

NATIONAL BEST  
PRACTICE UNIT

**TACKLING  
INDIGENOUS  
SMOKING**



**TACKLING INDIGENOUS  
SMOKING (TIS)  
JURISDICTIONAL WORKSHOP  
NORTHERN TERRITORY**

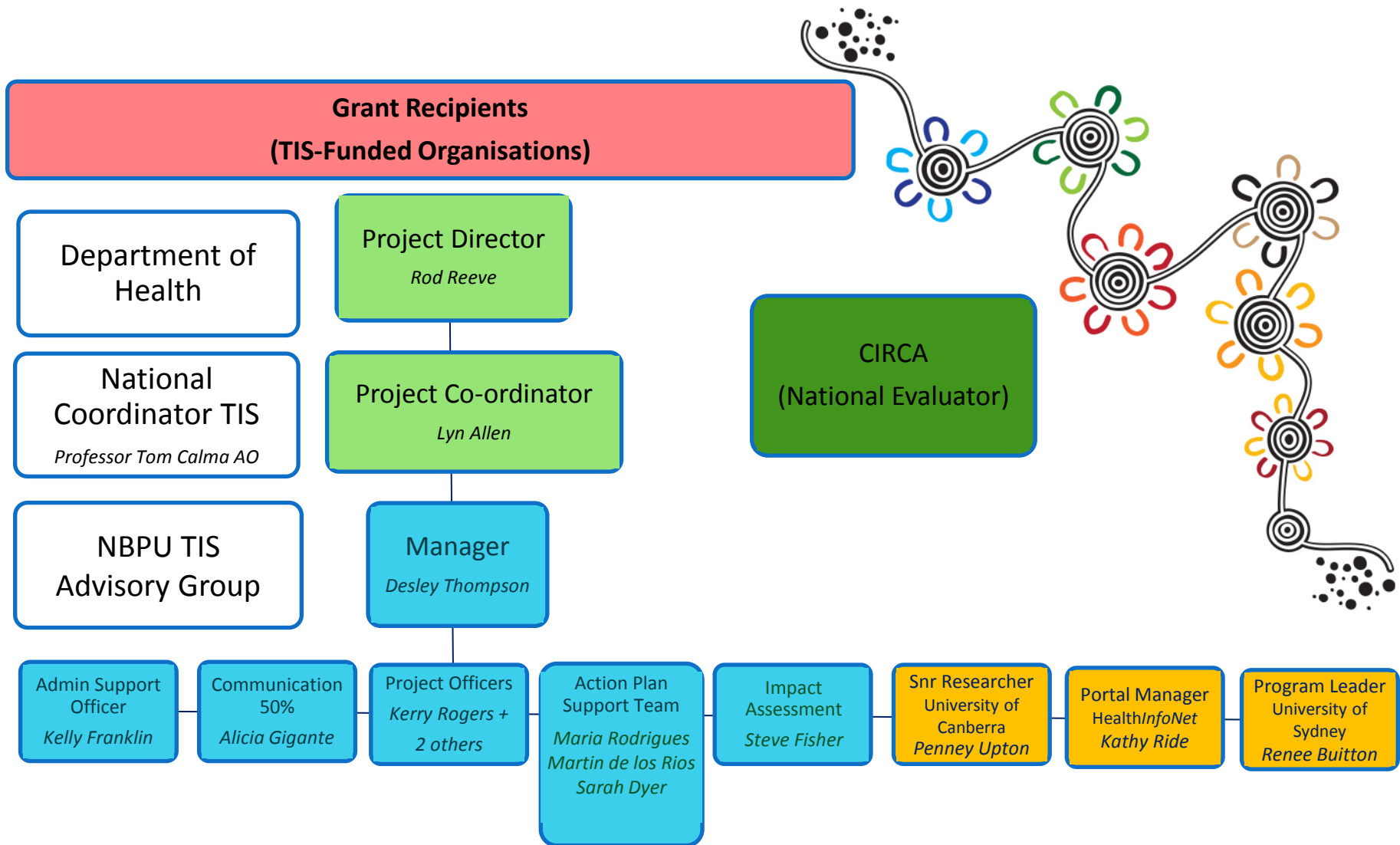
Tuesday 30<sup>th</sup> August 2016

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**WHO ARE WE?**



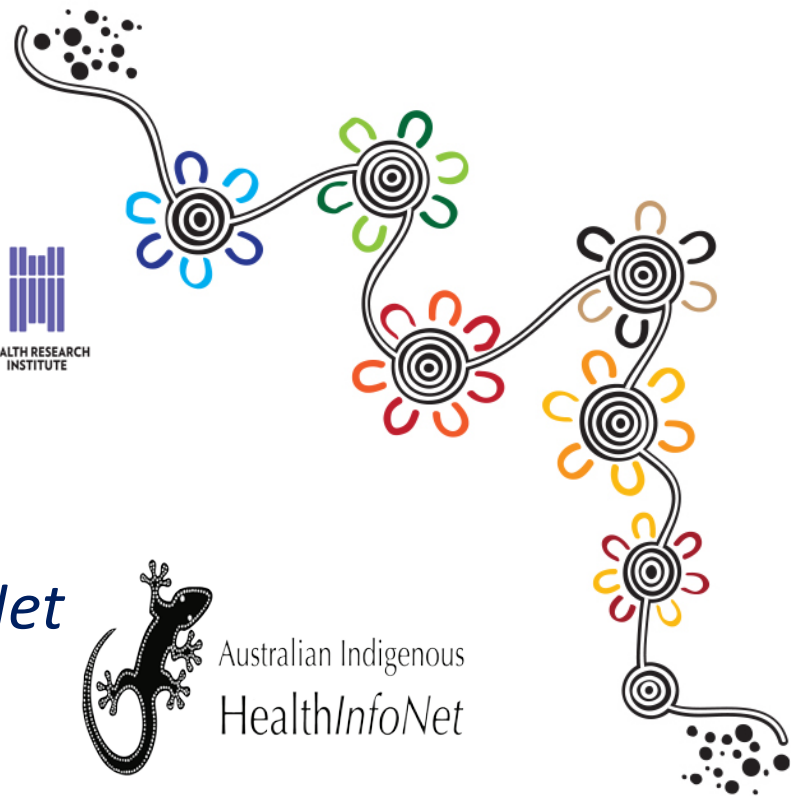
