



# PUYU BLASTERS DON'T MAKE SMOKES OUR STORY

ABORIGINAL HEALTH COUNCIL OF SA LTD

TACKLING INDIGENOUS SMOKING - SA Jurisdictional Workshop 2018

# Join the Mob

Take the Puyu Blasters Pledge -  
We want South Australian  
Aboriginal communities smoke  
free!

Become a hero to your family,  
community, sporting club or  
your workplace and Don't Make  
Smokes Your Story.



# OUR TACKLING INDIGENOUS SMOKING TEAM



Left to right

Grant (Snowy) Day - Project Officer

Zena Wingfield - Outreach Project Officer (Whyalla - Nunyara Aboriginal Health Service)

Trevor Wingard - Project Officer

Ngara Keeler - Coordinator

Benjamin Stewart - Data & Evaluation Project Officer

Jenaya Hall - Project Officer

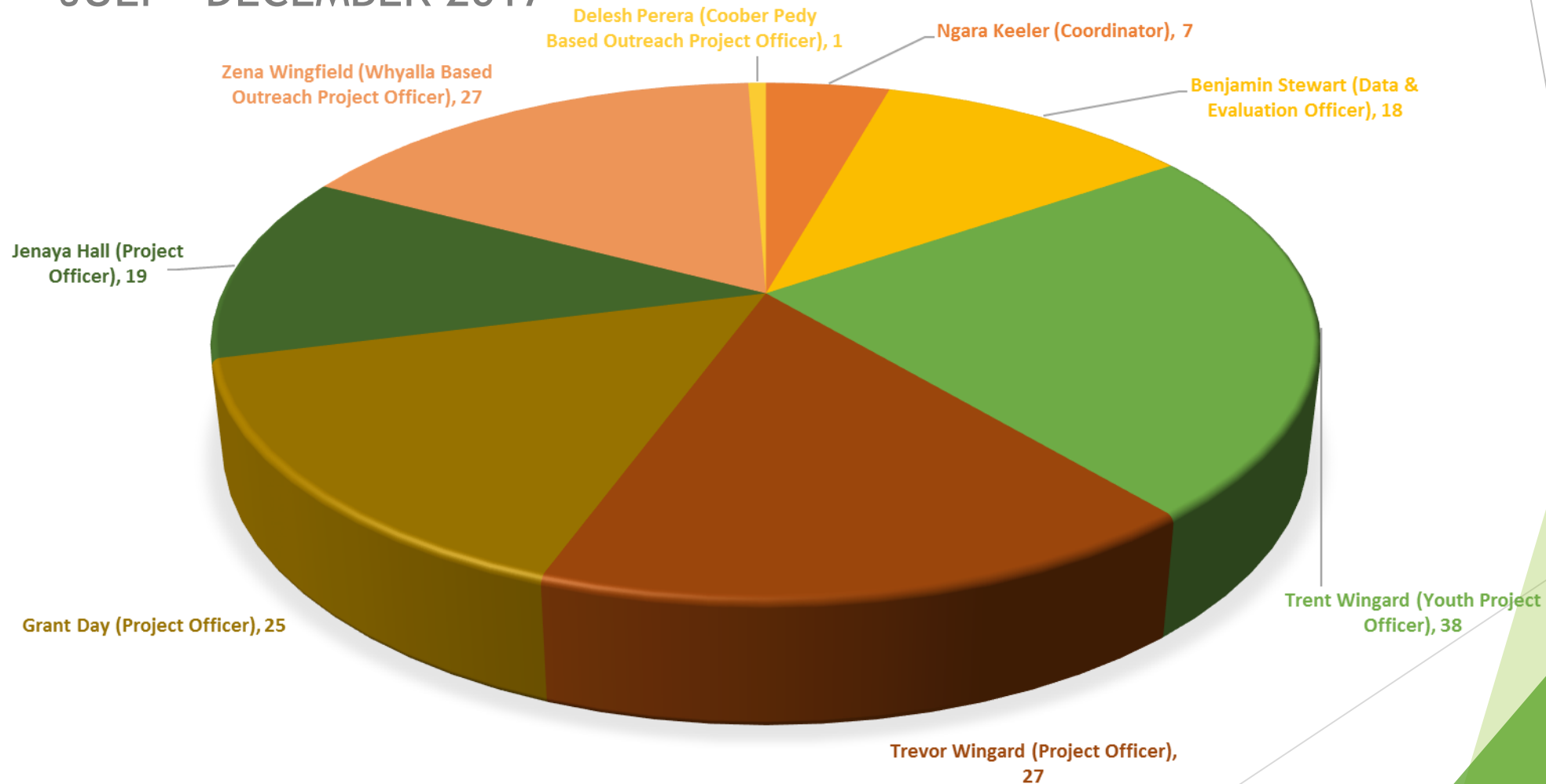
Trent Wingard - Youth Project Officer

Missing: Delesh Perera - Outreach Project Officer (Coober Pedy - Umoona Tjutagku Health Service Aboriginal Corporation)



