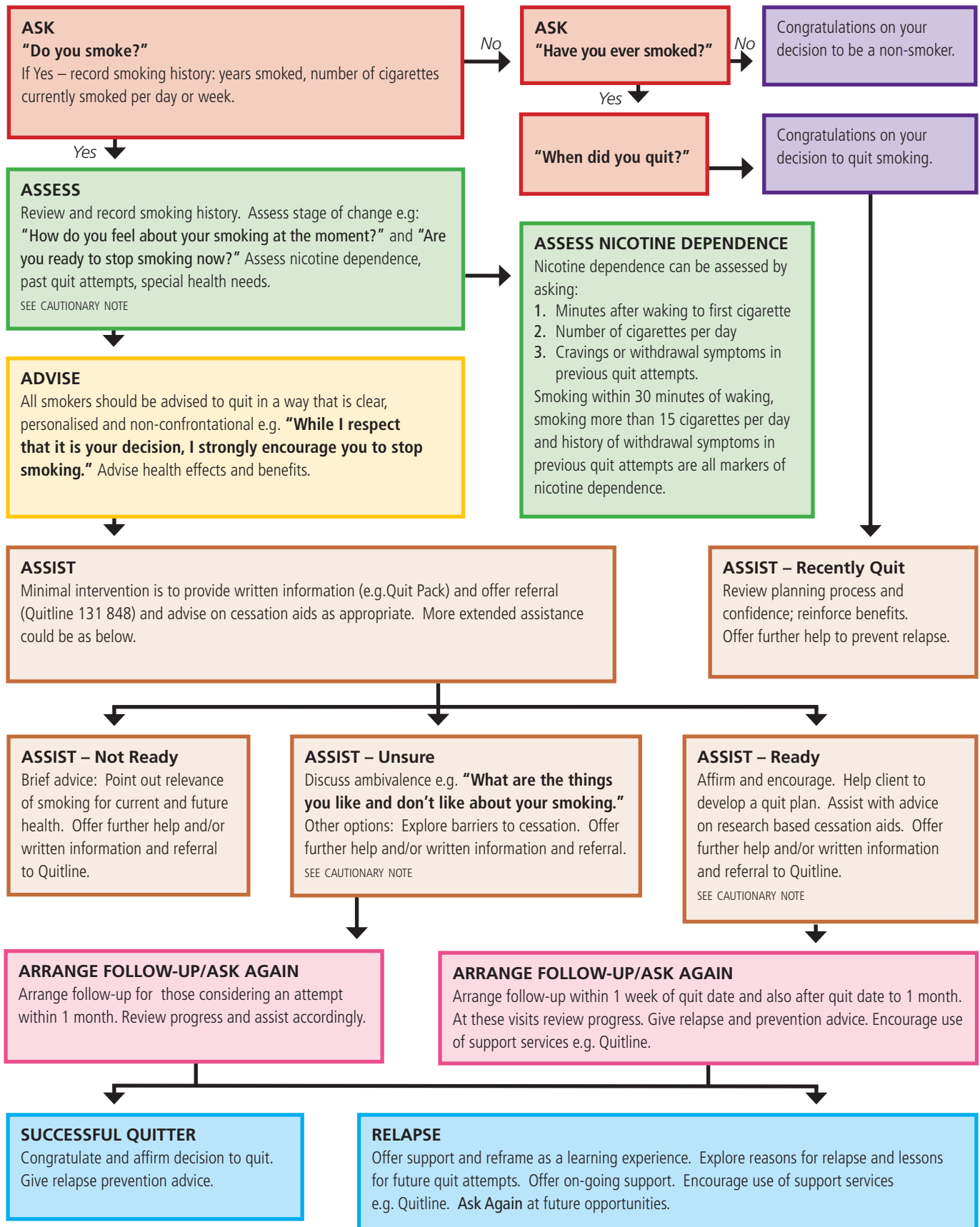


# 5As for smoking cessation for health professionals



**CAUTIONARY NOTE**  
**Important information for safe smoking cessation.**  
 Health Professionals trained by Quit in smoking cessation intervention have a duty of care to provide clients with safe smoking cessation support, part of which is ensuring they are being medically monitored when required.

Clients:

- with a prior or current history of mental illness (including anxiety or depression)
- with a health condition such as asthma, diabetes, cardiac related disorders or epilepsy
- who are taking medications

need to be referred to their treating doctor before making a quit attempt.