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# **CONSORTIUM PARTNERS**

➤ Health Research Institute,  
University of Canberra



➤ Australian Indigenous HealthInfoNet  
Edith Cowan University, Perth



Australian Indigenous  
HealthInfoNet

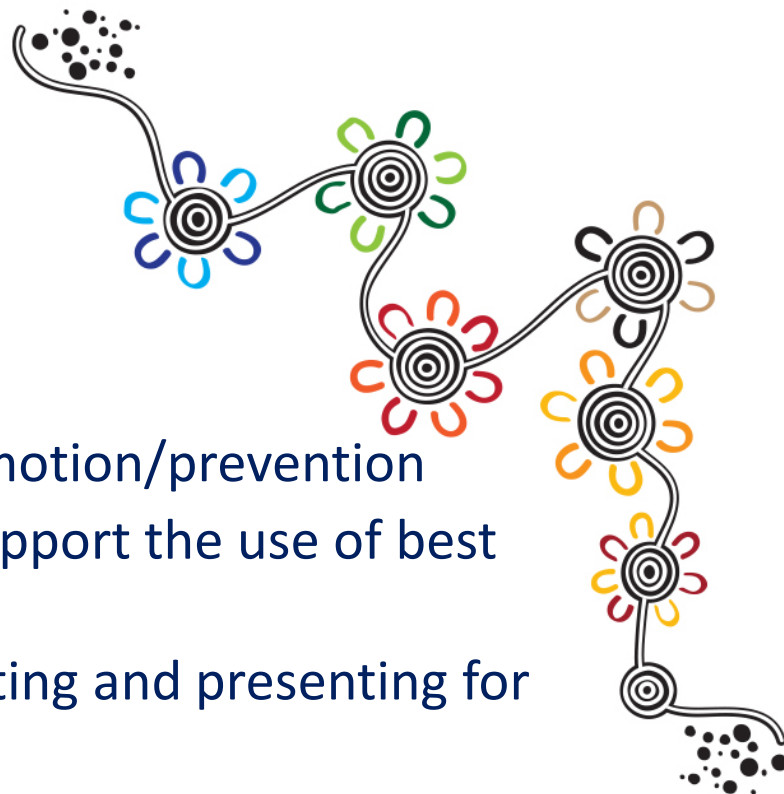
➤ Smoking Research Unit, Mind and Brain Centre  
University of Sydney