# PROGRAMME ACTIVITY

## PROGRAMS AND EVENTS COUNT BY TIS OFFICER JULY - DECEMBER 2017





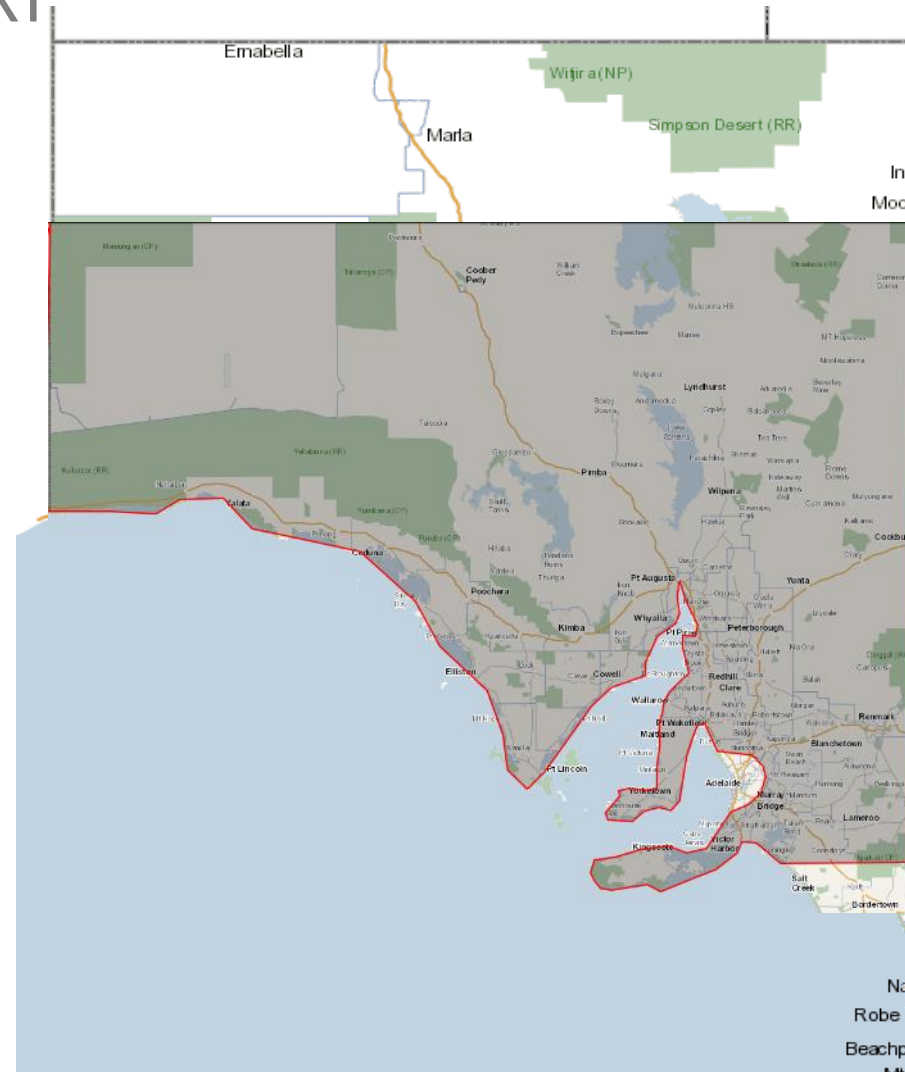
# PROGRAMME IN PICTURES

JULY - DECEMBER 2017



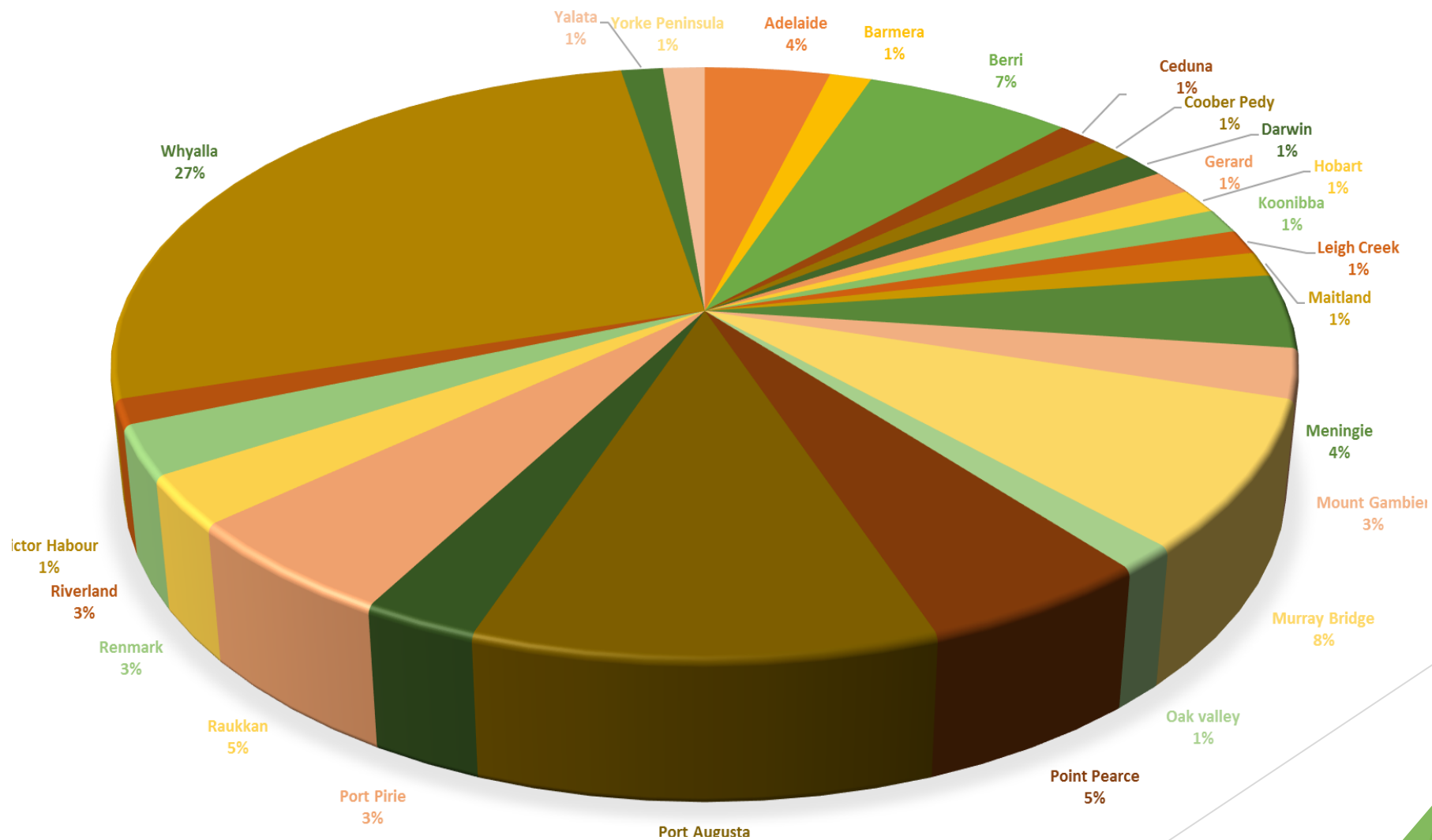
# AHCSA'S TACKLING INDIGENOUS SMOKING

## REGIONS BOUNDARY



