment
  Draw out more change talk and acknowledge sustain talk

• Ask about previous quit attempts – what has worked in the past?

• Leave the next step to the client
  Offer referral to Quitline or clinic
Thank you!

Nathan Rigney
Coordinator Aboriginal Programs
nrigney@cancersa.org.au