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SYDNEY

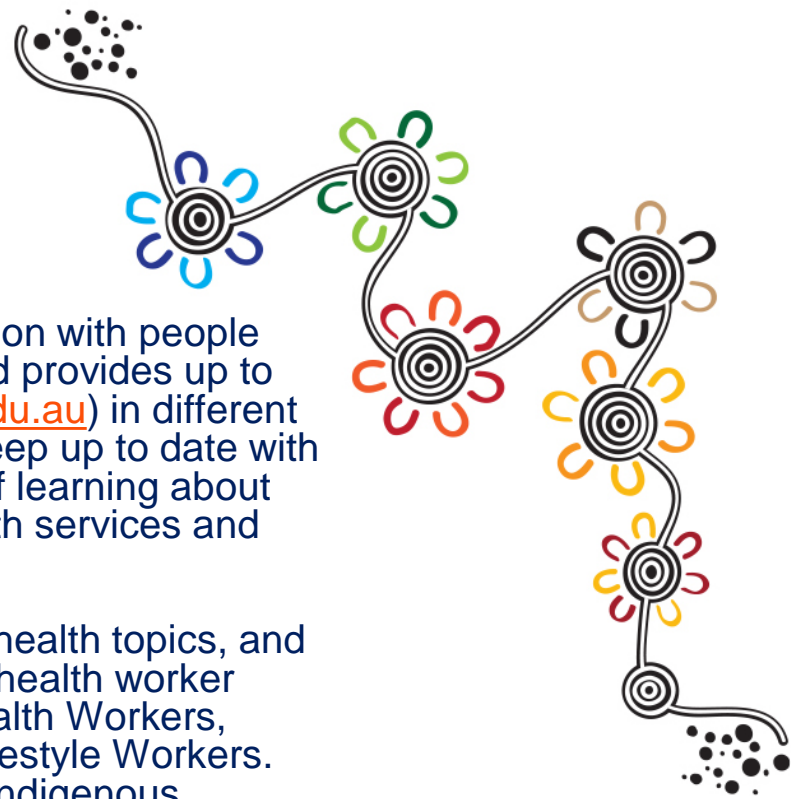
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## University of Canberra team:

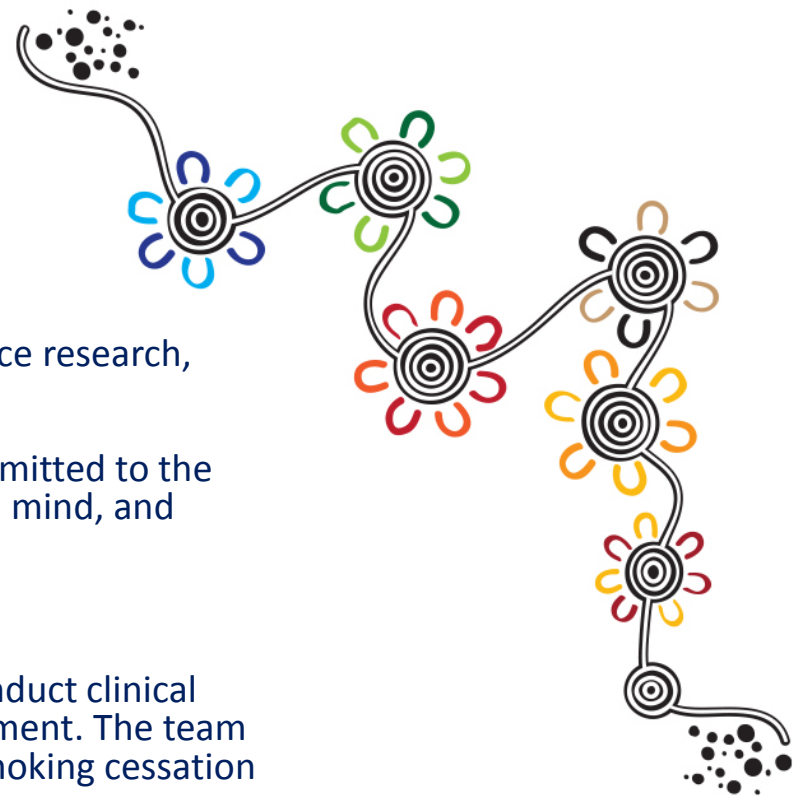
- Penney Upton and Rachel Davey
- Background in Public Health/health promotion/prevention
- Leading the development of EB-TIS to support the use of best practice:
  - Collating existing literature, interpreting and presenting for the portal
  - Supporting teams developing their own evidence
  - Material on the portal will include a range of media - written word, videos, etc.
- Reviewing the materials to ensure they are user friendly and accessible