# PROGRAMME ACTIVITY

## ACTIVITY IN REGIONS JULY - DECEMBER 2017

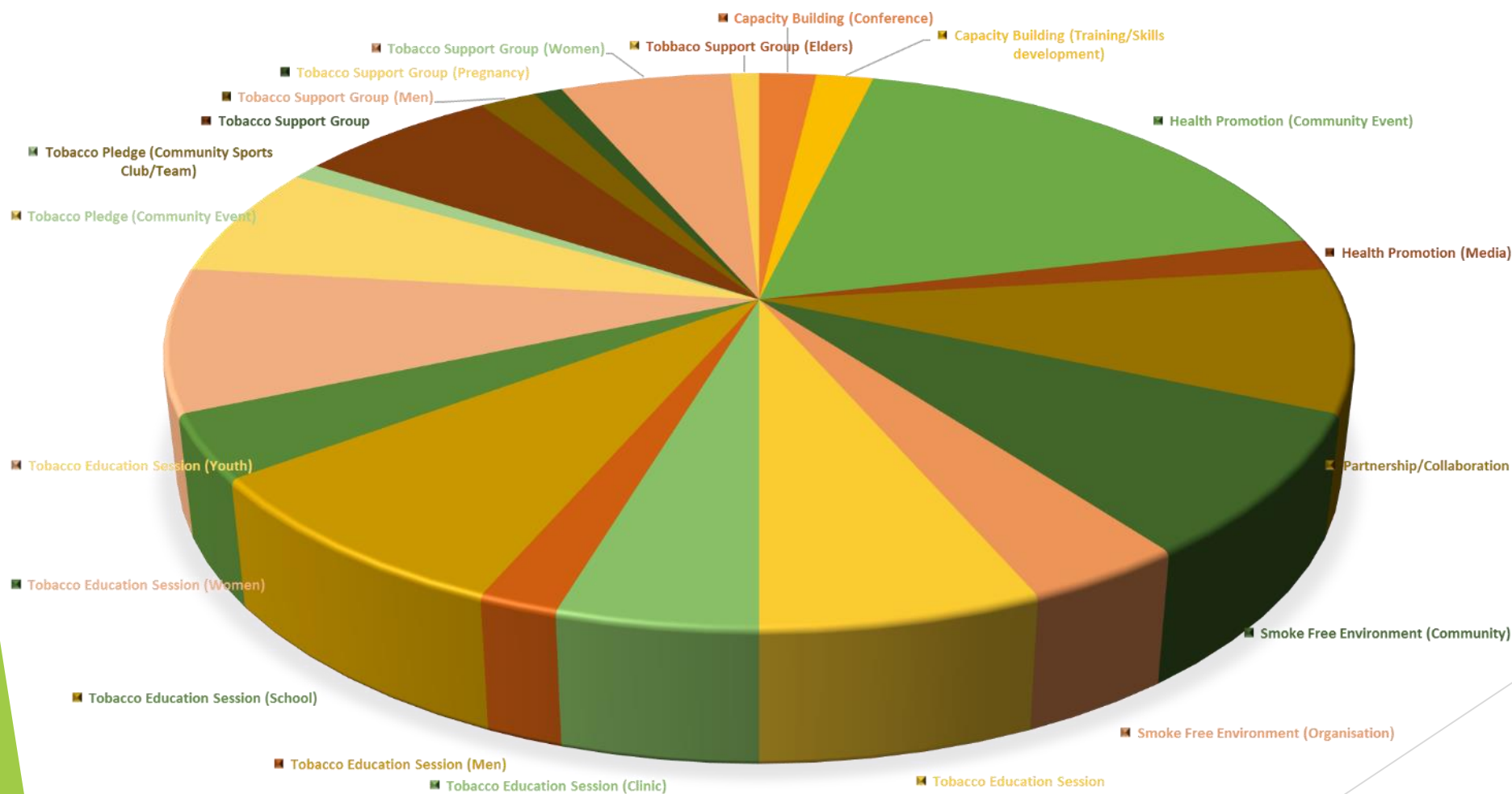


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# PROGRAMME ACTIVITY

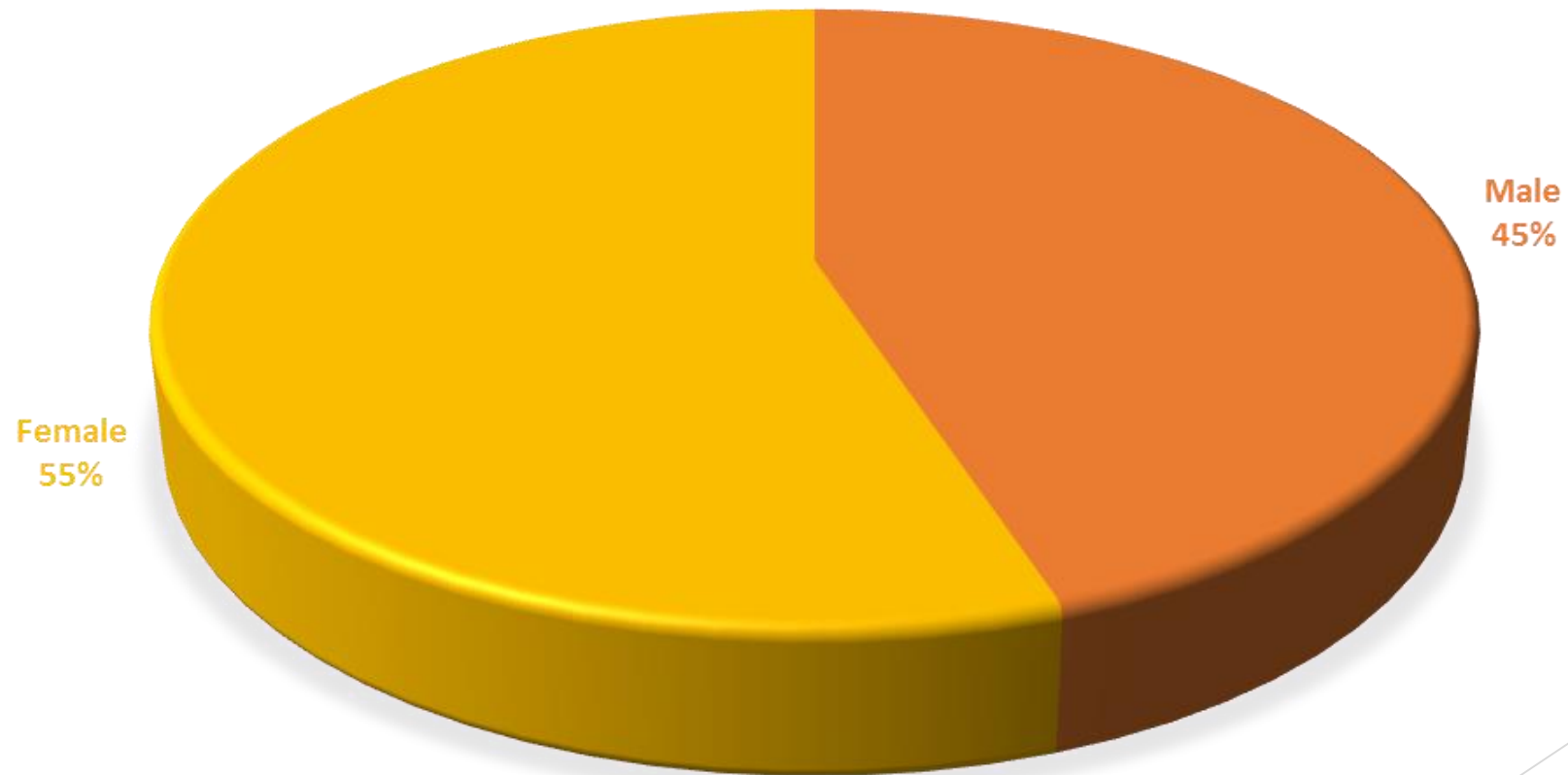
## PROGRAMS AND EVENTS FOCUS JULY - DECEMBER 2017





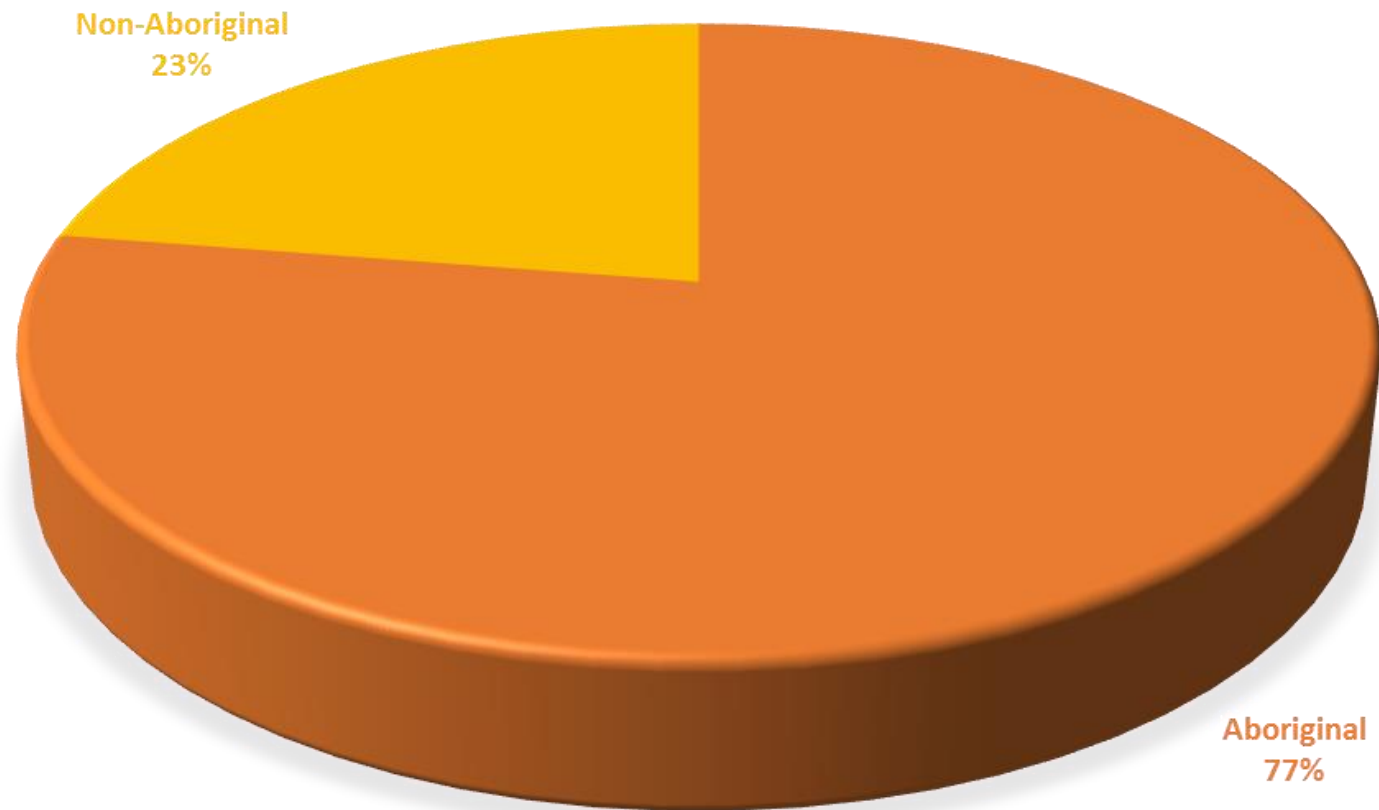
# PROGRAMME ACTIVITY

PROGRAMS AND EVENTS ENGAGEMENT JULY - DECEMBER 2017



# PROGRAMME ACTIVITY

PROGRAMS AND EVENTS ENGAGEMENT JULY - DECEMBER 2017



# PROGRAMME HEALTH PROMOTION

## MERCHANDISE WITH A MESSAGE

### ► Smoking Cessation

- Mints
- Drink bottles



### ► Quit support

- Sunglasses
- Beanies



### ► Smoke Free Environment

- Coffee/Tea travel mugs
- Car air fresheners



# NATIONAL PERFORMANCE INDICATOR 1

## QUALITY AND REACH OF COMMUNITY ENGAGEMENT

PRIORITY GROUPS

COMMUNITY  
GROUPS/BOARDS/ELDERS

WEBSITE

SOCIAL MEDIA





# NATIONAL PERFORMANCE INDICATOR 1

## QUALITY AND REACH OF COMMUNITY ENGAGEMENT

### PRIORITY GROUPS

YOUTH

MEN

WOMEN



# NATIONAL PERFORMANCE INDICATOR 1

## QUALITY AND REACH OF COMMUNITY ENGAGEMENT PRIORITY GROUPS - YOUTH

### TOBACCO EDUCATION SESSIONS (SCHOOLS)

Secondary  
Schools

Primary Schools

Pre-schools &  
Kindergartens

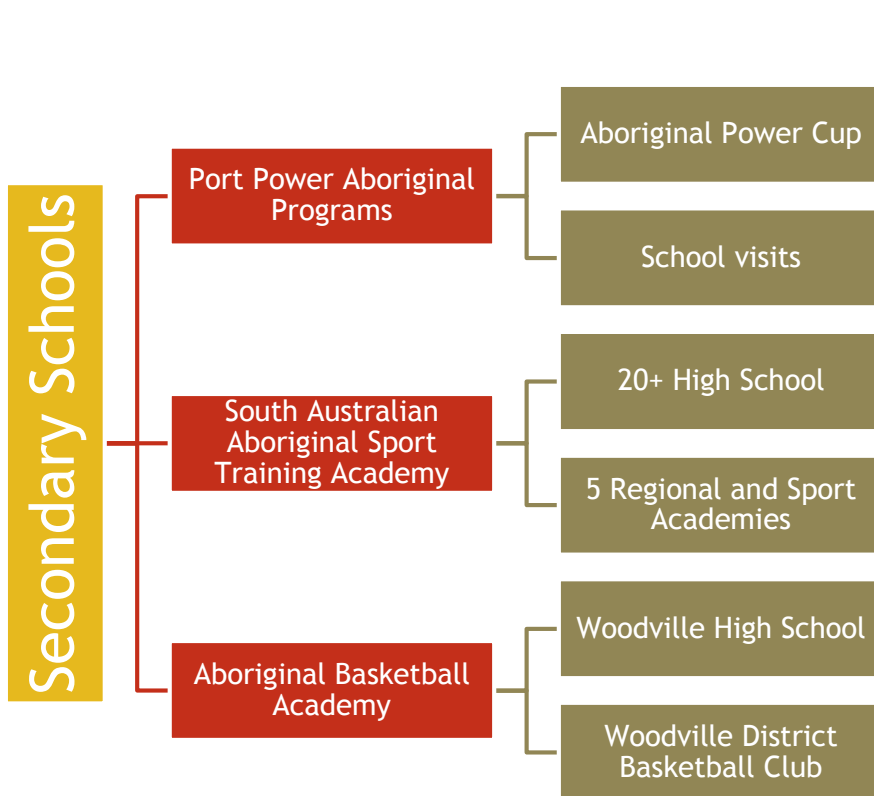




# NATIONAL PERFORMANCE INDICATOR 1

## QUALITY AND REACH OF COMMUNITY ENGAGEMENT

### PRIORITY GROUPS - YOUTH - TOBACCO EDUCATION SESSIONS



# NATIONAL PERFORMANCE INDICATOR 1

## QUALITY AND REACH OF COMMUNITY ENGAGEMENT PRIORITY GROUPS - MEN

### MEN'S GROUPS

Tobacco Education  
Sessions

Tobacco Support  
Groups

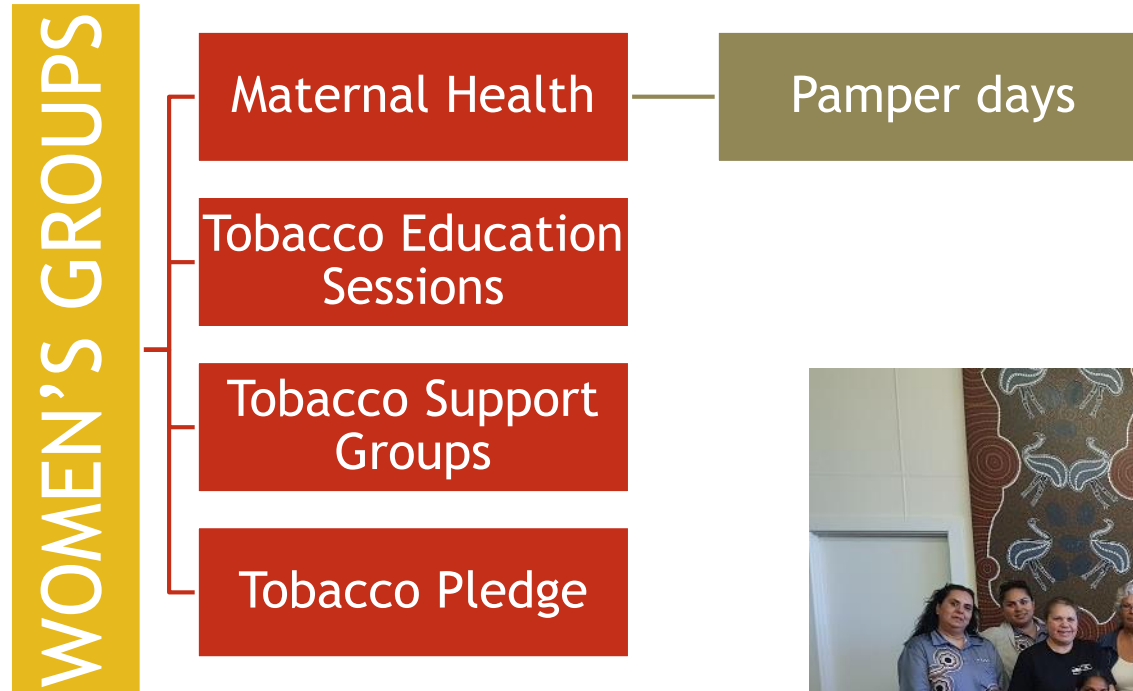
Tobacco Pledge





# NATIONAL PERFORMANCE INDICATOR 1

## QUALITY AND REACH OF COMMUNITY ENGAGEMENT PRIORITY GROUPS - WOMEN



# NATIONAL PERFORMANCE INDICATOR 1

## QUALITY AND REACH OF COMMUNITY ENGAGEMENT

### COMMUNITY GROUPS/BOARDS/ELDERS

HEALTH PROMOTION  
(COMMUNITY)