- The Australian Indigenous HealthInfoNet shares information with people working and studying in the area of Indigenous health and provides up to date information on its website ([www.healthinfonet.ecu.edu.au](http://www.healthinfonet.ecu.edu.au)) in different ways, allowing people to increase their knowledge and keep up to date with what is happening. This can help speed up the process of learning about Indigenous health and what can be done to improve health services and practices.
- The HealthInfoNet contains information on more than 30 health topics, and includes a collection of special 'portals' for eight different health worker groups including Aboriginal and Torres Strait Islander Health Workers, Social and Emotional Wellbeing Workers, and Healthy Lifestyle Workers. We will be creating a new portal specifically for Tackling Indigenous Smoking Workers.
- The Yarning places on the HealthInfoNet enable people with an interest in Indigenous health to share information, knowledge and experience - even when they live in different states, territories and regions, come from different sectors (such as health, education and justice), and work for different organisations. There will be a new Yarning place created specifically for the Tackling Indigenous Smoking Workers.



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### **Brain and Mind Centre**

Brain and Mind Centre is a global leader in brain and mind science research, education and treatment.

By partnering across borders and disciplines, our teams are committed to the development of better treatments for disorders of the brain and mind, and leading improved health care for generations to come.

### **Smoking Cessation Team**

Researchers in the Smoking Cessation Program evaluate and conduct clinical trials, and report on smoking cessation products under development. The team includes Phd students engaged in studies related to smoking, smoking cessation and mental health.

The team have been investigating the detrimental medical effects of Fungi in home-grown or illicit "chop-chop" tobacco. This type of cheap tobacco is often used by individuals with reduced income and leads to considerable life-threatening diseases. The team has a strong emphasis on teaching and on practical application of research.

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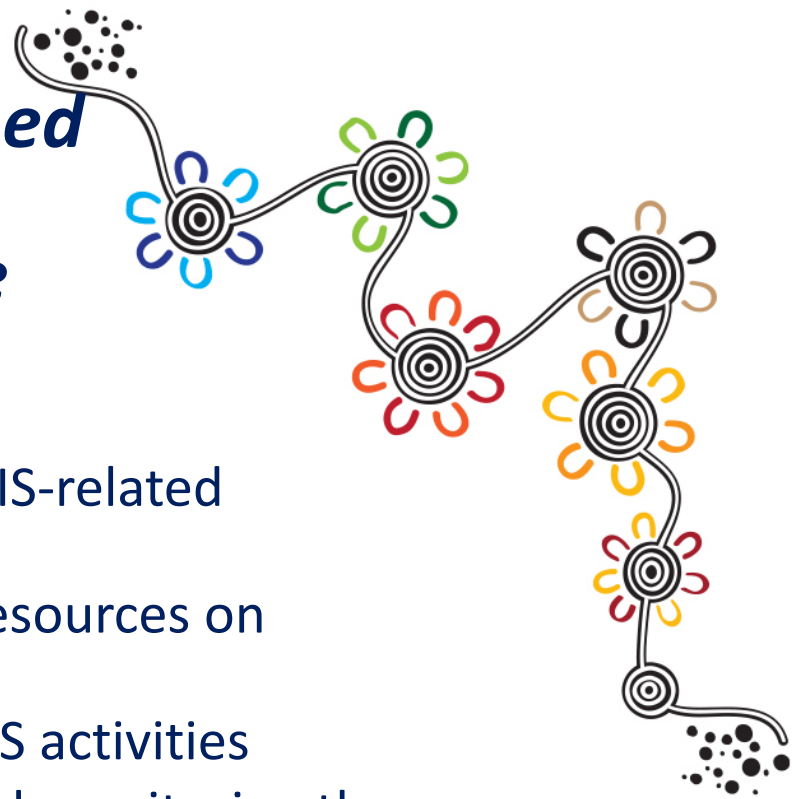
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# WHAT DOES THE NBPU TIS DO