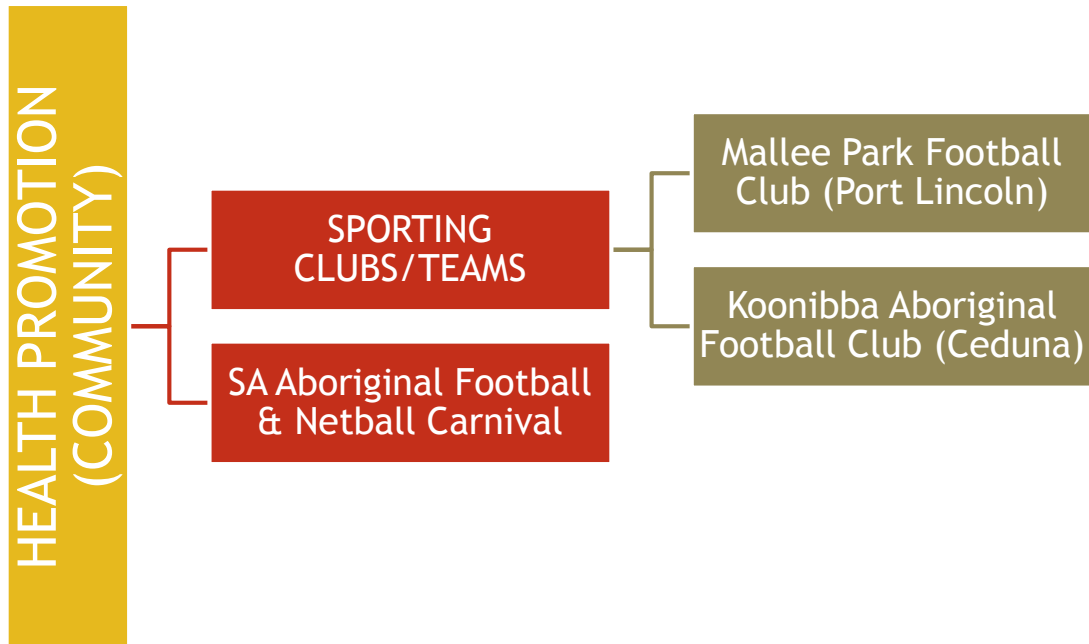
COMMUNITY/ORGANISATIONS  
EVENTS



# NATIONAL PERFORMANCE INDICATOR 1

QUALITY AND REACH OF COMMUNITY ENGAGEMENT

COMMUNITY GROUPS/BOARDS/ELDERS - HEALTH PROMOTION  
(COMMUNITY)

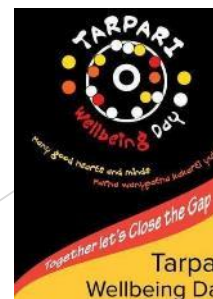
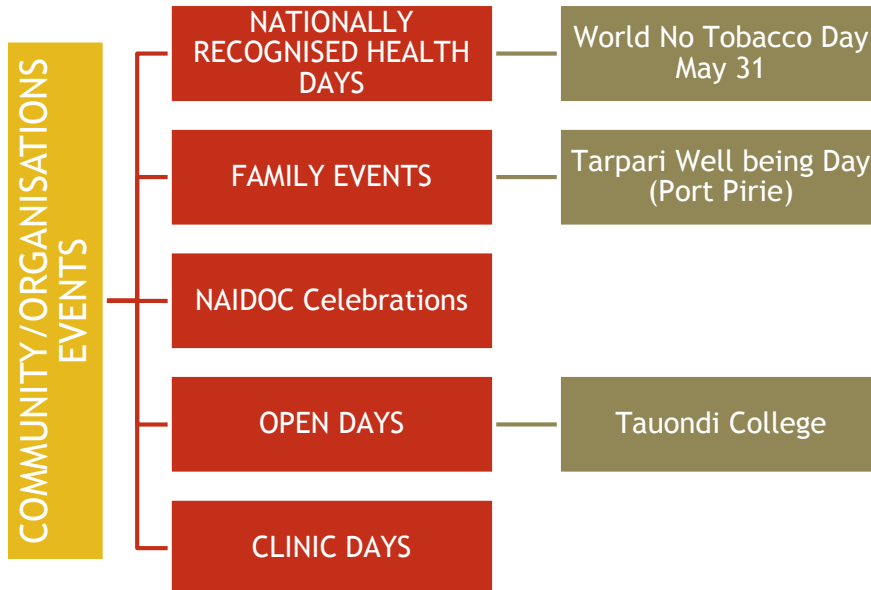


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# NATIONAL PERFORMANCE INDICATOR 1

## QUALITY AND REACH OF COMMUNITY ENGAGEMENT COMMUNITY GROUPS/BOARDS/ELDERS - COMMUNITY/ORGANISATIONS EVENTS





# NATIONAL PERFORMANCE INDICATOR 1

## QUALITY AND REACH OF COMMUNITY ENGAGEMENT

### WEBSITE

AMBASSADORS

JOIN THE MOB  
(PLEDGE)

HEALTH PROMOTION  
(MEDIA)

CALANDAR OF  
EVENTS



<http://www.puyublasters.com.au>

# NATIONAL PERFORMANCE INDICATOR 1

## QUALITY AND REACH OF COMMUNITY ENGAGEMENT

### COMMUNITY GROUPS/BOARDS/ELDERS - WEBSITE

## AMBASSADORS

ELDERS

YOUTH

MEN

WOMEN

SPORTING  
ATHLETES



**Rhonda Miller**  
Kokatha Elder

Our culture is strong but smoking makes us weak. If you want to quit, walk on country, soak in the land and have a healthy snack as each craving hits.



**Darren Brenz**  
Kokatha Mob

You can't play four quarters if you smoke. Stay on the ball and kick the urge to start.



**Eddie Newchurch**  
Narunga Elder

Make sure you're here to watch the grandchildren grow up, set them on the right path - stop smoking now.



**Ben Rigney**  
Narunga Ngarrindjeri Arrente Arabuna Mob

No matter how good you are at sport, smoking will hold you back. Stay focused and be the best.



**Kiarni Coleman**  
Kokatha Miling Kalaamal-Gubbrun Noongar Mob

If I breathe in your cigarette smoke, my baby breathes it too - it's not only smokers who get sick.



**Trevor Peel**  
Miling Kokatha Wirangu Gawler Ranges People

Be a warrior against smoking. Keep your lungs alive and fulfil your dreams.



**Patrina Smart**  
Kokatha Anangu Pitjantjatjara Yankunytjatjara Mob

By staying strong and smoke free, I'm deadly on the sports field and in the community.



**Kim Lebois**  
Wirangu Mob

Your strongest muscle is your mind. Use it, go cold turkey and keep off the smokes.



**Kytanna Buckskin**  
Narunga Ngarrindjeri Mob

I want my mob to stay deadly together, not be torn apart by smokes and cancer.



**Clinton Ginger**  
Kokatha Anangu Pitjantjatjara Yankunytjatjara Mob

Every time you smoke in my home or the car, I breathe in your chemicals too. Care for us young fullas' future, keep us smoke free.



**Kelisha Mastrosavas**  
Kokatha Wirangu Mob

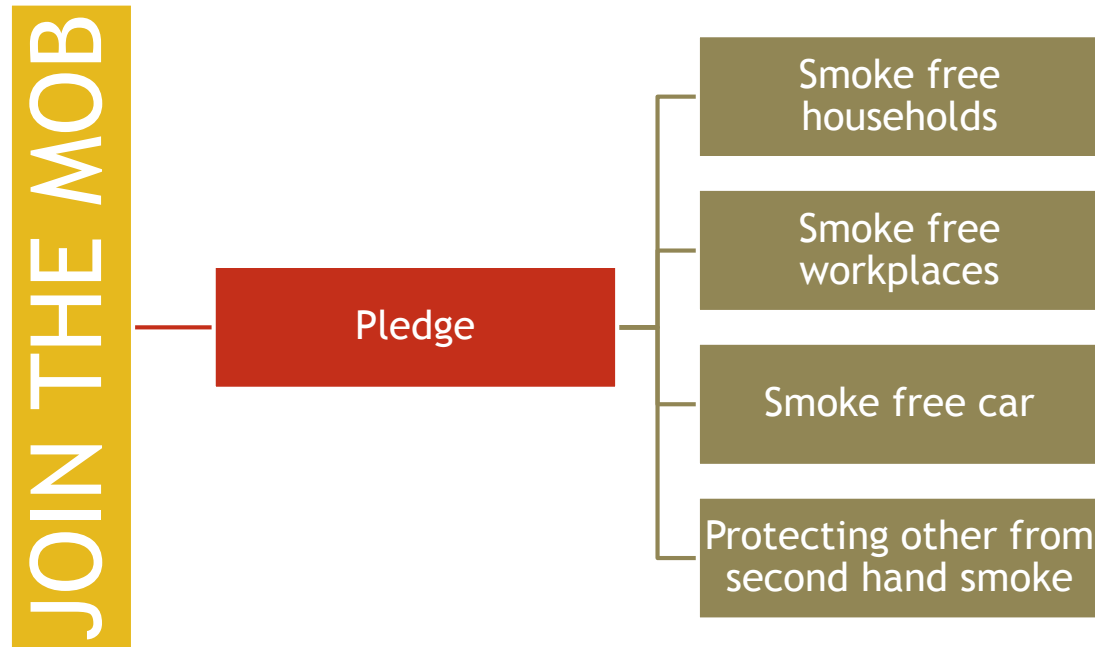
I want me and my community to live strong and long. Don't kill our dreams with your smoke.



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# NATIONAL PERFORMANCE INDICATOR 1

## QUALITY AND REACH OF COMMUNITY ENGAGEMENT COMMUNITY GROUPS/BOARDS/ELDERS - WEBSITE



**Join the Mob**  
Take the Puyu Blasters Pledge – we want South Australian Aboriginal communities smoke free!  
Become a hero to your family, community, sporting club or your workplace and Don't Make Smokes Your Story.

**I am a \***

☐ Current smoker  
☐ Ex-smoker  
☐ Non-smoker

**Do you or others smoke in the household? \***

☐ Yes  
☐ No

**Do you or others smoke at your workplace? \***

☐ Yes  
☐ No

**Do you or others smoke in the car, while children are present? \***

☐ Yes  
☐ No

**I pledge that I will: \***

☐ Protect my children and my co-workers from passive smoking  
☐ Make my home smoke free  
☐ Not smoke in front of my children and/or minors  
☐ Encourage others around me not to smoke in front of children  
☐ Make my car smoke free  
☐ Remove my children from areas where people are smoking  
☐ Keep cigarettes, lighters and ashtrays out of reach of children  
☐ Encourage others to take the pledge  
☐ Begin my journey to quit smoking  
☐ Become Puyu Blasters hero for my community, choosing smoke free living and happiness for our community, be a positive role model in the lives of my children and those in my community

**I would like more information on:**

☐ Quit Smoking or to be contacted about services available to assist Quit Smoking  
☐ Aboriginal Quitline

# NATIONAL PERFORMANCE INDICATOR 1

## QUALITY AND REACH OF COMMUNITY ENGAGEMENT

### COMMUNITY GROUPS/BOARDS/ELDERS - WEBSITE

#### HEALTH PROMOTION MEDIA

Take the Pledge

Social Wall

Smoke  
Calculator



**Tell us about your smoking** Step 1 of 2

How old are you? \*  years

Are you male or female? \* ☒ Male ☐ Female

Are you Aboriginal? \* ☒ Yes ☐ No

Are you Torres Strait Islander? \* ☒ Yes ☐ No

What State do you live in? \*

What does a packet of cigarettes cost in your area? \*

How many cigarettes in a pack? \*

How many cigarettes do you smoke per day (on average)? \*

How long have you smoked? \*  years  months

[Click here to find out what smoking costs you](#)



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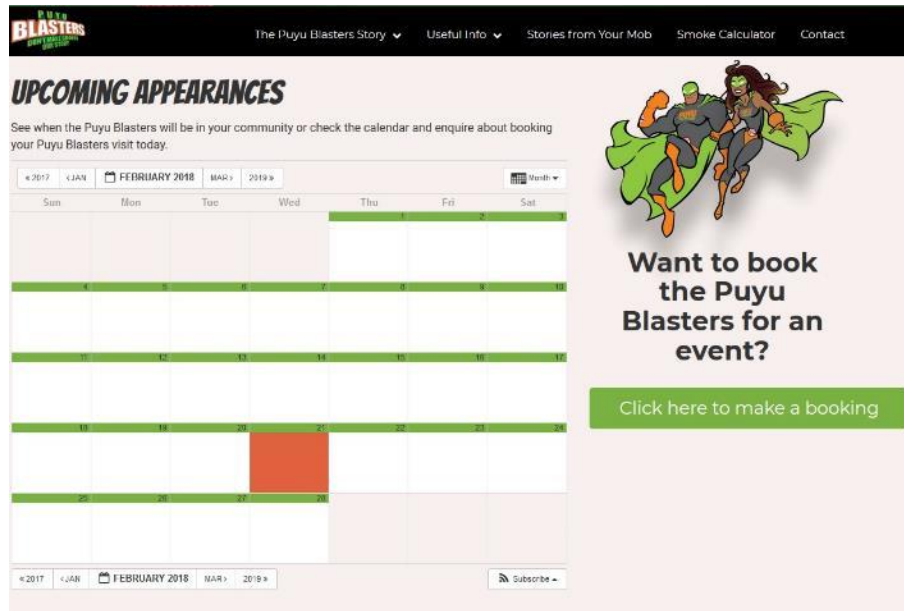
# NATIONAL PERFORMANCE INDICATOR 1

## QUALITY AND REACH OF COMMUNITY ENGAGEMENT

### COMMUNITY GROUPS/BOARDS/ELDERS - WEBSITE

## CALANDER OF EVENTS

### BOOKING A VISIT FROM THE PUYU BLASTERS



**UPCOMING APPEARANCES**

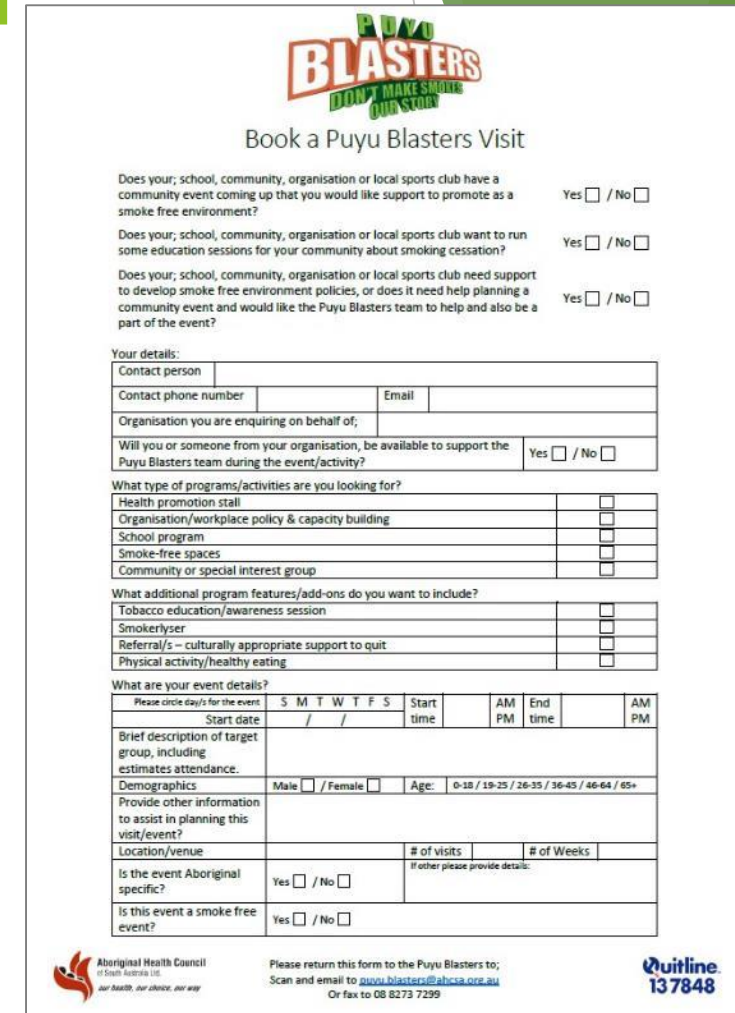
See when the Puyu Blasters will be in your community or check the calendar and enquire about booking your Puyu Blasters visit today.