# ***The NBPU TIS is a unit established to provide tailored support to organisations funded under the National TIS program***



The NBPU TIS can assist organisations with TIS-related matters, such as:

- accessing research, information and resources on tobacco control
- assist in developing Action Plans for TIS activities
- developing performance indicators and monitoring the impact of TIS activities
- accessing relevant training (such as brief intervention training, smoking cessation workshops) and networking opportunities

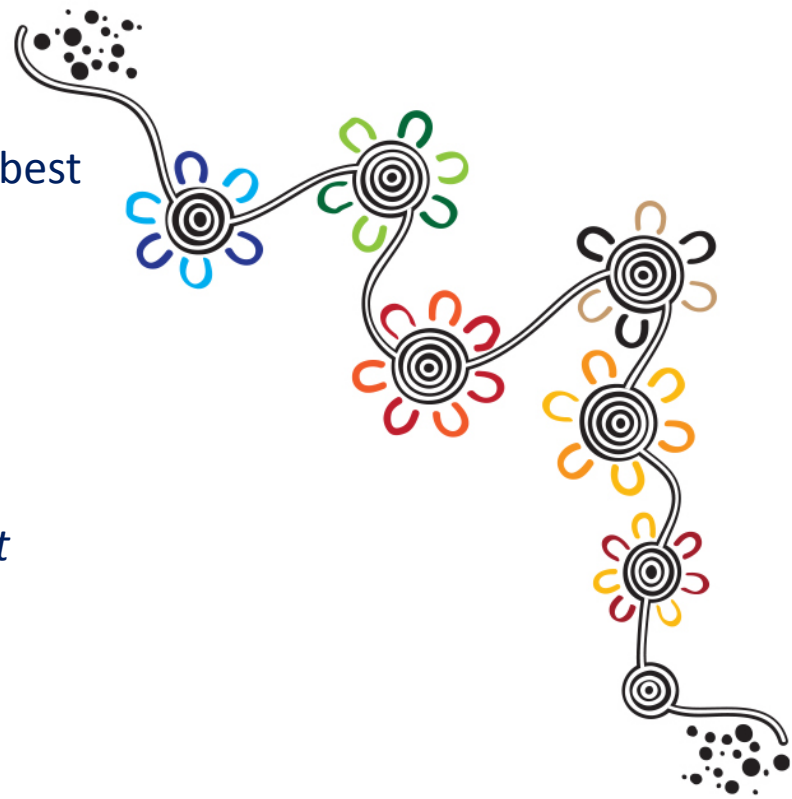
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# WHAT HAS THE UNIT DONE SO FAR

- ✓ Finalising the team and systems in the Unit
- ✓ Consulting Grant Recipients about how we can best support and engage with them
- ✓ Monitoring & Evaluation Workshops
- ✓ Compiling the evidence base about what works
- ✓ Launched the NBPU TIS portal on *HealthInfoNet*
- ✓ Assisting organisations with Action Plans
- ✓ Set up social media
- ✓ National Workshop – 11 & 12 May
- ✓ Queensland Jurisdictional Workshop – 14 June
- ✓ Victoria & Tasmania Jurisdictional Workshop – 27 July