Calendar for February 2018:

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

**Want to book the Puyu Blasters for an event?**

[Click here to make a booking](#)



**PUYU BLASTERS**  
DON'T MAKE SMOKE OUR STORY

### Book a Puyu Blasters Visit

Does your; school, community, organisation or local sports club have a community event coming up that you would like support to promote as a smoke free environment? Yes ☐ / No ☐

Does your; school, community, organisation or local sports club want to run some education sessions for your community about smoking cessation? Yes ☐ / No ☐

Does your; school, community, organisation or local sports club need support to develop smoke free environment policies, or does it need help planning a community event and would like the Puyu Blasters team to help and also be a part of the event? Yes ☐ / No ☐

**Your details:**

Contact person			
Contact phone number		Email	
Organisation you are enquiring on behalf of;			
Will you or someone from your organisation, be available to support the Puyu Blasters team during the event/activity?	Yes <input type="checkbox"/> / No <input type="checkbox"/>		

**What type of programs/activities are you looking for?**

Health promotion stall	<input type="checkbox"/>
Organisation/workplace policy & capacity building	<input type="checkbox"/>
School program	<input type="checkbox"/>
Smoke-free spaces	<input type="checkbox"/>
Community or special interest group	<input type="checkbox"/>

**What additional program features/add-ons do you want to include?**

Tobacco education/awareness session	<input type="checkbox"/>
Smokerlyser	<input type="checkbox"/>
Referral/s – culturally appropriate support to quit	<input type="checkbox"/>
Physical activity/healthy eating	<input type="checkbox"/>

**What are your event details?**

Please circle day/s for the event	S	M	T	W	T	F	S	Start date	/	/	AM	End time	AM	PM		
Brief description of target group, including estimates attendance.																
Demographics	Male <input type="checkbox"/> / Female <input type="checkbox"/>	Age:	0-18	19-25	26-35	36-45	46-64	65+								
Provide other information to assist in planning this visit/event?																
Location/venue								# of visits						# of Weeks		
Is the event Aboriginal specific?	Yes <input type="checkbox"/> / No <input type="checkbox"/>							If other please provide details:								
Is this event a smoke free event?	Yes <input type="checkbox"/> / No <input type="checkbox"/>															

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our health, our choice, our way

Please return this form to the Puyu Blasters to;  
Scan and email to [puyu.blasters@ahcsa.org.au](mailto:puyu.blasters@ahcsa.org.au)  
Or fax to 08 8273 7299

**Quitline. 137848**

# NATIONAL PERFORMANCE INDICATOR 1

## QUALITY AND REACH OF COMMUNITY ENGAGEMENT

### SOCIAL MEDIA

FACEBOOK

TWITTER



<https://www.facebook.com/PuyuBlastersAHCSA/>

[#puyublasters](https://twitter.com/puyublasters)



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# NATIONAL PERFORMANCE INDICATOR 2

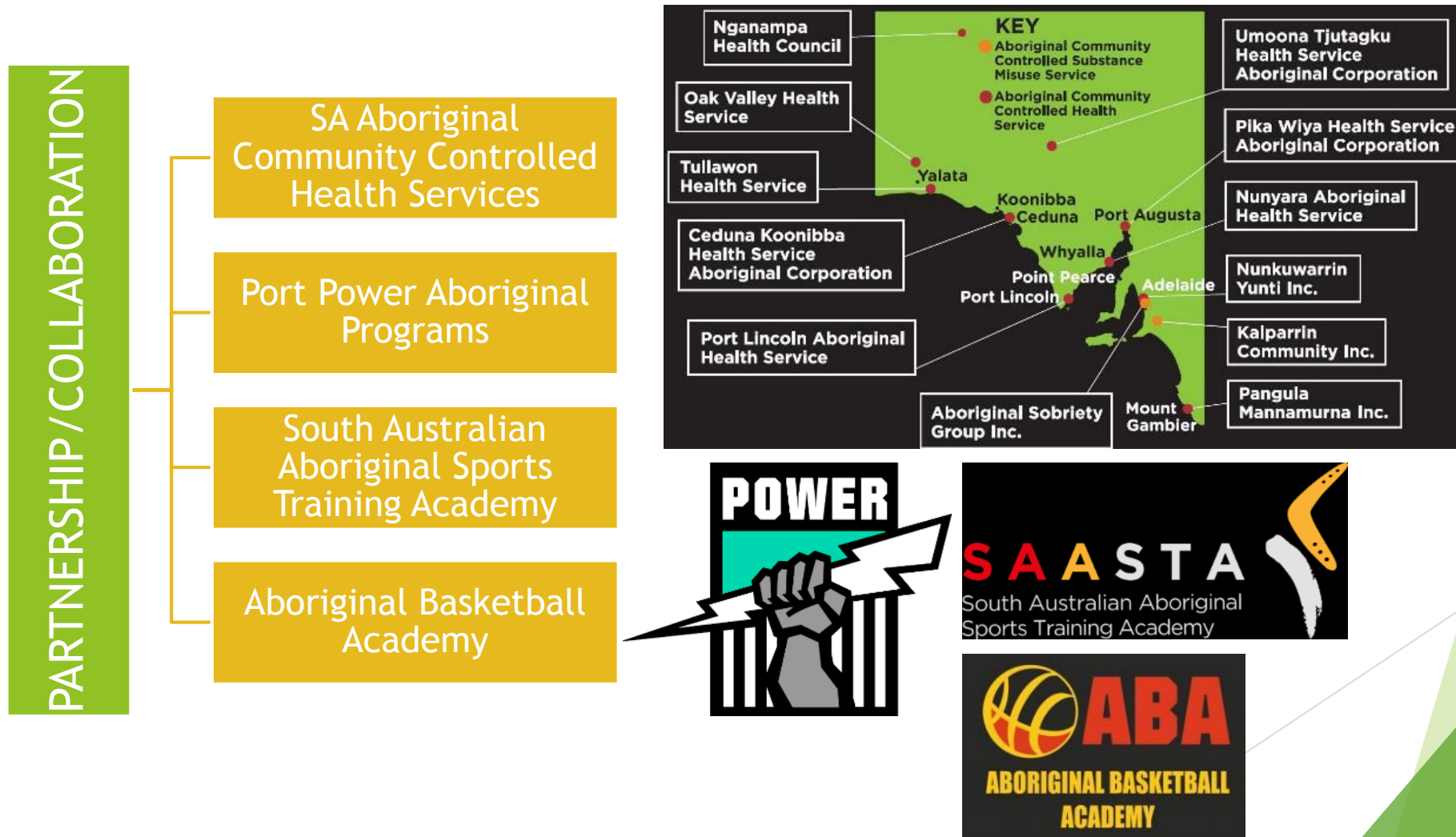
ORGANISATIONS INVOLVED IN  
TOBACCO REDUCTION IN THE REGION

PARTNERSHIP / COLLABORATION



# NATIONAL PERFORMANCE INDICATOR 2

## ORGANISATIONS INVOLVED IN TOBACCO REDUCTION IN THE REGION

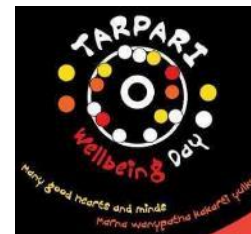
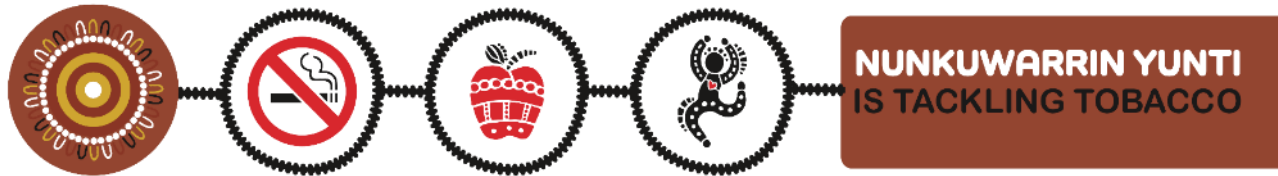




# NATIONAL PERFORMANCE INDICATOR 2

## ORGANISATIONS INVOLVED IN TOBACCO REDUCTION IN THE REGION

PARTNERSHIP / COLLABORATION



Raukkan Community Council



# NATIONAL PERFORMANCE INDICATOR 3

## BUILDING CAPACITY TO SUPPORT QUITTING

ABORIGINAL COMMUNITY  
ORGANISATION/SERVICES

TACKLING INDIGENOUS  
SMOKING WORKERS



# NATIONAL PERFORMANCE INDICATOR 3

## BUILDING CAPACITY TO SUPPORT QUITTING

ABORIGINAL COMMUNITY  
ORGANISATION/SERVICES

QUIT SKILL  
TRAINING

TACKLE THE  
TRIGGERS



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# NATIONAL PERFORMANCE INDICATOR 3

## BUILDING CAPACITY TO SUPPORT QUITTING

### TACKLING INDIGENOUS SMOKING WORKERS

CONFERENCES/WORKSHOPS

QUIT SKILL TRAINING

IN-SERVICE



# NATIONAL PERFORMANCE INDICATOR 3

## BUILDING CAPACITY TO SUPPORT QUITTING TACKLING INDIGENOUS SMOKING WORKERS - CONFERENCES & WORKSHOPS



# NATIONAL PERFORMANCE INDICATOR 4

REFERRALS TO APPROPRIATE  
QUITTING SUPPORT

SUPPORT TOOLS

SUPPORT  
SERVICES

 **Quitline®**  
**13 7848**



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# NATIONAL PERFORMANCE INDICATOR 4

## REFERRALS TO APPROPRIATE QUITTING SUPPORT

SUPPORT TOOLS

COMMUNICARE

**Clinical Record**  
**BALLANGER, ALICE GRETA 54yrs Female (14/08/1963) Patient ID 1812**

Navigation: Clinical Item, Medication, Imaging, Recall, Letter, Attachment, Message, Send SMS, Change, Remove, Edit, Biographics, Charts, Services, Open My Health Record, Reports, AIR, Claims, Transport, Reference.

Summary, Progress Notes, Detail

Main Summary | Medication Summary | Social & Family History | Care Plan | Obstetrics

### Active Problem/Significant History

Date	Item Description
01/06/1997	diabetes mellitus

### Qualifier Summary

Qualifier	Value	Date
Blood glucose level - rand...	6.5 mmol/L	24/09/1998
BMI	30.1 kg/m2	09/03/2012
BP - Systolic blood pressure	136 mm Hg	09/03/2012
BP - Diastolic blood pressure	84 mm Hg	09/03/2012
HDL level	0.62 mmol/L	04/06/1996
LDL level	4.33 mmol/L	04/06/1996
Smoking status	Non-smoke...	03/03/2012
Total cholesterol level	5.6 mmol/L	04/06/1996
Triglyceride level	3.34 mmol/L	04/06/1996
Weight	86 kg	09/03/2012

### To Do

Date	Item Description	Exp.
10/03/1978	<Recal> Check up Women's Health	
10/03/1978	<Recal> Aboriginal & TSI adult health check	
04/03/1996	<Recal> Iloids profile test	
01/06/1997	Browse all item types...	
01/06/1997	+ Advice/education;smoking...	
28/11/1997	+ Fagerstrom test...	
04/08/2003	+ Group Session; TIS...	
09/03/2012	+ Pregnancy Smoking Status...	
09/03/2012	+ Referral FROM: TIS Worker...	
01/08/2013	+ Referral TO: TIS Worker...	
31/07/2018	+ Smoking; tobacco...	

☒ Filter To Do List

☐ At risk if appointments are missed Alerts and Other Information

New Adverse Reaction | Adverse Reaction Summary | ☐ NI Known

Adverse Reaction Status Unknown | 0 Unreviewed Verbal Order(s) | Last Document 09/03/2012

Check up, Child health, Enrolment, Examination, Group, HACC/CHSP, Immunization, STI, Calculator, EARS, Referral, Tobacco

Christine Ellison, Millennium Health Service (Aboriginal Health Service) 21/08/2017 11:40 am

# NATIONAL PERFORMANCE INDICATOR 4

REFERRALS TO APPROPRIATE QUITTING SUPPORT

TACKLING INDIGENOUS SMOKING WORKERS - SUPPORT TOOLS

COMMUNICARE

Clinical Items

Referrals

Reports

The screenshot shows the 'Add Clinical Item' window in the COMMUNICARE system. The title bar reads 'Add Clinical Item - BALLANGER, ALICE GRETA 54yrs Current Patient Female'. The main content area is titled 'Smoking;tobacco' and shows patient details: 'Christine Ellison, Millennium Health Service (Aboriginal Health Service) 21/08/2017 11:40 am'. There is a 'Comment' text area and checkboxes for 'Display on Main Summary' (checked) and 'Display on Obstetric Summary' (unchecked). The 'From Date' is set to '21/08/2017'. The 'Smoking status' dropdown menu is open, showing a list of options: 'Current smoker - intends to quit later' (highlighted), 'Current smoker - no intention to quit', 'Current smoker - wants to quit now', 'Ex-smoker quit 12 months or more ago', 'Ex-smoker quit less than 12 months ago', and 'Non-smoker (never smoked)'. The 'Viewing right' is set to 'Psychological'. At the bottom right, there are buttons for 'Print & Save', 'Save', 'Cancel', and 'Help'. A red circle highlights the 'Smoking status' dropdown menu.



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# NATIONAL PERFORMANCE INDICATOR 5

## SUPPORTING SMOKE FREE ENVIRONMENTS

COMMUNITY

ORGANISATION





# NATIONAL PERFORMANCE INDICATOR 5

## SUPPORTING SMOKE FREE ENVIRONMENTS

### COMMUNITY

CARS

HOMES

CHILDREN &  
VULNERABLE PERSONS



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# NATIONAL PERFORMANCE INDICATOR 5

## SUPPORTING SMOKE FREE ENVIRONMENTS - COMMUNITY

### CARS

Smoking in cars with children under 16 years illegal



# NATIONAL PERFORMANCE INDICATOR 5

## SUPPORTING SMOKE FREE ENVIRONMENTS - COMMUNITY

HOMES

Smoke free  
homes



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# NATIONAL PERFORMANCE INDICATOR 5

## SUPPORTING SMOKE FREE ENVIRONMENTS - COMMUNITY

CHILDREN & VUNERABLE  
PERSONS

SIGNAGE

DESIGNATED SMOKE  
FREE SPACES





# NATIONAL PERFORMANCE INDICATOR 5

## SUPPORTING SMOKE FREE ENVIRONMENTS

### ORGANISATION

#### SMOKE FREE WORKPLACES



# NATIONAL PERFORMANCE INDICATOR 5

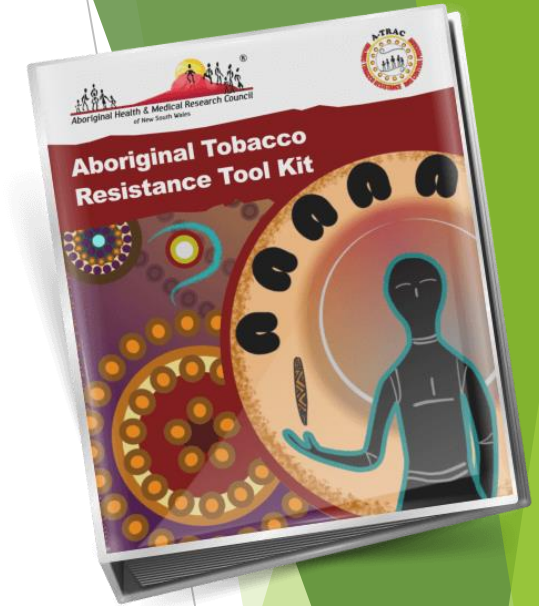
## SUPPORTING SMOKE FREE ENVIRONMENTS - ORGANISATIONS

### SMOKE FREE WORKPLACE

POLICY DEVELOPMENT  
SUPPORT

SIGNAGE

ENVIRONMENTAL  
SCAN



END OF PRESENTATION  
ANY QUESTIONS?