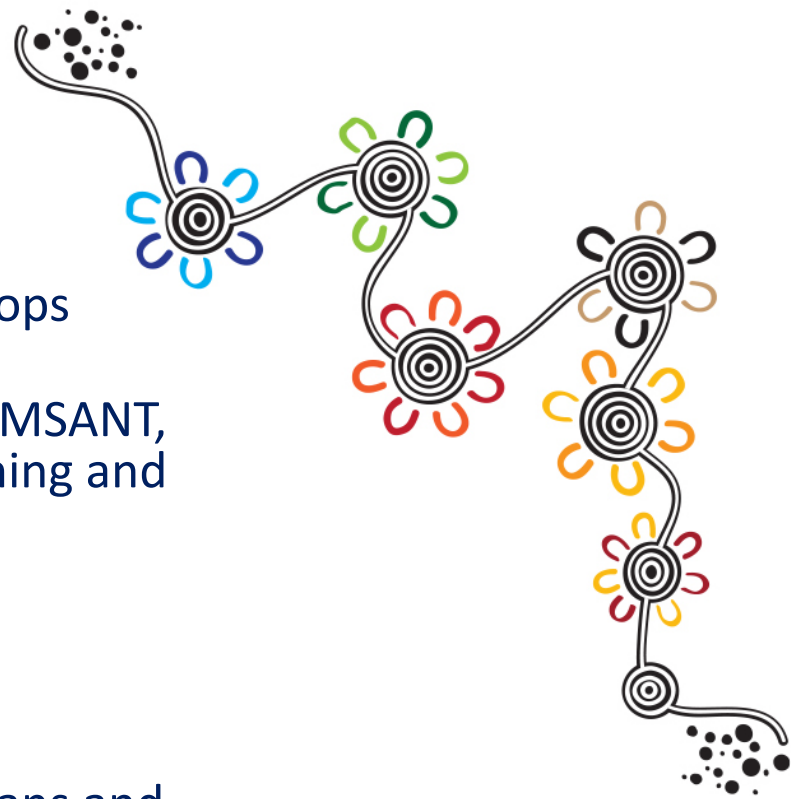
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# WHAT'S OUR FUTURE PLANS

- ✓ Continue Monitoring & Evaluation Workshops
- ✓ Keep meeting with key stakeholders EG: AMSANT, Cancer Council SA regarding Quitskills training and Quitline service
- ✓ Keep working on the NBPU TIS portal on *HealthInfoNet*
- ✓ Keep assisting organisations with Action Plans and general enquiries
- ✓ Jurisdictional Workshops



# CONTACTING THE UNIT

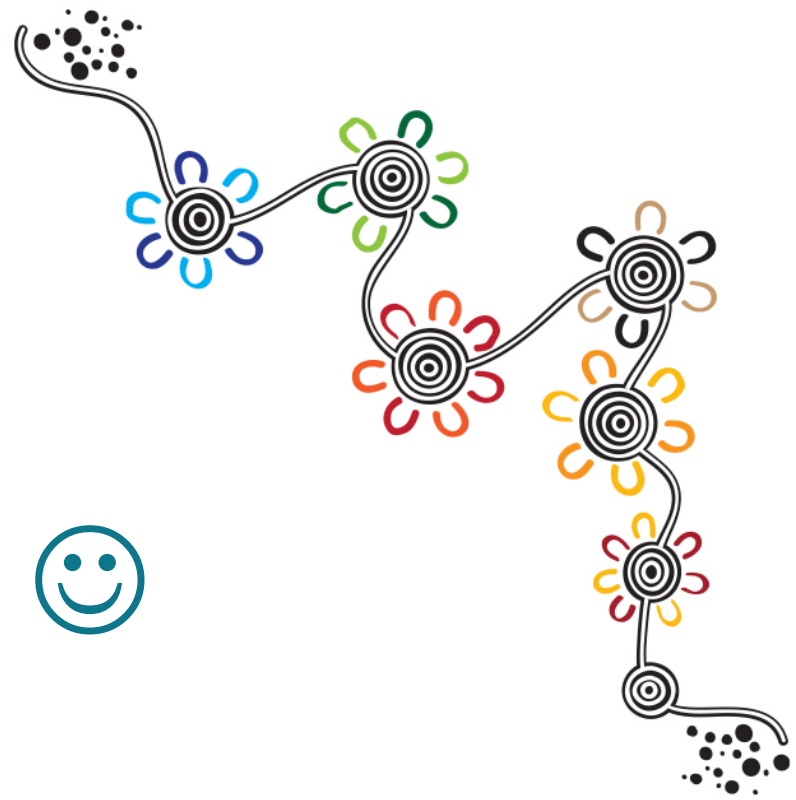
Desley Thompson

Phone : (08) 8211 0430 / 0491 217 151

e: [info@tacklingindigenoussmoking.com](mailto:info@tacklingindigenoussmoking.com)

p: 1800 282 624





THANK YOU 😊